

Kevin Todd Brunacini, DNP, APRN, FNP-C, NAMS-CNC
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PROFESSIONAL PROFILE:

- My teaching philosophy bridges the gap between the mind and body from a bio-psychosocial perspective. Through the use of autonomy, compassion, and support, students will adopt a positive, self-compassionate mindset and exhibit a greater understanding of clinical competency and personal self-efficacy, resulting in an overall improvement in personal and community health and wellness.

EDUCATION:

- Frontier Nursing University – Versailles, Kentucky (July 2017 – September 2018)
 - o Doctor of Nursing Practice – September 21, 2018
 - o DNP Project: *Implementation of a Virtual Patient-Centered Weight-Loss Maintenance Behavior Competency Assessment in Adults with Obesity*
- Northern Kentucky University – Highland Heights, Kentucky (January 2011 - August 2013)
 - o Master of Science in Nursing – August 18, 2013
 - o Specialization in family practice (FNP)
- University of Evansville – Evansville, Indiana (August 2004 - May 2009)
 - o Bachelor of Science in Nursing – May 9, 2009

EMPLOYMENT:

- Frontier Nursing University (April 2021 – Present)
 - o Course Faculty, Full-time
- The Diet Doc – Independence, LLC (September 2014 – Present)
 - o Owner/APRN/Nutrition Consultant, Part-time
- Northern Kentucky University (May 2019 – May 2021)
 - o DNP Clinical Faculty, Part-time
- AIM 4 Better Health, LLC – Outpatient Primary Office (September 2014 – September 2015)
 - o Advanced Practice Registered Nurse
- University Hospital – Comprehensive Medical/Surgical Unit (September 2009 – June 2011)
 - o Registered Nurse – Clinical Nurse I
- St. Mary's Medical Center – Renal/Diabetic Unit (May 2007 – September 2008)
 - o Student Nurse Extern I

LICENSURE:

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| - Registered Nurse, Ohio | Granted: 7/15/09 |
| - Registered Nurse, Kentucky | Granted: 4/12/12 |
| - Advanced Practice Registered Nurse, Kentucky | Granted: 2/20/14 |

CERTIFICATIONS:

- AANP Family Nurse Practitioner Granted: 1/21/14
- Basic CPR/AED Life Support Granted: 2/13/20
- National Academy of Metabolic Science – Nutrition Consultant Granted: 7/25/18

PUBLICATIONS:

- December 2023, *American Journal of Medical Quality*, DNP student project as a co-author, <https://doi.org/10.1097/jmq.0000000000000162>
- March 2023, *The Journal for Nurse Practitioners*, DNP student project as a co-author, <https://doi.org/10.1016/j.nurpra.2022.11.004>
- December 2019, *Journal of the American Association of Nurse Practitioners*, DNP project publication, doi:10.1097/JXX.0000000000000192
- October 2018, *Pharmacy Times*, DNP project reference
- April 2018, *Pharmacy Times*, How Fiber Helps Prevent Colon Cancer (contributing author)
- February 2018, *Frontier Nursing University*, Student Spotlight
- January 2017, *Cincy Chic*, Healthier Eating at Affordable Options (co-author)
- August 2015, *Cincy Chic*, Six Ways to Beat Bloating
- July 2015, *Cincy Chic*, 7 Steps to (Re)take Control of Your Health, Fitness Goals
- June 2015, *Cincy Chic*, Tips for Fitness Success – Part I
- June 2015, *Cincy Chic*, Five Ways to Avoid Weight Loss Pitfalls
- June 2015, *Cincy Chic*, Four Weight Loss Roadblocks
- June 2015, *Cincy Chic*, Differences in Protein Powder
- May 2015, *Cincy Chic*, Four Myths on Fiber
- April 2015, *Cincy Chic*, 5 Nutrition Tips
- April 2015, *Cincy Chic*, The Impact of Music and Fitness Performance
- March 2015, *NKY Tribune*, Your Good Health: Journey to a Healthy Weight is Just That...A Journey
- February 2015, *NKY Tribune*, Your Good Health: Music has an Impact on Fitness and Performance
- Fall 2014, *Alpha: The Evolution of Fitness*, Squat and Fermata: The Impact of Music on Fitness Performance
- 2010, *Men in Nursing 2010 Calendar (Nursing2010)*, Recruitment Strategies: A Student's Perspective

PRESENTATIONS:

- July 2023, *Nutrition and Behavioral Change with Dr. Kevin Brunacini*, podcast guest on Conversations with Jules and Ang
- July 2023, *A Story of Redemption and Transformation with Dr. Kevin Brunacini*, podcast guest on Conversations with Jules and Ang
- May 2023, *Implementing effective care in a university population based on national routine and travel vaccination recommendations*, DNP student project as a co-author, <https://apps.congrex.com/cistm18/en-US/pag/presentation/352454>
- April 2023, *Effective Care for Malnutrition in Patients with Cancer in a Community Cancer Center*, DNP student project as a co-author, <https://ons.confex.com/ons/2023/qi/eposterview.cgi?eposterid=2594>
- January 2023, *The Flexible Dieting Institute Podcast* [YouTube/audio series], co-host

- January 2021, *Nutrition for Healthy Living*, Boone County Public Library virtual presenter
- August 2019, *The Skinny on Nutrition*, Boone County Public Library presenter
- April 2019, Poster board presenter, Kentucky Coalition of Nurse Practitioners and Nurse-Midwives Annual Conference
- April 2019, *How I Lost 121-Pounds for Good*, The Diet Doc Life Mastery Podcast
- February 2019, *Science or Fiction: Should I Take Vitamins?*, The Diet Doc Life Mastery Podcast
- December 2018, Poster board presenter, Institute of Healthcare Improvement Annual Conference
- December 2018, *Lunch Seminar*, Northern Kentucky Health Department
- October 2018, *Nutrition for Healthy Living*, Meritor presenter
- October 2018, *Dinner, Discussion, and Diabetes: Ask the Experts*, Northern Kentucky Diabetes Coalition, returning panelist
- October 2018, *Science or Fiction: Fasting Part II*, The Diet Doc Life Mastery Podcast
- September 2018, *Science or Fiction: Psych Needs and Fat Loss*, The Diet Doc Life Mastery Podcast
- June 2018, *How I Lost 121-Pounds for Good*, Brighton Center CET presenter
- March 2018, *Facts on Fiber: How Much You Need and Why You Need It*, The Fit Pharmacist Podcast
- February 2018, *Lunch 'N Learn Nutrition Seminar*, Northern Kentucky Chamber of Commerce
- January 2018, *How to Lose Weight and Keep it Off!*, The Fit Pharmacist Podcast
- October 2017, *Dinner, Discussion, and Diabetes: Ask the Experts*, Northern Kentucky Diabetes Coalition
- March 2017, *4 Nutrition Myths...Or Are They?*, Boone County Public Library presenter
- January 2016, *CEU Presenter for Sigma Theta Tau (Rho Theta chapter)*, Nutrition for Healthy Living & Weight Loss
- May 2015, *5 Secrets of Permanent Weight Loss*, Quality Assurance Cincinnati Area Women's Network
- March 2015, *Initiation Ceremony for Sigma Theta Tau (Eta Lambda chapter)*, Keynote speaker
- January 2015, *5 Secrets to Successful Weight Loss*, Boone County Public Library presenter

STUDENT PRESENTATIONS:

- June 2022, *Effective Adult Depression Screening and Care in a Rural Primary Care Setting Utilizing the PHQ-9*, Patricia DeGaetani
- June 2022, *Implementing Effective and Efficient Primary Care Discharge Using an EMR-Integrated Patient Discharge Bundle*, Candace Byers
- June 2022, *Implementing Effective Pain Assessment Tools and Provider Documentation in Adult Home Health Visits*, Amalthea Williams
- June 2022, *Improving Effective Care to Mental Health Clients Using PHQ-9 Screening in a Rural Outpatient Clinic*, Constance Hartgrove
- May 2022, *Increase Effective Prediabetic Care by Utilizing American Diabetes Association Guidelines in a Rural Clinic*, Allyson Duda

- May 2022, *Effective Care for Malnutrition in Patients with Cancer in a Community Cancer Center*, Kelly Weaver
- May 2022, *Implementing Effective Care in a University Population Based on National Vaccination Recommendations*, Julie Richards
- March 2022, *Implementing Effective Care Using the Standards for Pediatric Immunization Practice in a Private Clinic Setting*, Nadya Bolgova
- March 2022, *Implementing Patient-Centered Intimate Partner Violence Right Care in an FQHC*, Tiffany Gillette
- March 2022, *Implementing Disability Screening and Increasing Effective Care of Adults with Acute or Chronic Spinal Pain*, Jeremy Graham
- March 2022, *Improving Patient-Centered Screening and Referral in Pregnant Women with Obesity in a Federally Qualified Health Center*, Alyssa Monsivais
- March 2022, *Utilization of The AWARE Tool to Improve Family-Centered Effective Care for Pediatric Otitis Media*, Rachel Pierce
- March 2022, *Implementing Effective Substance Use Screening and Right Care of Adults in a Reproductive Health Clinic*, Daphne Pontius
- December 2021, *Increasing Adult Obstructive Sleep Apnea Testing Through Patient-Centered Interventions in Rural Primary Care*, Kimberly Miller
- December 2021, *Symptom Directed Patient-Centered Care for a Heart Failure Program in Hospice*, Jennifer Pursley
- December 2021, *Optimization of Patient-Centered Care for Functional Restoration in Occupational Low Back Pain Injuries*, Cynthia Edwards-Tuttle
- November 2021, *Implementing Intimate Partner Violence Screening using a Patient Centered Approach in an Urban OB/GYN Clinic*, Carla Rizzo
- November 2021, *Implementing Effective Care Using a Prediabetes Risk Test in a Rural Adult Population*, Stephanie Marazon
- November 2021, *Improving Timeliness by Reducing Wait Times Using State Standards in a Hospital Based OB/GYN Clinic*, Stefanie Matthews
- November 2021, *Using Adult Immunization Screening Tools to Produce Effective Care Through Improved Compliance in Family Practice*, Janel Stalder
- September 2021, *Implementing Effective Care Strategies in the Management of Violent Patients at Larned State Hospital (LSH)*, April Bradshaw
- September 2021, *Improving Patient-Centered Care in Remote Monitoring of Adults Patients with Chronic Disease*, Caitlin Goodwin
- July 2021, *Staff Satisfaction and Retention in a Healthcare Setting*, Philip Ofori-Yentumi
- July 2021, *Implementation of an Empathic Inquiry Technique in Appalachian Adults with Diabetes*, Mashawna Hamilton
- July 2021, *Video-Led Education for Patients with Asthma*, Farrah Taylor
- July 2021, *Exploring the Impact of an Online Immunization Provider Training Module to Address Parental Vaccine Hesitancy*, Christy Vickers
- April 2021, *Embracing Mindfulness to Develop Resiliency in Children Impacted by Family Incarceration*, Beth Delaney
- April 2021, *Strategies to Reduce Loss to Follow-up Rates in Veterans Post Radiation Treatment: A Quality Improvement Project*, Helena Powell
- April 2021, *Examining Nurses' Perceptions on a Workload Acuity Tool and its Effect on Nursing Job Satisfaction*, Krystle Maynard

- April 2021, *Evaluating the Effectiveness of the Doximity Application in Improving Provider Collaboration and Outcomes for Patients with Depression in a Nursing Home Setting*, Mercy Abunaw
- November 2020, *A Patient Safety Educational Intervention to Decrease Serious Safety Events on a Medical Surgical Unit*, Barrie Anderson-Gwinn
- July 2020, *Specialized Protocol for Change of Shift Bedside Reporting*, Anna Fowler
- July 2020, *Perinatal Nurse Residency*, Joely Austin
- July 2020, *Strengthening Grief Support Using a Modified World Café Method for Young Adults on College Campuses*, Keely Lowe

TEACHING ACTIVITIES:

- Frontier Nursing University
 - **PC701 (Foundations of Equitable Care and Health Promotion):** This course prepares students with foundational knowledge and skills to advance health equity and provide evidence-based, culturally safe patient care. Theories and tools for promoting health at the individual, community, and population levels are introduced with a focus on social determinants of health. Students practice communication skills to build therapeutic relationships with patients and to enhance intraprofessional collaboration. Reflective practice is introduced to enhance knowledge integration and self-awareness as a foundation for professional development. By the end of the course, students will be able to apply their knowledge to effectively support behavior change and promote health for diverse individuals and populations.
 - **PC739 (DNP Clinical Preparation):** This course provides foundational preparation for students to effectively start their DNP clinical project courses in subsequent terms. Students review biostatistical concepts, quality and safety initiatives, develop an understanding of the role of diversity, inclusion, and professionalism, and hone scholarly writing abilities. In addition, students identify a suitable clinical site, obtain approval for their DNP QI project, and identify a mentor and sponsor and complete clinical compliance for their site.
 - **PC740 (DNP Clinical Scholarship Planning):** This course exposes students to the latest evidence-based clinical practice resources, clinical safety, and systems analysis tools, as well as interprofessional, collaborative learning networks. Students demonstrate competence with clinical scholarship related to care of individuals, families and populations while exploring the fundamental processes of information literacy, family centered systems, and systems level safety. Learners are guided through the process of planning a quality improvement project within a healthcare delivery system to translate evidence into practice. Students apply quality improvement theories, processes and methods and gain practical experience with the fundamentals of systems improvement. Learners practice information literacy, and quality improvement process literacy while continuing to develop scholarly communication skills.
 - **PC743 (DNP Clinical Scholarship Implementation):** This course guides students through the process of working within a healthcare delivery system to translate evidence into practice. Students use rapid cycle improvement methods to implement an evidence-based practice project throughout the term. Within

interdisciplinary teams, students gain practical and academic experience with the fundamentals of systems improvement. Students complete plan, do, study, act cycles, evaluate data to inform small tests of change, and complete a clinical practicum summary. Learners practice interprofessional team building, family centered systems improvement and practice quality improvement process literacy while continuing to develop scholarly communication skills.

- **PC744 (DNP Clinical Scholarship Dissemination):** This course is the third of a three-part series designed to develop clinical practice scholars. Students explore sustainability, spread and scale of their DNP project. This course guides students through the dissemination phase of translating the evidence into practice. Learners demonstrate interprofessional leadership skills and best practices in program dissemination. Students complete their DNP clinical portfolio by creating the business case for quality, value, and financial stewardship. Student learners demonstrate advanced levels of clinical judgement, systems thinking, and accountability in designing, delivering, and evaluating evidence-based care to improve population health. Finally, the role of DNP leaders in maintenance of a healthy work environment and prevention of professional burnout are explored.
- **PC790 (Independent Study [variable]):** This course is designed for students to complete supervised study related to content in primary care courses. The content varies according to individual needs and interests. This course may be completed a maximum of three (3) times under different subtitles.

- Northern Kentucky University

- **DNP 896 I - IV:** This practicum/project provides the student with the opportunity for integration and synthesis of the Essentials for Advanced Nursing Practice across the curriculum. Students develop, implement, evaluate, and disseminate a scholarly project with the guidance of course faculty and a practice mentor that focuses on problems of practice within specific populations.

AFFILIATIONS:

- American Association of Nurse Practitioners
- Kentucky Coalition of Nurse Practitioners & Nurse Midwives
- National Academy of Metabolic Science

AWARDS:

- DAISY Faculty (FNP) Award Winner, Summer 2023, Frontier Nursing University
- Culture of Caring Nominee, Winter 2023, Frontier Nursing University
- DNP Exemplar Project, 2019, Frontier Nursing University
- Residential Partner of the Year Award, 2017, Life Learning Center
- Sigma Theta Tau International honorary initiation (as nurse leader), 2015, University of Evansville
- Sigma Theta Tau International initiation (as graduate student), 2012, Northern Kentucky University
- Senior thesis published in *Men in Nursing*, 2010
- Outstanding Senior Award (for maintaining high academic skills), May 2009, University of Evansville

- Star Award (for kind, consistent care), July 2007, St. Mary's Medical Center
- Most Improved GPA Award, Fall 2006, Sigma Alpha Epsilon annual award

VOLUNTEER WORK:

- 2023-Present, Frontier Nursing University, Assessments Across the Curriculum Committee FNP member
- 2022-Present, Frontier Nursing University, Men in Nursing Student Interest Group Co-Faculty Advisor and mentor
- 2022-Present, Frontier Nursing University, Wellness Committee member
- 2020-2022, Association for Healthcare Social Media, member
- 2017-2023, SyncOpp, nursing career advisor
- 2017-2020, Northern Kentucky Diabetes Coalition, member, communications director, monthly support group leader
- 2016-Present, AANP, journal manuscript peer reviewer
- 2015-2021, Life Learning Center, health educator and weekly volunteer
- 2015-2018, Northern Kentucky Chamber of Commerce, Health Committee member and volunteer
- 2015-2016, Independence Business Association, member and health educator
- 2014-Present, health columnist for various local publications
- 2014-Present, health educator and speaker for various local businesses