

Heather M. Clarke RN, CNM, LM, DNP, FACNM
CURRICULUM VITAE
 Updated 2/28/2019

LICENSURES and CERTIFICATIONS:

AMCB #3392 Exp. 12/2021
 NYS LM # F000286
 KY RN #1147489, APRN/CNM-3011980
 Georgia RN/APRN/CNM 199767

EDUCATION:

<u>Institution and Location</u>	<u>Degree</u>	<u>Dates</u>	<u>Major</u>
Pre and Perinatal Psychology Frontier Nursing University	Certificate DNP	10/2017 7/2014	Psychology Advanced Nursing Practice
Santa Barbara Institute of Pre-Postnatal	N/A	9/2010- 8/2011	Clinical Psychology
Capital University of Integrative Medicine	ABD-PhD	9/2002-04	Integrative Medicine
Columbia University New York, NY	MSN	9/1978- 12/1979	Nurse- Midwifery
State University of New York-Downstate Brooklyn, NY	BSN	9/1073- 5/1975	Nursing

ACADEMIC EMPLOYMENT:

<u>Institution or Firm</u>	<u>Rank or Title</u>	<u>Dates</u>
Frontier Nursing University	Course Faculty/Coordinator Assistant Professor	9/2012-Present
State University of New York	Assistant Professor	7/2010-2/2012
University of Maryland	Adjunct Clinical Faculty	9/2000-4/2006
Columbia University	Assistant Professor	6/1984-6/1986
University of Pennsylvania	Clinical Faculty	8/1982-5/2984

CLINICAL PRACTICE APPOINTMENTS

<u>Institution or Firm</u>	<u>Rank or Title</u>	<u>Dates</u>
Conscious Beginnings	Pre and perinatal consultant	6/2016-present
Blessed Births	Midwifery Director	01/2013-06/2013
Medical Doctor Associates	Locum tenum midwife	10/2012-01/2013

Greenville Hospital System	Staff midwife	02/2012-08/2012
Public Health Solutions	Staff midwife PRN	06/2011-02/2012
Brooklyn Birthing Center	Clinical midwifery Director	03/2010-06/2012
Brooklyn Perinatal Network	Acting project manager	03/2009-03/2010
Maryland General Hospital	Staff midwife	09/2003-01/2008
Peoples Community Health Center	Staff midwife PRN	08/2004-03/2006
Harbor Medical Center	Staff midwife	01/1997-02/2003
Med. Research Assoc. MIC/FP Project	Staff midwife	07/1986-12/1996
Brooklyn Plaza Med. Center	Director of midwifery and women's health	07/1993-05/1995
Birth Choices, INC	Founder and president	08/1990-05/1995
State Univ. of New York	Staff midwife	06/1986-02/1988
Elizabeth Blackwell Health Center	Director of midwifery	04/1883-05/1984
Prepared Childbirth Associates	Private midwifery practice	03/1982-04/1984
National Health Service Corps	Staff midwife	04/1980-03/1982

Honors

Sigma Theta Tau International

Inducted as Fellow American College Nurse-Midwives June 2015. Washington. DC

PUBLICATIONS:

Frayne, D.J., Verbiest. S., Chelmow, D., Clarke, H., Dunlop, A., Hosmer, J., Menard. M.K., Moos, M.K., Ramos, D., Stuebe, A. & Zephyrin. L. (2016) Health care systems measures to advance preconception wellness: Consensus recommendations of the clinical workgroup of the national preconception health and health care initiative. *Obstet Gynecol* 2016:127 (5) 863-72 DOI: 10.1097/AOG.0000000000001379

DNP Capstone Project

Culturally sensitive intergenerational preconception curriculum for African American women at risk for adverse birth outcomes. Frontier University. June 2014. Lex. KY

Other

Wilson-Mitchell, Karlene; Clarke, H; Valentin-Welch, M. (2013) We celebrate "Her Story" in honor of black history month. Retrieved in Midwife Connections

<http://www.midwife.org/index.asp?bid=325&BlogCategoryID=0&BlogEntryID=2095&ForMid=300>

Technical Reports

Clarke, H (1992) Integrative midwifery service for Bedford Styvesant. Healthy start Project newsletter. 7, 1992. Brooklyn NY

Book Chapters

Clarke, H (1990) Oral contraceptives : Intrauterine devices. In Lichtman, R.. Papera, S. *Gynecology* Chap 7, 8. Pp. 91-125.(1st Ed) Norwalk. CT Appleton & Lange

PRESENTATIONS: 1993- Present

Invited

- Clarke, H (2018) Pre and Perinatal Psychology to improve birth outcomes. Gold Midwifery Conference
- Clarke, H (2017) Black infant mortality and morbidity: Why are our mothers and babies dying? Sacramento museum of African American History, California
- Clarke, H (6.2011) Integrated community prenatal care. Brooklyn Perinatal Network- Infant mortality reduction initiative annual conference. Brooklyn, NY
- Clarke, H (6.2005) Integrative health care approach to menopause. ACNM annual meeting. DC

Referred

- Clarke, Preconception care for the Improvement of Maternal Child Health in the Caribbean. Caribbean Nurse Conference. Barbados October 2018
- Clarke, The Emerging Role of the APRN in the Prevention and Care of Non-Communicable Disease in the Caribbean. Caribbean Nurse Conference. Barbados October 2018
- Clarke, Mind-Body preconception education: A promising practice to reduce racial and ethnic perinatal health disparity. July 1st 2016. Washington, DC
- Clarke, H; Dau, Kim (6.2012) Maternal child health disparities: A fresh approach to a new problem. ACNM annual meeting. Long Beach. CA
- Clarke, H (9.1995) Women's reproductive health and spiritual growth. Medgar Edgar College. Brooklyn, NY

PROFESSIONAL ACTIVITIES:

Memberships

- American College of Nurse-Midwives, 1980-2006, 2008-2010, 2010-present
- National Association to Advance Black Birth 2015-present. Vice-President
- American Association of Birth Centers-Government Affairs Comm.
- Association of Pre and Perinatal Psychology and Health, 2010-present. Board member 2017 to present
- Midwives Alliance of North America, 1986-1994, 1994-2000
- US-MERA 2014-2017
- International Center for Traditional Childbearing/National Association to Advance Black Birth (NAABB) 2014-present

POSITIONS OF LEADERSHIP IN PROFESSIONAL ORGANIZATIONS

- APPPAH Education committee-2017 -Board Member 2018-present
- Vice Chairperson, National Association to Advance Black Birth. August 2017-present

Trustee and board member-Better Birth in Bim 2017-present
US-MERA Steering Committee, Communication Committee, Equity Task Force. 2014-2016
Center for Disease Control: Preconception Clinical Workgroup Panel 2014-present
American College of Nurse-Midwives-Chairperson, Midwives of Color Committee 6/2013-5/2016. Consultant to Chairperson, 6/2016-present
American College of Nurse-Midwives; Division of Education. Student Issues Section Co-Chair 10/2010-2013
American College of Nurse-Midwives Vice Chair Midwives of Color Committee 6/2010-2013
Executive board. Treasurer-NYC ACNM Region 11 Chapter 1, 1980's

CONSULTATIONS: (specify: organization, nature of consultation, dates)

Brooklyn Perinatal Network.	Perinatal consultant	09/2014-02/2015
	Perinatal consultant	03/2013-present
	Perinatal specialist	12/2008-03/2009
	Midwifery consultant	06/1992-05/1993

Southern New Jersey Perinatal Consortium Midwifery consultant – 07/2010-12/2011

COMMUNITY PROFESSIONAL SERVICE:

Black women birthing project 2015-present

www.blackwomenbirthingjustice.org

Better Birth in Bim 2016-2018- Pre and Perinatal workshops, consultations

New York State Department of Education (2010) Expert Review in a preliminary case investigation in the charge of medical liability for a CNM

Birth Choices, Inc. Founder and president 1990-2001 – Community education and maternal-child health advocacy.

Workshops/CE Taught

Joyful Pregnancy, Amazing Birth. Two day workshop . 9/2018. Barbados.

Pre and Perinatal Psychology 101- One day workshop on theory and application of pre and perinatal psychology. APPPAH Panel. ACNM annual meeting Chicago. 2017

One day workshop American College of nurse-midwives “Acupressure for nurse-midwives” New York. NY. 6/1984

Beginning shiatsu for midwives: 2 day workshop. ACNM annual meeting. Philadelphia. 1986. PA

CEU Programs in last 3 years

American College of nurse-midwives annual meeting. Savannah 2018

American College of nurse-midwives annual meeting. Chicago 2017

Association of Prenatal and Perinatal Psychology and Health. Regional conference 9/2016. Seattle. WA

American college of nurse-midwives annual meeting 5/2016. Albuquerque. NM
Association of Prenatal and Perinatal Psychology and Health Annual conference 12/2015. San Francisco. CA
ACNM annual meeting 6/2015. Washington. DC
Harvard School of Medicine. Bensen Henry Institute. April-May 2014 Mentoring and Training. Boston. MA