

Frontier Nursing University
CURRICULUM VITAE
Updated April 2024

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LICENSURES and CERTIFICATIONS:

- **Kentucky RN:** 1053843 Expires 10/31/2025
- **Kentucky APRN:** 3001933 Expires 10/31/2025
- **Oregon RN:** 000033016RN Expires 5/30/2024
- **Oregon APRN:** 201350092NP Expires 5/30/2024
- **Certified Nurse-Midwife (AMCB):** 4937 Expires 12/31/2026
- **American Nurses Credentialing Center (ANCC)**
 - Certification Number: 0206527 Expires: 11/30/2028
- **Certified Nurse Educator (CNE)** NLN 558538 Expires 12/31/2024

EDUCATION:

<u>Institution and Location</u>	<u>Degree</u>	<u>Dates</u>	<u>Major</u>
Frontier Nursing University Hyden, KY	DNP	2008- 2010	Nursing
Frontier School of Midwifery and Family Nursing. Midwifery Hyden, KY	CNM	1985-1986	
Michigan State University FNP Lansing, Michigan	MSN	1983-1985	
Anderson School of Theology Studies Anderson, Indiana	--	1978-1979	Interim
Oregon Health Sciences University Portland, Oregon	BSN	1970-1974	RN

ACADEMIC EMPLOYMENT:

<u>Institution or Firm</u>	<u>Rank or Title</u>	<u>Dates</u>
Frontier Nursing University (full-time)	Assistant Professor Course Coordinator	Appointed 2/2014 7/1/2012 - present
Frontier School of Midwifery and Family Nursing Hyden, KY	Course Coordinator Academic Faculty Member Faculty Practice	1995-2003 1994 - present 2000-2011
Case Western Reserve University	Adjunct Faculty	1996-1990
University of Kentucky Lexington, KY	Clinical Evaluator Volunteer Faculty	1994-1999
University of Kentucky Columbia University Frontier School of Midwifery and Family Nursing	Clinical Preceptor	1994-2006
Macha Nurses Training School Hospital Brethren in Christ World Missions Zambia, Africa	Principal Tutor (Director of School of Nursing)	1987-1992 Macha
Lansing Community College Lansing, MI	Clinical Instructor of Nursing	1986 (summer)

PROFESSIONAL PRACTICE EMPLOYMENT:

<u>Institution or Firm</u>	<u>Rank or Title</u>	<u>Dates</u>
Beechfork ARH Rural Health Clinic Appalachian Regional Healthcare 805 Middlefork Rd Asher, KY 40603 <u>Corporate</u> <u>Address:</u> P.O. Box 8086 Lexington, KY 40533	Family Nurse Practitioner	9/2011-4/2012
Mary Breckinridge Hospital Frontier Nursing Service, Inc Hyden, KY	Hospitalist	12/2006-9/2011
Frontier Nursing Healthcare, Inc. Frontier Nursing Service Hyden, KY 41749	Director of Rural Health Clinic Operations	11/2002-6/2003

Frontier Nursing Service Faculty Practice Frontier Nursing Service Hyden, KY	FNP Coordinator/DuPont Chair	2000-2003
Rural Health Clinics associated with Frontier Nursing Service, Inc Hyden, KY	Family Nurse Practitioner	1993-2006
(summer) Michigan Economics for Human Development	Immunization Coordinator Migrant Council	1986
Oregon Health Science University 1983 Portland, Oregon	Staff Nurse (Neurosurgery/ENT)	
Kima Hospital Kenya, East Africa	Medical Officer in Charge	1978-1983
Oregon Health Sciences University Surgical Intensive Care Unit Portland, Oregon	Staff Nurse	1974-1978

Volunteer:

1996-1997 University of Kentucky: Appointed Voluntary faculty member, Clinical Evaluator

1996-1999 Case Western Reserve University: Adjunct faculty

1974 (summer) Navajo Indian Reservation – Community Health Project

1983 (summer) Navajo Indian Reservation – Community Health Project

HONORS, AWARDS AND HONOR SOCIETY MEMBERSHIPS:

<u>Date</u>	<u>Award or Honor</u>
2012	Kentucky Colonel. Commissioned to the Honorable <i>Order of Kentucky Colonels</i> – Highest title of honor bestowed by the Commonwealth of Kentucky. Commissions for Kentucky colonels are given by the Governor and the Secretary of State to individuals in recognition of noteworthy accomplishments and outstanding service to a community, state or nation.
2003	Nominated for AANP Nurse Practitioner’s State Award for Excellence
2002	Nominated by FSMFN Students to the ACNM for “Excellence in Teaching Award”

- 1992 National Examiner for Zambia Enrolled Nurse Candidates for:
General Nursing Council of Zambia
Lusaka, Zambia AFRICA
- 1984 Nominated "Outstanding Graduate Woman" by College of Nursing.
Michigan State University
E. Lansing, Michigan

Research Activities:

- February 2010 DNP capstone:
"A Project to Decrease Rates of Readmissions and Returns for Patients with Heart Failure through a Comprehensive Discharge Process"
- 1984- 1985: Master's thesis – Michigan State University
"Mothers Perceptions and the Immunization of their Children"

As a graduate assistant for Michigan State University:

- 1984-1985 Breastfeeding Study for Mothers on WIC
Ingham County Health Department, Lansing, MI
- Physician-Nurse Collaboration Study
Ingham Medical Center. Lansing, Michigan
- Patient Satisfaction with Nursing Practice
Lansing, Michigan

FACULTY PRACTICE ACHIEVEMENTS:

Maintained stable FNP presence as Frontier Nursing Service transitioned to Appalachian Regional Healthcare, including re-opening, and starting up Beechfork clinic after a year's closure. Clinical support for foreign-born medical residents seeking Medical Residencies in the U.S.

- Developed and implemented evidence-based standardized admission orders for use by ER, Inpatient and Outpatient facilities which continue to be used today.
- Developed and implemented the role of NP Hospitalist for Mary Breckinridge Hospital
- Implemented a collaborative practice with FNP's and CNM's together in a rural health care setting.
- Responsible for the hiring and orientation of all Family Nurse Practitioners at certain points in time

- Mentored new graduates as they prepared for their roles as solo practitioners at rural health clinics for FNS.
- Spearheaded the process of implementing hospital admitting privileges for Family Nurse Practitioners at FNS.
- Have served as chairman of the Ambulatory Care Committee
- Have served in a dual role of clinical practice and teaching for 19 years

ADMINISTRATIVE ACHIEVEMENTS:

- Assisted in the final design and physical layout of two new rural health clinics (Dr. Anne Wasson Clinic and Kate Ireland Health Clinic).
- Responsible for opening two new rural health clinics and moving two other clinics under a new company.
- Developed/wrote all policies and procedures for these clinics.
- Revised Quality Assurance procedures.
- Implemented a collaborative practice with FNP's and CNM's together in a rural health care setting.
- Responsible for the hiring and orientation of all Family Nurse Practitioners.
- Participated in the selection and implementation of three electronic medical record System.
- Responsible for orienting all physician/medical staff to the EMR

PROFESSIONAL ACTIVITIES (Active):

- National Organization of Nurse Practitioner Faculty
- American Academy of Nurse Practitioners

School Service:

- Admissions Committee 2003-2006 and 2017-present
- Educational Technology Committee (March 2021 – December 2023)
- Critical Thinking, Clinical Reasoning and Diagnostic Decision-making Committee (April 2021-present)
- SOAP note Committee
- Physical Exam Transition Team (Jan 2021 - Jan 2022)
- Writing Across the Curriculum (WAC) Committee (2012 – 2021)
- Curriculum Committee (July 2012- Dec 2023)
- AHRQ Grant writing Committee
- DNP Committee Chair
- Admissions Committee (4/2016 – present)
- Wide Neighborhood Committee
- Clinical Bound Task and Responsibilities Workgroup
- 3P's Faculty Mentor Group
- Clinical Bound Faculty Mentor Group
- DNP Capstone Committee Chairs Workgroup
- Committee on English as a Second Language
- Mentoring a new faculty in the role of DNP committee Chair.

- FNP Class 128 Faculty Mentor
- FNP Class 106 Advisor
- FNP Class 104 Advisor
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Community Professional Service:

- Grant application to Target February 2005 to receive Books for children School outreach:
 - Distribution/instruction of pedometers to 4th 5th graders in local schools of Leslie County to participate in the Walk across America program.
 - Presented various health topics to 5th graders in local schools
 - Read/presented story of Mary Breckinridge to the children in Leslie Co. Schools
 - Participated in Leslie Co. Health fairs. Blood pressure screenings, blood glucose measurements, advertising for clinics.

TEACHING ACTIVITIES:

Course No	Title	Role	Year	No. Credit
pc716	Advanced Physical Assessment, Clinical Reasoning and Documentation for Advanced Practice Nurses	Course Faculty	January 2023-present	4
pc716	Advanced Physical Assessment, Clinical Reasoning and Documentation for Advanced Practice Nurses	Course Developer Course Coordinator	January 2022 - Jan 2023	4
pc766	Advanced Physical Assessment Validation	Course Coordinator	January 2022 - present	1
PC706	Advanced Physical Assessment, Clinical Reasoning and Documentation	Course Developer/ Course Coordinator	2014 (summer) 2022	3
PC714 PC711	Clinical Bound Team Leader	Clinical Faculty	January 2012 – January 2017	

PC714	Skills for Primary Care	Course Coordinator	January 2013 – January 2017	1
PC605	Physical Assessment: Interviewing, Documentation and Decision-making	Course Coordinator	Winter 2013	2
PC605	Physical Assessment: Interviewing Documentation, Decision-making	Course Faculty	Summer and Fall term 2012	2
PC628	Skills for Primary Care	Course Coordinator	2012	1
PC617	Acute and Common Problems in Primary Care	Wrote course/ Course Coordinator	2000-2003	3
NP624	Emergencies and Trauma in Primary Care	Wrote course/Course Coordinator	2000-2004	1
N500 N501 N502	Health Assessment	Course Coordinator	1995-2003	4
PC628	Physical Assessment	Clinical Faculty	2003-	1
PC628	Clinical Bound Team Leader	Clinical Faculty	2011 -	1

Student Research and Advising

- **Chair for:**
Capstone Project title: *A Quality Improvement Intervention to Evaluation Implementation of Current Guidelines for Acne in a Pediatric Primary Care Practice.*
Date: 11/2015 - 9/16/16

- **Chair for:**
Capstone Project title: *Evaluation of a Quality Improvement Initiative to Determine the Effectiveness of Provider-Patient Communication in a Wound Clinic*
Date: 8/2015 – 6/17/16

- **Chair for:**
Capstone Project title: *A Community Based Cervical Cancer Education Program for African American Women ages 18-65.*
Date: - 11/4/14 - 12/16/15

- **Chair for:**
Capstone Project title: *Improving the Identification and Management of Adolescent Obesity in Primary Care through Use of an Evidence-Based Toolkit.*
Date: -6/17/15

- **Chair for:**
Capstone Project title: *Creating a health literacy-based education guideline to prevent peripherally inserted central catheter infection*
Date: March 2014 – March 2015

- **Chair for:**
Capstone Project Title: *Identifying Barriers and Challenges to Home Blood Pressure Management using a case study method.*
Date: November 2013 – December 2014

- **Chair for:**
Capstone Project Title:
A Standardized Triage Guideline for Patient Prioritization within the ER
Date: April 2013 – March 2014

- **Chair for:**
Capstone Project Title: *The Perceived Needs of Parents of Special Needs Children in the School System*
Date: 2/2012 – 12/2012

- **Chair for:**
Capstone Project Title: *Cholesterol Education Concerning Kids*
Date: 5/2011-12/2011

- **Co-Chair for:**
Capstone Project Title: *An Educational Program on Department of Transportation Medical Examinations.* **Date:** 10/2010 - 7/2011

CEU Programs

Continuing Education

2023

1. ADHD (2 hrs)
2. Basic Psychiatric Concepts (6 hrs)
3. Civility (Nurse Tim) (1 hr)
4. Communication for Nurse Educators (1 hr)
5. Debriefing Across the Curriculum (1 hr)
6. Demystifying Autism Spectrum Disorder (1.5 hrs)
7. Documentation in Electronic Age (3 hrs)
8. When and How to Initiate Mealtime Insulin in Patient on Basal Insuling (0.5 hrs)
9. Monitoring and Advancing Insulin in a Patient on Basal and Prandial Insulin (0.5 hrs)
10. When is the Best Time to Take Blood Pressure Medications (0.25 AMA Cat 1 Credit)
11. Optimizing Influenza Management in Special Populations (1 hr)
12. Introduction to Cultural Safety (3 hrs)
13. Sixth Vital Sign - Strategies to Integrate, Standardize and Normalize Depression Care (1 hr)
14. Vitamin D in Children and Adults (1 hr)
15. ColorectalCancer Screening: What's Newand Why (1 hr)

2021- 2022

1. Monkeypox Syptoms and Treatment (1 hr)
2. Opioid Use Disorder: Approaches to Diagosis and Treatment (0.5)
3. Osteoporosis: Diagnosis and Management (5 hrs)
4. Emerging Challenges and Clinical Updates in Primary Care 2021 (4 hrs)
5. Metabolic Syndrome: A growing Epidemic (5 hrs)
6. Medical Error and Root Cause Analysis (2 hrs)
7. Diabetes Pharmacology (10 hrs)
8. The Coronavirus Disease Pandemic (2 hrs)
9. Alzheimer's Disease (15 hrs)
10. Championing Social Justice - Becoming an Informed Ally (1 hr)
11. Changing the Conversation about Pain (1.5 hrs)
12. Early Detection Saves Lives: Incorporating New Guidelines and Shared Decision Making into Colorectal Cancer Screening (1 hr)
13. PTSD (1 hr)
14. Suicide Prevention and Assessment (6 hrs)
15. Diversity and English Language Learners (1 hr)
16. Fitzgerald Health Clinical Pharmacology Program (55 hours)

(2020)

1. Fitzgerald Health Clinical Pharmacology Program (55 hours)

2. Team Stepps Training (8 hours)
3. FERPA Basics (no CEU)
4. Managing your Online Classroom – Magna 0 CEU's
5. Team Huddles: The Mechanism for Interactive Simulations Becomes the Key Ingredient (no CEU) – EMS
6. Debrief: Standards, Models and Best Practices in Virtual Simulation (no CEU)-EMS
7. Virtual OSCE – Telemedicine Patient Encounter with Instructor Observation (no CEU) – EMS
8. Multi-Mini Interviews: A Holistic Admissions Assessment Tool by AACN (no CEU's)
9. Establishing Inter-Rater Reliability for Holistic Admissions Review by AACN (no CEU)
10. Epigenetics for the Practicing Clinician: The Science of How Environments Shape Health (15 hours)
11. Building a Bridge in a Diverse World (D and I) (2 hrs.)
12. The Link between Mental Illness, Culture, Implicit Bias, and Stigma and INFO (Div and Inc) (2 hrs.)
13. Transmasculine Contraceptive Care (2 hrs.)
14. Women and Tattoos (2 hours)
15. Reproductive Coercion (2 hrs.)
16. Weathering the Covid-19 Storm – its Effects on Black Americans – Old Dominion Univ. (0 hours)
17. The Role of Higher Education in Times of Crisis: Healing Strategies for Educators MAGNA (0 hours)
18. Equity in the Opportunity Survive the 1st Year of Life (0.8 hrs.)
19. COVID-19: What we know, What we are Learning – Webinar (FHEA 1.2 hrs.)
20. Treatment Guideline Updates in GI, ID, Cardiology, Respiratory and Dermatology (FHEA)
21. Expert Exam: The Primary Care Neurologic Exam (FHEA 6.6 hrs)
22. Quality Matters: Crossing the Bridge to Quality with QM Course Design Guide and Course Plan (0 hrs)
23. The Link Between Mental Illness, Culture, Implicit Bias, and Stigma (Part 2) (2 hrs)
24. MAGNA Summer Enrichment Course: *Managing Your Online Classroom* (No CEU's – approx. 20 hours of study)
25. Microaggressions: How to Identify and Combat Them in Your Workplace and School – EducationAdminWebAdvisor – no CEU's
26. Beyond Aces: The Impact of Racism on Those We Serve 1.5 CEU's (National Board for Certified Counselors)
27. Teaching Professor Virtual Conference (May 27-September 20 2020) 0 CEU's

(2019)

1. Physical Assessment: More Patients, Less Time (6.3 hours)
2. Building a Bridge in a Diverse World
3. FNU CNE Prep Course
4. Team Stepps Training (8 hours)
5. Tetanus, Diphtheria And Pertussis: Prophylaxis and Clinical Updates (5 hours)
6. Chronic Kidney Disease (2 hours)
7. The Endocrine System: Disease, Disorders and Clinical Updates (10 hours)
8. Resistant Bacteria: How to Best Manage in a Contemporary Setting (6 hours)
9. Marijuana: Ancient Medicine, the Devil's Playground or Medical Miracle? (4 hours)
10. Safe and Effective Controlled Substance Prescribing Practices for Advanced Practice Nurses (2 hours)
11. New Clinical Guidelines for the Management of Hypertension (4 hours)
12. Nurse Tim: Interprofessional Education Projects for Undergraduate and Graduate Programs (1.25 hours)
13. Nurse Tim: Beyond Incivility: Fostering a Healthy Learning Environment (1 hour)

14. Nurse Tim: Mentoring Faculty Roundtable (1 hour)
15. Nurse Tim: Audience Response, Clicking, Polling and Voting (1 hour)
16. Nurse Tim: Item Analysis Made Easy (1 hour)
17. NONPF: Choosing Teaching Strategies 1 hour)
18. Understanding How to Legally Protect your License (1 hour)
19. AMCB Maintenance Modules Completed toward re-certification
 - Antepartum and Primary Care of the Pregnant Woman (20 hours)
 - Gynecology and Primary Care (20 hours)
 - Intrapartum, Postpartum and Newborn (20 hours)

Total = 114.55

(2018)

1. Fitzgerald Health Clinical Pharmacology Program (55 hours)
2. Interprofessional Education Projects for Undergraduate and Graduate programs (1.25 hours)
3. Graduate Education: Strategies to Prepare Successful Graduate Students (1 hour)
4. Beyond Incivility: Fostering a Health Learning Environment (1 hour)
5. Mentoring Faculty Roundtable (1 hour)
6. Creating Engaging and meaningful Online Discussion (1 hour)
7. Implementing Universal Design for Learning Framework in Nursing Education (NONPF – 1 hour)
8. Domestic Violence for Kentucky Nurses
9. Medical Errors (5 hours)
 10. Domestic and Community Violence (3hours)
 11. Palliative Care (3 hours)
 12. Child Maltreatment (3 hours)
 13. Recognizing Impairment in the Workplace (2 hours)
 14. Suicide and Suicide Prevention (6 hours)

(2017)

2. Viral Sexually Transmitted Infections (5 hours)
3. Zika Virus (2 hours)
4. Mental Health Issues for Veterans and Families (2 hours)
5. Irritable Bowel Syndrome (10 hours)
6. 7th annual NPO Pharmacology Conference (6.5 hours)

(2016)

1. STD Management in Primary Care: Best Practices (0.25)
2. The Role of Noninvasive Prenatal Screening (0.5)
3. Spontaneous Preterm Birth: Managing at risk Women (0.25)
4. Creation of National Policy on Perinatal Depression (0.75)
5. Pseudocyesis (0.7)
6. Immunity and Digestive Function in Infant Nutrition (0.5)
7. Hormone Therapy Trials (0.75)
8. Understanding the Women's Health Initiative (0.75)
9. Intrauterine Contraception: A First-Tier Choice (0.75)
10. Optimizing Breath Health: Fibrocystic Breast Changes and Mastalgia (0.5)
11. ACOG Preterm Guidelines. (0.5)

12. High Risk HPV Testing (0.25)
13. Maternal Depression and Infant Development (2.1)
14. Preventing In-Hospital Newborn Falls: A Literature Review (2.5)
15. Men's Health Issues (15)
16. Couples with Infertility (5)
17. Health Issues Distinctive to Women (15)
18. Newborn Assessment (10)
19. What Healthcare Professionals Should Know about Exercise (5)
20. Geriatric Polypharmacy (10)
21. Parkinson's (10)
22. Meanings of Menopause: Cultural Considerations (5)
23. Clinical Care of the Transgender Patient (10)
24. Vaginal and Uterine Bleeding (10)
25. The Science of ECG Rhythm
26. National Organization of Nurse Practitioner Faculties Annual Conference (13.25)
27. Advanced Diabetes Management and Caring for Today's Complex Patient (6.5 hours)
28. Fitzgerald Health Clinical Pharmacology Program (55 hours)
29. Nurse Practitioners of Oregon 6th annual pharmacology Update (6 hours)

(2014-2015)

1. Elite Continuing Education (30 hours)
 1. Opioid Prescription; Infectious Disease Management; Mental Health Meds; Vaccine preventable Disease
2. Turn it in: Hyperlinking Quick Marks Extending the Reach of Instruction
3. Turn it in: Building Effective Peer Review Assignments
4. Bloom's Taxonomy and Test Construction Methods (1 hour)
5. University of Kentucky (5.25 hours)
 1. House Bill 1 and Regulations; How to Recognize Drug Abuse and Dependence; How to Discuss Drug Issues with a Patient; An Update on KASPeR and Post House bill 1; Opioid Therapy Risks and Rewards.
6. Net CE: (50 hours)
 1. Post-traumatic Stress Disorder; COPD: An Overview of Pathophysiology and Treatment; Geriatric Failure to Thrive; Ischemic Stroke; Chronic Pain Syndrome
7. American Midwifery Certification Board: (60 hours)
 1. Gynecology Module; Antepartum Module and Intrapartum Module.
- 8.
9. Kentucky Coalition of Nurse Practitioners and Nurse Midwives (17 contact hours)
10. (common emergencies, pelvic exam, edema evaluation, Hepatitis, CV Update 2014, Geriatric polypharmacy, pediatric headache, PTSD, orthopedic issues in the elderly, complex chronically ill patient)
11. Fitzgerald Health Associates Clinical Pharmacology Program (46.6 contact hours)
12. Nurse Practitioners of Oregon Pharmacology 4th annual Update (5.5 contact hours)

2011-2013

1. Health Kitchen/Healthy Lives.
2. Consultation and Referral

3. Clinical Assessment and Initial Management of Fever in Pediatrics
4. Early Onset Scoliosis: what the PCP needs to Know/Implications for Practice
5. Prevention and Treatment of Pertussis: Current Guidelines
6. Pharmacy
7. Diabetes in Youth
8. What health care professionals should know about exercise
9. Diagnosing and Managing Headaches
10. Proteinuria and Hematuria
11. Pediatric Abusive Head Trauma
12. Gynecology and Primary Care
13. Nutrition
14. Adult Hospital Medicine Boot Camp
15. Pain Management