

CURRICULUM VITAE

Updated 3/26/2024

Niessa Meier
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LICENSURES and CERTIFICATIONS:

Certified Nurse Educator	Expires 08/2024
American Midwifery Certification Board	Expires 12/2025
Texas Advanced Practice RN	Expires 02/2028
Basic Life Support	Expires 10/2024
Neonatal Resuscitation Program	Expires 05/2024
IHI Certificate in Quality & Safety	

EDUCATION:

<u>Institution and Location</u>	<u>Degree</u>	<u>Dates</u>	<u>Focus Area</u>
Frontier Nursing University Versailles, KY	PGC	2022	Women's Health
Frontier Nursing University Hyden, KY	DNP	2014-2016	Healthcare Simulations
Frontier School of Midwifery and Family Nursing Hyden, KY	MSN	2007-2009	Midwifery
University of Texas Health Science Center San Antonio, TX	BSN	1998-2000	Nursing

ACADEMIC EMPLOYMENT:

<u>Institution or Firm</u>	<u>Rank or Title</u>	<u>Dates</u>
Frontier Nursing University	Regional Clinical Faculty	5/2014-5/2018
	DNP Course Faculty	1/2017-6/2021
	Master's Course Faculty	6/2021-present

OTHER EMPLOYMENT:

<u>Institution or Firm</u>	<u>Rank or Title</u>	<u>Dates</u>
W Gynecology & Women's Wellness	Certified Nurse Midwife	2021-present
Peterson Women's Associates	Certified Nurse Midwife	2009-2021

Kerrville, TX

Peterson Regional Medical Center Kerrville, TX	Women's Services RN	2004-2009
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University Health System San Antonio, TX	Labor and Delivery RN	2000-2004
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HONORS, AWARDS AND HONOR SOCIETY MEMBERSHIPS:

<u>Date</u>	<u>Award or Honor</u>
2019	Peterson Health Provider Peer Recognition Award Co-Recipient
2017	ACNM National Vaccine Champion Award Co-Recipient
2016	Frontier Nursing University RCF Student Choice Award
2014	ACNM National Outstanding Preceptor Award Co-recipient
2009	Peterson Regional Medical Center Nurse of The Year Award
1999	Sigma Theta Tau Nursing Honor Society Membership

PRESENTATIONS:

Speaker:

5/2025	Healthy People 2030: Is Texas Making Progress? Texas AWHONN Convention Galveston, TX
8/2021	Implementation of a Stress Management Program for Healthcare Workers Through a Rural Occupational Health Clinic National DNP Conference Chicago, IL
6/2018	Working with Midwives to Promote Best Practices in Perinatal Hep B Texas Perinatal Hep B Summit Austin, TX

Speaker: 5/2017	Call the Midwife: Midwives and Nurses in the Modern Obstetrical Unit Texas AWHONN Convention San Marcos, TX
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Speaker:	Strategies for Preceptors
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11/2015 The Gathering of Texas Midwives
Ingram, TX

Speaker: Promoting Change in the Healthcare Environment
02/2014 The Gathering of Texas Midwives
Ingram, TX

Speaker: The Family Centered Cesarean Section
3/2013 Texas AWHONN Convention
San Antonio, TX

FACULTY PRACTICE ACHIEVEMENTS:

Development of clinical improvement policy and implementation:

- Trial of Labor After Cesarean 2015
- Delayed cord clamping 2015
- Family centered cesarean birth 2012
- Hydrotherapy for laboring women 2009
- Intermittent fetal monitoring 2007
- Skin-to-skin infant transition 2007
- Initiation of lactation program & Texas Ten Steps Certification 2007

PROFESSIONAL ACTIVITIES:

Texas AIM Coalition	Representative	2018- 2022
Texas ACNM Affiliate (CTCNM)	President	2015-2018
Association of Perioperative Nurses	Member	2015-present
Coalition for Nurses in Advanced Practice	CTCNM rep	2010-2012
American College of Nurse Midwives	Member	2007-present
AWHONN Member	Member	2000-present

COMMUNITY PROFESSIONAL SERVICE:

Assistant Medical Director for The Pregnancy Resource Center; 2010-2014
Hill Country Charity Ball Executive Board Member 2013-2016

PUBLICATIONS:

Articles in Refereed Journals

Jopling, A. & Meier, N. (2020). Effective Screening for Female Urinary Incontinence at the Well-Woman Examination. *Urologic Nursing*, 40(3), 139-148. <https://doi.org/10.7257/1053-816X.2020.40.3.139>

Ross, L. & Meier, N. (2021). Improving Adult Coping with Social Isolation During COVID-19 in the Community Through Nurse-led Patient-Centered Telehealth Teaching and Listening Interventions. *Nursing Forum*. 1-7. <http://dx.doi.org/10.1111/nuf.12552>

White, C., Meier, N. & Swint, C. (2021). The Implementation of a Stress Management Program for Health Care Workers Through a Rural Occupational Health Clinic. *Workplace Health & Safety*. 69(4):161-167. <https://doi.org/10.1177%2F2165079920982406>

Posters

Borders, N. & Meier, N. C. (May, 2020). *Project Discharge: Implementing an Effective, Patient-Centered Discharge Process in OB Triage*. Poster presentation accepted for presentation at the American College of Nurse-Midwives Annual Meeting, Austin, TX.

Orem, V. & Meier, N. C. (May, 2020). *A Patient-Centered Approach to Providing Culturally Sensitive Prenatal Care in an Urban Federally Qualified Health Center*. Poster presentation accepted for presentation at the American College of Nurse-Midwives Annual Meeting, Austin, TX.

Gragg, M. & Meier, N. C. (2019, December). *Quality Improvement Initiatives to Implement a Patient-Centered Continuum of Postpartum Care in Midwifery Practice*. Poster session presented at the Institute for Healthcare Improvement National Forum, Orlando, FL.

Lassiter, N. & Meier, N. C. (2019, December). *A TeamSTEPPS- based Communication Quality Improvement Project for Transfer from Birth Center to Hospital*. Poster session presented at the Institute for Healthcare Improvement National Forum, Orlando, FL.

Miller, M. K. & Meier, N. C. (2019, December). *Promoting Safe Physiologic Birth in a Tertiary Care Center Utilizing the ACNM Intermittent Auscultation Bundle*. Poster session presented at the Institute for Healthcare Improvement National Forum, Orlando, FL.

Owens, S. & Meier, N. C. (2019, December). *Birth Options Counseling Following Primary Cesarean Delivery: Patient Centered Care Utilizing Shared Decision Making*. Poster session presented at the Institute for Healthcare Improvement National Forum, Orlando, FL.

Ramsey, H. & Meier, N. C. (2019, December). *Implementing an Effective Breastfeeding Education Program Utilizing the Academy of Breastfeeding Medicine's Protocol in an Outpatient Setting*. Poster session presented at the Institute for Healthcare Improvement National Forum, Orlando, FL.

Reeves, C. & Meier, N. C. (2019, December). *Improving Efficiency and Quality of Diabetic Care by Implementing Evidence-Based Performance Measures*. Poster session presented at the Institute for Healthcare Improvement National Forum, Orlando, FL.

Bennett-Wolcott, B. & Meier, N.C. (2018, December). *Implementing Universal Partner Violence Screening Using a Patient-Centered Shared Decision Making Approach*. Poster session presented at the Institute for Healthcare Improvement National Forum, Orlando, FL.

Ery, J. & Meier, N. C. (2018, December). *Gestational Diabetes: A Right Care Protocol for timely, patient-centered care for Middle Eastern women*. Poster session presented at the Institute for Healthcare Improvement National Forum, Orlando, FL.

Gramlich, K. & Meier, N. C. (2018, December). *Improving Diabetic Foot Screening in Primary Care Practice: A Patient-Centered Quality Improvement Project*. Poster session presented at the Institute for Healthcare Improvement National Forum, Orlando, FL.

Rohr, A. & Meier, N. C. (2018, December). *Increasing Timely Colorectal Cancer Screening using a Shared Decision Making Tool at an Urban FQHC*. Poster session presented at the Institute for Healthcare Improvement National Forum, Orlando, FL.

Newton, T. & Meier, N. C. (2018, December). *Improving Timely Referrals by Implementing Lower Extremity Amputation Prevention Tool in a Suburban Wound Care Clinic*. Poster session presented at the Institute for Healthcare Improvement National Forum, Orlando, FL.

Tayebbi, A. & Meier, N. C. (2018, December). *Improving Timely Referrals by Implementing Lower Extremity Amputation Prevention Tool in a Suburban Wound Care Clinic*. Poster session presented at the Institute for Healthcare Improvement National Forum, Orlando, FL.

Wentzel, M. & Meier, N. C. (2018, December). *A Patient-Centered Approach to SIDS Risk Reduction at a Resident Physician OB/GYN Clinic*. Poster session presented at the Institute for Healthcare Improvement National Forum, Orlando, FL.

Faculty Adviser for Doctoral Projects

Fall 2020 Graduates

Medhus, Lillian. *Person-centered care in the postpartum period: Improving outcomes in a freestanding birth center*.

Ridore, Katya. *Improving diabetic quality measures and wellness through right-care utilizing a checklist within a private clinic*.

Spengler, Laci. *Improving Client-Centered Gestational Weight Gain Education, Screening, and Counseling in the Birth Center Setting*.

Carlson, Renee. *Diagnosis and Treatment of Obesity: Using Evidence-Based Guidelines for Effective Management*.

Summer 2020 Graduates

Spring 2020 Graduates

Winter 2020 Graduates

Fall 2019 Graduates

Balson, Amanda. *Standardizing Effective Laceration Aftercare Education and Follow-up in an Urban Urgent Care Setting.*

Borders, Noelle. *Project Discharge: Implementing an Effective, Patient-centered Discharge Process in OB Triage.*

Burger, Amy. *Promoting Exclusive Breastfeeding in an Urban Hospital Setting: Patient-Centered Care Utilizing Shared Decision-Making.*

Gragg, Michelle. *Quality Improvement Initiatives to Implement a Patient-Centered Continuum of Postpartum Care in Midwifery Practice*

Hefker, Marcia. *Improving Patient-Centered Continuity of Care Upon Re-Entry for Inmates with Opioid Use Disorder.*

Kendall, Jessica. *Effective Screening for Maternal Postpartum Depression at Well-Child Visits Using Screening, Brief Intervention, and Referral to Treatment (SBIRT).*

Michael, Hassanatu. *Improving Effective Screening and Management of Metabolic Syndrome Among Patients on Psychotropic Medications.*

Murphy, Randi. *Improving Timeliness of Urgent Care Triage Using the Canadian Triage and Acuity Scale.*

Twite-Lehnen, Kristine. *Providing Patient Centered Care by Implementing the ACOG Breastfeeding Toolkit in the Outpatient Clinic Setting.*

Orem, Victoria. *A Patient-Centered Approach to Providing Culturally Sensitive Prenatal Care in an Urban Federally Qualified Health Center.*

Owens, Sarah. *Birth Options Counseling Following Primary Cesarean Delivery: Patient Centered Care Utilizing Shared Decision Making.*

Ramsey, H. *Implementing an Effective Breastfeeding Education Program Utilizing the Academy of Breastfeeding Medicine's Protocol in an Outpatient Setting.*

Walker, Mary. *Increasing Patient-Centered Group Prenatal Visit Enrollment & Retention at an Urban, Hospital-Based Midwifery Clinic.*

White, Crystal. *Implementing an Effective Stress Management Program for Healthcare Workers through a Rural Occupational Health Clinic.*

Summer 2019 Graduates

Croswell-Polacek, Amanda. *An Effective Approach to Decreasing Inpatient Telemetry Readmission Rates Using the Lace Index.*

Davenport, Rochelle. *Providing Effective Postpartum Care for Gestational Diabetics in a Suburban OB/GYN Clinic.*

Lassiter, Nicole. *A TeamSTEPPS- based Communication Quality Improvement Project for Transfer from Birth Center to Hospital.*

Miller, Mary Kay. *Promoting Safe Physiologic Birth in a Tertiary Care Center Utilizing the ACNM Intermittent Auscultation Bundle.*

Thapa, Injala. *Increasing patient safety by reducing falls in a skilled nursing facility.*

Zinn, Melissa. *Providing Efficient Patient-Centered Care in a Military Group Prenatal Care Program.*

Spring 2019 Graduates

Carter, Jennifer. *Improving patient-centered obesity care in a Women's Health private practice utilizing a shared decision-making tool.*

Duquette, Danielle. *Improving accuracy and completeness of medical records to maintain patient safety in an urban OB-GYN clinic.*

Irvin, Chandra. *Implementation of a Patient-Centered Approach to Increasing Pediatric Influenza Vaccination Rates in a Rural Health Clinic.*

Lew, Mandi. *Postpartum Hemorrhage: Improving Safety in a Rural Obstetrics Unit through the Implementation of a Risk Assessment Tool and Simulation Based Training.*

Reeves, Clay. *Improving Efficiency and Quality of Diabetic Care by Implementing Evidence-Based Performance Measures.*

Ruhl, Catherine. *Implementing Effective Practices to Improve Postpartum Hemorrhage Readiness Using the CMQCC Toolkit.*

Powell, Rachel. *Patient-centered care improvement utilizing the chronic care model for rural diabetic patients' self-care goals.*

Yanchula, Heather. *Increasing the Percentage of Annual Diabetic Eye Exams Performed and Charted on Diabetic Patients Seen at Sheridan Care Clinic a Rural Outpatient Center.*

Winter 2019 Graduates

Caine, Megan. *Improving assessment and management of transgender and gender nonconforming patients.*

Ferrand, Pamela. *Providing Effective Type 2 Diabetic Care: Improving Eye Examination Referral Rates in a Florida Rural Primary Care Clinic.*

Flower, Lynda. *Improving patient safety: Implementing medication and nutritional supplement reconciliation at an integrative health clinic.*

Knisely, Laura. *Effective Discharge Transitions: Addressing Health Literacy to Reduce Readmissions in a Rural Ohio Hospital.*

Fall 2018 Graduates

Gorman, Ryan. *Implementing Effective Access to Naloxone and Opioid Abuse resources to at-risk patients in an emergency department in southern New Mexico.*

Sorrell, Samera. *Decreasing primary cesarean rates in the inpatient setting by improving efficacy of labor management utilizing the California Maternal Quality Care Collaborative (CMQCC) Supporting Vaginal Birth Toolkit*

Prescott, Caitlin. *Achieving Effective Care Utilizing the USPSTF Chlamydia and Gonorrhea Screening Recommendations in a Rural Reproductive Health Center*

Nicole Pothast. *Improving effective obesity screening and management of prenatal patients in a multi-site midwifery practice*

Jennifer Brown. *Improving Perinatal Depression with use of American Academy of Family Physicians' (AAFP) Postpartum Depression Toolkit.*

Carolyn Patton. *Implementing Effective Screening and Testing for Hepatitis C in a Rural Health Clinic.*

Stephanie Mitchell. *Safely Implementing Intermittent Auscultation as the Standard for Low Risk Women in Labor at an Urban Academic Women's Hospital.*

Summer 2018 Graduates

Amy Rohr. *Increasing Timely Colorectal Cancer Screening using a Shared Decision Making Tool at an urban FQHC.*

Brandi Ballantyne. *Implementing a Staying Safe Toolkit to Improve Safety in Adults with Dementia.*

Jessica Ery. *Gestational Diabetes Management: Right Care Protocol for timely patient-centered care for Middle Eastern Women.*

Alicia Fields. *Improving Efficiency of Self-Monitoring Blood Glucose Reporting Among Patients with Type 2 Diabetes via Telecommunication.*

Bradley Marzac. *Increasing safe prescribing through efficient screening of chronic pain patients in an outpatient setting: Utilizing the CDC Guideline for Prescribing Opioids for Chronic Pain.*

Jessica Simonis. *Improving patient-centered engagement and satisfaction with the physiologic birth process.*

Kathryn Gramlich. *Improving diabetic foot care in a primary care practice: A patient centered quality improvement project.*

Nancy Morris. *Improving Timeliness of Care in a Rural Clinic Utilizing the American Medical Associations Daily Huddle Toolkit.*

David Foisy. *Implementation of standardized guidelines to provide timely care with intracranial hemorrhage (ICH) patients in the Intensive Care Unit (ICU).*

Azam Tayyebi. *Improving timely vascular/podiatry referrals by implementing Lower Extremity Amputation Prevention (LEAP) tool.*

Francine Heying. *Type 2 Diabetes: Increasing Effective Care of Adult Patients in an Underserved Primary Care Clinic.*

Spring 2018 Graduates

Anne Jopling. *Effective screening for female urinary incontinence at the annual exam: Application of the screening, brief intervention and referral model.*

Barbara Bennett-Wolcott. *Implementing universal intimate partner violence screening using a patient centered shared decision making approach.*

Casey Lynch. *Improving patient centered sexually transmitted infection risk assessment: Utilizing the five Ps of sexual health history taking.*

Charonda Phifer. *Increasing effective gonorrhea and chlamydia screening and follow up care utilizing USPSTF guidelines.*

Jeannine Evans. *Implementing NICE anxiety guidelines for effective screening and treatment in a rural primary care setting.*

Madeleine Wentzel. *A patient centered approach to SIDS risk reduction at a resident physician ob/gyn clinic.*

Sandra Carrie Taylor. *Implementation of a personalized perfect care bundle: Providing “right care” to type 2 diabetics.*

Susan Fife. *A patient centered approach to increase college student HPV vaccination: Use of HPV toolkits at the TCU health center.*

Winter 2018 Graduates

Jessica Grobsmith. *Postpartum Hemorrhage: Implementing effective practices to increase early recognition and appropriate response in a hospital setting*

Vickie Scott. *Timely Detection of Risk for Diabetes in Native Americans visiting a Women's Health Clinic*

Jennifer Bonaventure. *Effective Use of Portions of the CMQCC Obstetric Hemorrhage Toolkit to Improve Hospital Preparedness for Postpartum Hemorrhage*

Fall 2017 Graduates

Crystal Gulotta. *Increase timeliness of skin-to-skin post cesarean to increase exclusive breastfeeding utilizing The Joint Commission Perinatal Care core measure on exclusive breastmilk feeding toolkit*

Caitlin Hainley. *Providing Effective, Patient Centered Support to Increase Exclusive Breastfeeding Rates at Mercy Hospital Des Moines*

Toni Frahm. *Improving the effectiveness of TDAP education in pregnant women at Madison Women's Clinic*

Margaret Gill. *Implementing a patient-centered approach to breastfeeding education among multicultural women in a community health center*

Casie Ussery. *Increasing Effective Screening and Treatment for Depression, Anxiety & Mental Health Wellness using the PHQ-9/GAD-7 Questionnaires*

Sandra Ulmer. *Safety First: Implementation of a Medication Reconciliation Initiative in a Rural Federally Qualified Health Center (FQHC)*

Elaine Candeloro. *A Piece of the Puzzle: Parent Completed Screening in Pediatric Primary Care for Timely Identification of Autism*

Renee Campbell. *Standardization for Effective Perinatal Depression Screening, Intervention, Treatment, and Follow-Up in an Urban Nurse Midwifery Clinic*

Summer 2017 Graduates

Jami England. *Improving Holistic and Effective Care of Rural Pediatric Asthma Patients Through Assessment of Quality of Life*

Amanda Olinde. *Implementing ISBAR and CABC Indicators of Compliance for transfers from the birth center to hospital to improve patient centered care.*

Melissa Mason. *Improving the Efficacy and Efficiency of Care for Atrial Fibrillation Patients Using Care Process Standardization at an Outpatient Arrhythmia Practice*

Summer 2017 Graduates

Carolyn Birchmore. *Antibiotic Stewardship in the Emergency Department: Increasing Effective Treatment for Acute Bronchitis Utilizing A Risk Stratification Tool*

Rosa Norris. *Implementing the Depression management toolkit for timely screening and management in a mobile healthcare practice.*

Megan Walker. *Improving Patient Centeredness and Timeliness of Care Using the American Medical Association Team Huddle Toolkit*

Carolyn Wetzel. *Utilization of the Academy of Breastfeeding Medicine's protocol: Breastfeeding promotion in the prenatal setting to improve patient centered care*

Spring 2017 Graduates

Winder, RaShawn. *Improving timeliness of care in OB Triage.*

Wissell, Audrie. *Timely prehospital EKG completion using the AHAs Mission Lifeline suspected coronary syndrome tool*