

Frontier Nursing University
CURRICULUM VITAE
Updated 1/20/2019

Niessa Meier
415 Coronado Drive
Kerrville, TX 78028
PHONE: 830-370-1701
Email Address: Niessa.meier@frontier.edu

LICENSURES and CERTIFICATIONS:

American Midwifery Certification Board	Expires 12/2020
Texas Advanced Practice RN	Expires 02/2021
Basic Life Support	Expires 10/2020
Neonatal Resuscitation Program	Expires 05/2020

EDUCATION:

<u>Institution and Location</u>	<u>Degree</u>	<u>Dates</u>	<u>Major</u>
Frontier Nursing University Hyden, KY	DNP	2014-2015	
Frontier School of Midwifery and Family Nursing Hyden, KY	MSN	2007-2009	Midwifery
University of Texas Health Science Center San Antonio, TX	BSN	1998-2000	Nursing

ACADEMIC EMPLOYMENT:

<u>Institution or Firm</u>	<u>Rank or Title</u>	<u>Dates</u>
Frontier Nursing University	Regional Clinical Faculty DNP Course Faculty	5/2014-5/2018 1/2017-present

OTHER EMPLOYMENT: (Include clinical and other professional employment)

<u>Institution or Firm</u>	<u>Rank or Title</u>	<u>Dates</u>
Peterson Women's Associates Kerrville, TX	Certified Nurse Midwife	2009-present
Peterson Regional Medical Center Kerrville, TX	Women's Services RN	2004-2009
University Health System San Antonio, TX	Labor and Delivery RN	2000-2004

HONORS, AWARDS AND HONOR SOCIETY MEMBERSHIPS:

<u>Date</u>	<u>Award or Honor</u>
2017	ACNM Vaccine Champion Award
2016	FNU RCF Student Choice Award
2014	ACNM Outstanding Preceptor Award Co-recipient
2009	Peterson Regional Medical Center Nurse of The Year Award

PUBLICATIONS:

Other

Kerr County People, 16 articles on women’s health, pregnancy and fetal development from 2010-2014

PRESENTATIONS:

Community Education:

Kerrville Mothers of Preschoolers meeting, presented on women’s wellness annually from 2010-2014

Annual presentation at the Peterson Regional Medical Center “Growing Up Beautifully” event for girls ages 8-13 and the women who care for them from 2011-2015

Annual presentation at the Peterson Regional Medical Center “Celebrate Your Pregnancy” event, various topics, from 2008-2014

FACULTY PRACTICE ACHIEVEMENTS:

Development and implementation of clinical improvement policy and implementation:

- Trial of Labor After Cesarean 2015
- Delayed cord clamping 2015
- Family centered cesarean birth 2012
- Hydrotherapy for laboring women 2009
- Intermittent fetal monitoring 2007
- Skin-to-skin infant transition 2007
- Initiation of lactation program & Texas Ten Steps Certification 2007

PROFESSIONAL ACTIVITIES:

Texas ACNM Affiliate (CTCNM)	President	2015-2018
Association of Perioperative Nurses	Member	2015-present
Coalition for Nurses in Advanced Practice	CTCNM rep	2010-2012
American College of Nurse Midwives	Member	2007-present
AWHONN Member	Member	2000-present

COMMUNITY PROFESSIONAL SERVICE:

Assistant Medical Director for The Pregnancy Resource Center; 2010-2014
Hill Country Charity Ball Executive Board Member 2013-2016

TEACHING ACTIVITIES:

Courses Taught

Course	Timeframe	Role
NM712, NM713, NM714, NM715, NM716	Summer 2014-Spring 2018	Regional Clinical Faculty
WH712, WH713, WH714, WH715, WH716, WH 639	Summer 2014-Spring 2018	Regional Clinical Faculty
PC730, PC731, PC732	Winter 2017-Summer 2018	DNP Faculty

Faculty Adviser for Doctoral Projects

Fall 2018 Graduates

Gorman, Ryan. *Implementing Effective Access to Naloxone and Opioid Abuse resources to at-risk patients in an emergency department in southern New Mexico.*

Sorrell, Samera. *Decreasing primary cesarean rates in the inpatient setting by improving efficacy of labor management utilizing the California Maternal Quality Care Collaborative (CMQCC) Supporting Vaginal Birth Toolkit*

Prescott, Caitlin. *Achieving Effective Care Utilizing the USPSTF Chlamydia and Gonorrhea Screening Recommendations in a Rural Reproductive Health Center*

Nicole Pothast. *Improving effective obesity screening and management of prenatal patients in a multi-site midwifery practice*

Jennifer Brown. *Improving Perinatal Depression with use of American Academy of Family Physicians' (AAFP) Postpartum Depression Toolkit.*

Carolyn Patton. *Implementing Effective Screening and Testing for Hepatitis C in a Rural Health Clinic.*

Stephanie Mitchell. *Safely Implementing Intermittent Auscultation as the Standard for Low Risk Women in Labor at an Urban Academic Women's Hospital.*

Summer 2018 Graduates

Amy Rohr. *Increasing Timely Colorectal Cancer Screening using a Shared Decision Making Tool at an urban FQHC.*

Brandi Ballantyne. *Implementing a Staying Safe Toolkit to Improve Safety in Adults with Dementia.*

Jessica Ery. *Gestational Diabetes Management: Right Care Protocol for timely patient-centered care for Middle Eastern Women.*

Alicia Fields. *Improving Efficiency of Self-Monitoring Blood Glucose Reporting Among Patients with Type 2 Diabetes via Telecommunication.*

Bradley Marzac. *Increasing safe prescribing through efficient screening of chronic pain patients in an outpatient setting: Utilizing the CDC Guideline for Prescribing Opioids for Chronic Pain.*

Jessica Simonis. *Improving patient-centered engagement and satisfaction with the physiologic birth process.*

Kathryn Gramlich. *Improving diabetic foot care in a primary care practice: A patient centered quality improvement project.*

Nancy Morris. *Improving Timeliness of Care in a Rural Clinic Utilizing the American Medical Associations Daily Huddle Toolkit.*

David Foisy. *Implementation of standardized guidelines to provide timely care with intracranial hemorrhage (ICH) patients in the Intensive Care Unit (ICU).*

Azam Tayyebi. *Improving timely vascular/podiatry referrals by implementing Lower Extremity Amputation Prevention (LEAP) tool.*

Francine Heying. *Type 2 Diabetes: Increasing Effective Care of Adult Patients in an Underserved Primary Care Clinic.*

Spring 2018 Graduates

Anne Jopling. *Effective screening for female urinary incontinence at the annual exam: Application of the screening, brief intervention and referral model.*

Barbara Bennett-Wolcott. *Implementing universal intimate partner violence screening using a patient centered shared decision making approach.*

Casey Lynch. *Improving patient centered sexually transmitted infection risk assessment: Utilizing the five Ps of sexual health history taking.*

Charonda Phifer. *Increasing effective gonorrhea and chlamydia screening and follow up care utilizing USPSTF guidelines.*

Jeannine Evans. *Implementing NICE anxiety guidelines for effective screening and treatment in a rural primary care setting.*

Madeleine Wentzel. *A patient centered approach to SIDS risk reduction at a resident physician ob/gyn clinic.*

Sandra Carrie Taylor. *Implementation of a personalized perfect care bundle: Providing “right care” to type 2 diabetics.*

Susan Fife. *A patient centered approach to increase college student HPV vaccination: Use of HPV toolkits at the TCU health center.*

Winter 2018 Graduates

Jessica Grobsmith. *Postpartum Hemorrhage: Implementing effective practices to increase early recognition and appropriate response in a hospital setting*

Vickie Scott. *Timely Detection of Risk for Diabetes in Native Americans visiting a Women's Health Clinic*

Jennifer Bonaventure. *Effective Use of Portions of the CMQCC Obstetric Hemorrhage Toolkit to Improve Hospital Preparedness for Postpartum Hemorrhage*

Fall 2017 Graduates

Crystal Gulotta. *Increase timeliness of skin-to-skin post cesarean to increase exclusive breastfeeding utilizing The Joint Commission Perinatal Care core measure on exclusive breastmilk feeding toolkit*

Caitlin Hainley. *Providing Effective, Patient Centered Support to Increase Exclusive Breastfeeding Rates at Mercy Hospital Des Moines*

Toni Frahm. *Improving the effectiveness of TDAP education in pregnant women at Madison Women's Clinic*

Carolyn Wetzel. *Utilization of the Academy of Breastfeeding Medicine's protocol: Breastfeeding promotion in the prenatal setting to improve patient centered care*

Margaret Gill. *Implementing a patient-centered approach to breastfeeding education among multicultural women in a community health center*

Casie Ussery. *Increasing Effective Screening and Treatment for Depression, Anxiety & Mental Health Wellness using the PHQ-9/GAD-7 Questionnaires*

Sandra Ulmer. *Safety First: Implementation of a Medication Reconciliation Initiative in a Rural Federally Qualified Health Center (FQHC)*

Elaine Candeloro. *A Piece of the Puzzle: Parent Completed Screening in Pediatric Primary Care for Timely Identification of Autism*

Renee Campbell. *Standardization for Effective Perinatal Depression Screening, Intervention, Treatment, and Follow-Up in an Urban Nurse Midwifery Clinic*

Summer 2017 Graduates

Carolyn Birchmore. *Antibiotic Stewardship in the Emergency Department: Increasing Effective Treatment for Acute Bronchitis Utilizing A Risk Stratification Tool*

Jami England. *Improving Holistic and Effective Care of Rural Pediatric Asthma Patients Through Assessment of Quality of Life*

Rosa Norris. *Implementing the Depression management toolkit for timely screening and management in a mobile healthcare practice.*

Amanda Olinde. *Implementing ISBAR and CABC Indicators of Compliance for transfers from the birth center to hospital to improve patient centered care.*

Megan Walker. *Improving Patient Centeredness and Timeliness of Care Using the American Medical Association Team Huddle Toolkit*

Melissa Mason. *Improving the Efficacy and Efficiency of Care for Atrial Fibrillation Patients Using Care Process Standardization at an Outpatient Arrhythmia Practice*

Spring 2017 Graduates

Winder, RaShawn. *Improving timeliness of care in OB Triage.*

Wissell, Audrie. *Timely prehospital EKG completion using the AHAs Mission Lifeline suspected coronary syndrome tool*

Workshops/CE Taught

Speaker: Call the Midwife: Midwives and Nurses in the Modern Obstetrical Unit
5/2017 Texas AWHONN Convention
San Marcos, TX

Speaker: Strategies for Preceptors
11/2015 The Gathering of Texas Midwives
Ingram, TX

Speaker: Promoting Change in the Healthcare Environment
02/2014 The Gathering of Texas Midwives
Ingram, TX

Speaker: The Family Centered Cesarean Section
3/2013 Texas AWHONN Convention
San Antonio, TX

Attendance at CEU Programs in last 3 years

2014 Gathering of Texas Midwives- Ingram, TX
2015 ACNM Annual Meeting- Washington, DC
2015 Gathering of Texas Midwives- Ingram, TX
2016 ACNM Annual Meeting- Albuquerque, NM
2016 Gathering of Texas Midwives- Ingram, TX
2017 Gathering of Texas Midwives- Ingram, TX