

Frontier Nursing University
CURRICULUM VITAE
Updated May 23, 2023

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LICENSURES and CERTIFICATIONS:

State: District of Columbia

APRN License No: RN67989

Initial Date: 6/3/1999

Renewal/Expiration Date: 6/30/2024

State: Connecticut

APRN License No: 8665

Initial Date: 05/01/2020

Renewal/Expiration Date: 05/21/2024

Board Certification: American Nurses Credentialing Center Family Nurse Practitioner

Date of Certification: 4/1/1999

Date of Re-certification: 3/31/2024

Board Certification: National League of Nurses, Certified Nurse Educator

Date of Certification: 4/12/2019

Date of Re-certification: 4/30/2024

EDUCATION:

<u>Institution and Location</u>	<u>Degree</u>	<u>Dates</u>	<u>Major</u>
Vanderbilt University, Nashville, TN	DNP	8/2013-5/2016	DNP
University of Pennsylvania, Philadelphia, PA	MSN	1/1998-12/1998	FNP
University of Pennsylvania, Philadelphia, PA	BSN	5/1996-12/1997	
Vanderbilt University, Nashville, TN	BS	8/1991-5/1995	Chemistry

ACADEMIC EMPLOYMENT:

<u>Institution or Firm</u>	<u>Rank or Title</u>	<u>Dates</u>
Frontier Nursing University	Instructor	12/2013 – present
Georgetown University School of Nursing	Instructor	2/2010-12/2013

OTHER EMPLOYMENT: (Include clinical and other professional employment)

<u>Institution or Firm</u>	<u>Rank or Title</u>	<u>Dates</u>
Minute Clinic	Committee Part Time Nurse Practitioner	12/2013-3/2021
Community of Hope Family Health and Birth Center	Part Time Nurse Practitioner	11/2007 – 2014
George Washington University Medical Faculty Associates	Full Time FNP	2005-2007

Walter Reed Army Medical Center Diabetes Institute,	Full Time FNP	2000-2005
Frederick Primary Care Associates	Full Time FNP	1999-2000

HONORS, AWARDS AND HONOR SOCIETY MEMBERSHIPS:

<u>Date</u>	<u>Award or Honor</u>
6/2012	State Award of Excellence, American Academy of Nurse Practitioners
Summer 2019	Frontier Nursing University Circle of Caring Award Nominee

PUBLICATIONS:

Vigersky, R., Filmore-Nassar, A, Glass, A. Thyrotropin Suppression by Metformin, *The Journal of Clinical Endocrinology & Metabolism*, 91: 225-227, 2006.

Nassar, A. F., Alemi, F., Hetmyer, A., Alemi, Y., Randolph, L. A., & Ramey, S. L. (2014). Automated monitoring to detect H1N1 symptoms among urban, medicaid-eligible, pregnant women: A community-partnered randomized controlled trial *Journal of Community Health*, 39(1), 159-166. doi:10.1007/s10900-013-9754-1 [doi]

PRESENTATIONS:

Maternal Influenza Vaccination: Use of Provider Vaccine Prompt
2019 Twelfth National Doctors of Nursing Practice Conference
August 2019

Developing Families Center: Data Analysis
National Summit of Clinicians for Healthcare Justice
October 2008

Annual State of the Region
The MidAtlantic Regional Conference for Nurse Practitioners
April 2005

A Case of Diabetes Mellitus (DM) and Insulin Resistance (IR) Associated With Congenital
Dyserythropoietic Anemia
American College of Nurse Practitioners
October 2004

A Case of Diabetes Mellitus (DM) and Insulin Resistance (IR) Associated With Congenital
Dyserythropoietic Anemia
The Endocrine Society
June 2003

RESEARCH ACTIVITIES:

Research Grants

Agency: National Institute of Child Health and Human Development
Identifying Number: IRB: 11-521
Title of Project: Service Delivery Models to Reduce Maternal and Child Health Disparities
Dates of Project Period: 2006-2013
Role on Project: Lead Project Coordinator

PROFESSIONAL ACTIVITIES:

American Academy of Nurse Practitioners (AANP)
Member: 2022- present

National League for Nursing (NLN)
Member: 2019 - present

Nurse Practitioner Association of the District of Columbia (NPADC)
President: 2005-2006
Past President: 2006-1007
Member: 1999-present

Sigma Theta Tau International
Member: 1999-present

UNIVERSITY SERVICE:

Curriculum Committee Secretary, 2019 - 2022
Bridge Faculty Mentor Team Member, 2017 – 2020
Diversity and Inclusion Committee Member, 2016 - 2018
Diversity and Inclusion Curriculum Subcommittee Member, 2016 - 2018
Versailles Campus Site Planning Committee Member, 2016 - present
3 Ps Faculty Mentor Team Member, 2015-2017

COMMUNITY PROFESSIONAL SERVICE:

District of Columbia Board of Nursing
Vice Chair: 2008-2010
Member: 2006-2010

Community Advisory Board Developing Families Center
Member: 2008 - 2017

TEACHING ACTIVITIES:FNU Courses Taught

Advance Physical Assessment, Clinical Reasoning, and Documentation, PC716
Role: Course Faculty
Term: Spring 2023
Number of Students: 30

Family Nurse Practitioner Virtual Clinic I, NP712
Role: Course Faculty
Term: Spring 2023
Number of Students: 20

Advance Physical Assessment, Clinical Reasoning, and Documentation, PC716
Role: Course Faculty
Term: Winter 2023

Number of Students: 30

Family Nurse Practitioner Virtual Clinic I, NP712

Role: Course Faculty

Term: Winter 2023

Number of Students: 20

Advance Physical Assessment, Clinical Reasoning, and Documentation, PC716

Role: Course Faculty

Term: Fall 2022

Number of Students: 40

Family Nurse Practitioner Virtual Clinic I, NP712

Role: Course Faculty

Term: Fall 2022

Number of Students: 20

Advance Physical Assessment, Clinical Reasoning, and Documentation, PC716

Role: Course Faculty

Term: Summer 2022

Number of Students: 35

Family Nurse Practitioner Virtual Clinic I, NP712

Role: Course Faculty

Term: Summer 2022

Number of Students: 20

Advance Physical Assessment, Clinical Reasoning, and Documentation, PC716

Role: Course Faculty

Term: Spring 2022

Number of Students: 37

Family Nurse Practitioner Virtual Clinic I, NP712

Role: Course Faculty

Term: Spring 2022

Number of Students: 20

Advance Physical Assessment, Clinical Reasoning, and Documentation, PC716

Role: Course Faculty

Term: Winter 2022

Number of Students: 56

Family Nurse Practitioner Virtual Clinic I, NP712

Role: Course Faculty

Term: Winter 2022

Number of Students: 20

Advance Physical Assessment, Clinical Reasoning, and Documentation, PC716

Role: Course Faculty

Term: Fall 2021

Number of Students: 56

Family Nurse Practitioner Virtual Clinic I, NP712

Role: Course Faculty

Term: Fall 2021

Number of Students: 20

Advance Physical Assessment, Clinical Reasoning, and Documentation, PC716

Role: Course Faculty

Term: Summer 2021

Number of Students: 56

Family Nurse Practitioner Virtual Clinic I, NP712

Role: Course Faculty

Term: Summer 2021

Number of Students: 20

Advance Physical Assessment, Clinical Reasoning, and Documentation, PC706

Role: Course Faculty

Term: Spring 2021

Number of Students: 56

Family Nurse Practitioner Virtual Clinic I, NP712

Role: Course Faculty

Term: Spring 2021

Number of Students: 20

Advance Physical Assessment, Clinical Reasoning, and Documentation, PC706

Role: Course Faculty

Term: Winter 2021

Number of Students: 34

Family Nurse Practitioner Virtual Clinic I, NP712

Role: Course Faculty

Term: Winter 2021

Number of Students: 20

Advance Physical Assessment, Clinical Reasoning, and Documentation, PC706

Role: Course Faculty

Term: Fall 2020

Number of Students: 56

Family Nurse Practitioner Virtual Clinic I, NP712

Role: Course Faculty

Term: Fall 2020

Number of Students: 20

Nursing Theory, N405

Role: Course Coordinator

Term: Summer 2020

Number of Students: 32

Advance Physical Assessment, Clinical Reasoning, and Documentation, PC706

Role: Course Faculty

Term: Summer 2020

Number of Students: 27

Nursing Theory, N405

Role: Course Coordinator

Term: Winter 2020

Number of Students: 27

Principles of Health Promotion, PC701

Role: Course Faculty

Term: Winter 2020

Number of Students: 46

Nursing Theory, N405

Role: Course Coordinator

Term: Fall 2019

Number of Students: 31

Principles of Health Promotion, PC701

Role: Course Faculty

Term: Fall 2019

Number of Students: 48

Nursing Theory, N405

Role: Course Coordinator

Term: Summer 2019

Number of Students: 29

Principles of Health Promotion, PC701

Role: Course Faculty

Term: Summer 2019

Number of Students: 40

Nursing Theory, N405

Role: Course Coordinator

Term: Spring 2019

Number of Students: 35

Statistics, N404

Role: Course Faculty

Term: Spring 2019

Number of Students: 97

Nursing Theory, N405

Role: Course Coordinator

Term: Winter 2019

Number of Students: 29

Statistics, N404

Role: Course Faculty
Term: Winter 2019
Number of Students: 134

Nursing Theory, N405
Role: Course Coordinator
Term: Fall 2018
Number of Students: 24

Statistics, N404
Role: Course Faculty
Term: Fall 2018
Number of Students: 85

Nursing Theory, N405
Role: Course Coordinator
Term: Summer 2018
Number of Students: 24

Statistics, N404
Role: Course Faculty
Term: Summer 2018
Number of Students: 108

Nursing Theory, N405
Role: Course Coordinator
Term: Spring 2018
Number of Students: 25

Statistics, N404
Role: Course Faculty
Term: Spring 2018
Number of Students: 72

Nursing Theory, N405
Role: Course Coordinator
Term: Winter 2018
Number of Students: 26

Statistics, N404
Role: Course Faculty
Term: Winter 2018
Number of Students: 95

Nursing Theory, N405
Role: Course Coordinator
Term: Fall 2017
Number of Students: 24

Physical Assessment, N400

Role: Course Faculty
Term: Fall 2017
Number of Students: 56

Nursing Theory, N405
Role: Course Faculty
Term: Summer 2017
Number of Students: 22

Advance Physical Assessment, PC706
Role: Course Faculty
Term: Summer 2017
Number of Students: 44

Advance Physical Assessment, PC706
Role: Course Faculty
Term: Spring 2017
Number of Students: 165

Advance Physical Assessment, PC706
Role: Course Faculty
Term: Winter 2017 (medical leave during term)
Number of Students: 182

Advance Physical Assessment, PC706
Role: Course Faculty
Term: Fall 2016
Number of Students: 152

Advance Physical Assessment, PC706
Role: Course Faculty
Term: Summer 2016
Number of Students: 151

Communication and Intro to Scholarly Writing, PC700
Role: Course Faculty
Term: Summer 2016
Number of Students: 10

Advance Physical Assessment, PC706
Role: Course Faculty
Term: Spring 2016
Number of Students: 124

Advance Physical Assessment, PC706
Role: Course Faculty
Term: Winter 2016
Number of Students: 151 (35 assigned to me)

Primary Care II, NP705

Role: Course Faculty
Term: Fall 2015

Georgetown University Courses Taught

Primary Care of Family III, Nuro 714
Role: Synchronous Session Leader / Instructor
Number of Direct* Contact Hours: 32.5
Year Taught: 2013 - 2014
Number of Students: 10

Primary Care of Family III, Nurs 714
Role: Lecturer
Number of Direct* Contact Hours: 4
Year Taught: 2013
Number of Students: 18

Name and Course Number: Advanced Health Assessment, Nurs 528
Role: Instructor
Number of Direct Contact Hours*: 20 hours
Year Taught: 2013
Number of Students: 10

Primary Care of Family II, Nurs 691
Role: Lecturer
Number of Direct* Contact Hours: 10
Year Taught: 2013
Number of Students: 18

Primary Care of Family I, Nurs 687
Role: Coordinator, Lecturer
Number of Direct* Contact Hours:
Year Taught: 2013
Number of Students: 18

Name and Course Number: Primary Care of Family IV, Nurs 752
Role: Co-coordinator and Lecturer
Number of Direct Contact Hours*: 20 hours
Year Taught: 2012
Number of Students: 18

Name and Course Number: Professional Aspects, Nuro 538
Role: Synchronous Session Leader
Number of Direct Contact Hours*: 22 hours
Year Taught: 2012
Number of Students: 10

Name and Course Number: Primary Care of Family II, Nurs 691
Role: Lecturer
Number of Direct Contact Hours*: 10 hours

Year Taught: 2012
 Number of Students: 18

Primary Care of Family III, Nuro 714
 Role: Synchronous Session Leader / Instructor
 Number of Direct* Contact Hours: 32.5
 Year Taught: 2013 - 2014
 Number of Students: 10

Primary Care of Family III, Nurs 714
 Role: Lecturer
 Number of Direct* Contact Hours: 4
 Year Taught: 2013
 Number of Students: 18

Name and Course Number: Advanced Health Assessment, Nurs 528
 Role: Instructor
 Number of Direct Contact Hours*: 20 hours
 Year Taught: 2013
 Number of Students: 10

Primary Care of Family II, Nurs 691
 Role: Lecturer
 Number of Direct* Contact Hours: 10
 Year Taught: 2013
 Number of Students: 18

Primary Care of Family I, Nurs 687
 Role: Coordinator, Lecturer
 Number of Direct* Contact Hours:
 Year Taught: 2013
 Number of Students: 18

Name and Course Number: Primary Care of Family IV, Nurs 752
 Role: Co-coordinator and Lecturer
 Number of Direct Contact Hours*: 20 hours
 Year Taught: 2012
 Number of Students: 18

Name and Course Number: Professional Aspects, Nuro 538
 Role: Synchronous Session Leader
 Number of Direct Contact Hours*: 22 hours
 Year Taught: 2012
 Number of Students: 10

Name and Course Number: Primary Care of Family II, Nurs 691
 Role: Lecturer
 Number of Direct Contact Hours*: 10 hours
 Year Taught: 2012
 Number of Students: 18

Name and Course Number: Primary Care of Family I, Nurs 685
 Role: Co-coordinator and Lecturer
 Number of Direct Contact Hours*: 20 hours
 Year Taught: 2011
 Number of Students: 18

Name and Course Number: Professional Aspects, Nuro 538
 Role: Course Architect
 Year Taught: 2011

Name and Course Number: Advanced Health Assessment, Nuro 528
 Role: Synchronous Session Leader / Instructor
 Number of Direct Contact Hours*: 20 hours
 Year Taught: 2011
 Number of Students: 10

Name and Course Number: Advanced Health Assessment, Nurs 528
 Role: Instructor
 Number of Direct Contact Hours*: 20 hours
 Year Taught: 2010
 Number of Students: 10

Clinical Placement Director, Campus FNP Clinical Placements
 2011 – 2013
 90 Clinical placements arranged per year.

Clinical Faculty Advisor, FNP Students
 2010 - 2013

Attendance at CEU Programs in last 3 years

- 2022 AANP National Conference, Online, 6/2022
- 12th Annual DNP Conference, 8/2019
- NONPF 45th Annual Meeting, 4/2019
- National League of Nursing, CNE Prep, 4/2019
- NONPF Special Topics, 12/2018
- AANP National Conference, 6/2017
- ACNM 60th Annual Meeting and Exhibition, 6/2015
- NONPF 41st Annual Meeting, 4/2015
- Federal Motor Safety Administration Approved Medical Examiner Course, National Registry of Certified Medical Examiners/MedPro, 7/2014
- 15th Annual International Summit on Improving Patient Care in the Office Practice and Community, Institute for Healthcare Improvement, 3/2014
- 5 Hour Skills Lab Training Breastfeeding, District of Columbia Breastfeeding Coalition, 11/2013
- Neonatal Resuscitation Certification, American Academy of Pediatrics, 9/2013
- Contraceptive Technology, Sexually Transmitted Diseases Pre Conference, 4/2013