

CURRICULUM VITAE

April 2024

NAME: Kathleen (Kathy) Caorle Gardner, DNP, ARNP, FNP-BC, CNM, CNE

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LICENSURES and CERTIFICATIONS:

Registered Professional Nurse, Advanced Practice NP, CNM, Georgia RN266196

Expires 1/31/2025

Board Certified FNP: American Nurse Credentialing Corporation (ANCC) #2010003319

Exp 4/2025

Certified Nurse-Midwife American Midwifery Certification Board #6794 Exp 12/2026

Certified Nurse Educator, National League for Nursing #NLN564164 Exp 12/2025

EDUCATION:

Institution and Location Degree Dates Major

Frontier Nursing University, Kentucky DNP 2014 Nursing

Frontier Nursing University, Kentucky Post Master's Certificate 2009 Family Practice

University of Southern California MS Nursing 1993 Nurse-Midwifery

California State University Long Beach BS Nursing 1986 Nursing

ACADEMIC EMPLOYMENT:

Institution or Firm Rank or Title Dates

Frontier Nursing University Instructor 2017-present Frontier Nursing University Instructor

2014-2015 Frontier Nursing University Regional Clinical Faculty 2011-2014

Frontier School Midwifery and Family Nursing Course Faculty 1997-1999

OTHER EMPLOYMENT:

Institution or Firm Title Dates

Premiere Continuing Education 2022-2023

Piedmont Healthcare Family Nurse Practitioner 2020-2022

Atlanta Birth Center Home visit nurse 2018-2019

CVS Minute Clinic Family Nurse Practitioner 2010-2017

CVS Minute Clinic Evidence-Based Practice 2013-2015 Guideline Development Group

CVS Minute Clinic Research Council member 2012-2013

CVS Minute Clinic Preceptor Coordinator 2012

Trinity Medical Associates Family Nurse Practitioner 2010

Suncoast Clinical Research Sub-Investigator 2004-2009

New Horizons Ob/Gyn CNM 2004-2009

Birthing From Within Mentor Childbirth Educator 2004-2009

Ladies and Babies Ob/Gyn CNM 2000-2003

Women's Health Care CNM 1996-1999

North Florida Medical Centers CNM 1994-1996

Long Beach Memorial Medical Center Perinatal Clinical Research 1990-1992

Coordinator

Long Beach Memorial Medical Center RN 1986-1992

FELLOW APPOINTMENTS, HONORS, AWARDS AND HONOR SOCIETY

MEMBERSHIPS:

PUBLICATIONS:

Articles in Refereed Journals

Gardner, K. (1993). Twin Transfusion Syndrome. *Journal of Obstetrical, Gynecological, and Neonatal Nursing*; 22:64-71.

Nonrefereed publications:

Gardner, K. (2022). *Introduction to telehealth and telemedicine*. Premiere Continuing Education. <https://www.premierece.com/all-courses/>

Gardner, K. (2023). *The latest on ketamine and esketamine for treatment resistant depression*. Premiere Continuing Education. <https://www.premierece.com/all-courses/>

Gardner, K. (2023). *Controlled substance prescribing and verification with true crime and real life stories*. Premiere Continuing Education. <https://www.premierece.com/all-courses/>

PRESENTATIONS:

Gardner, K.C., Arbour, M.A., Gebb, B. (2019). Are the ACNM hallmarks of care found in prominent point-of-care evidence-based practice resources? Poster presentation at the Frontier Nursing University Research Symposium, Hyden, KY

Iorillo, K.G., & Nichols, M.R. (2015, February). Knowledge and utilization of evidence-based practice for advanced practice nurses: A literature synthesis and strategic plan (DNP capstone project). Poster presentation at the meeting of the Southern Nursing Research Symposium, Tampa, FL.

Iorillo, K. G. (2014, May). Corticosteroids for common acute conditions. Podium presentation at the Retail Clinicians Education Congress Annual Meeting, Minneapolis, MN

Towers, CN, Lewis DL, Asrat T., Gardner, KC, Perlow JH. Does Group B Streptococcus (GBS) shorten the latency phase of patients with premature preterm rupture of the membranes (PPROM)? Poster Presentation #413, American Journal Of Obstetrics and Gynecology, 1992; 166 (supple.):388.

Invited – Keynote Speaker, Florida Career College Commencement, 2011

PEER REVIEW:

Cultural Folklore Practices Among Latinx women in Self-managing Bacterial Vaginosis (October, 2022). *The Journal of Nurse Practitioners*.

Beyond Fluconazole: A Review of Vulvovaginal Candidiasis (June, 2023). *The Journal of Nurse Practitioners*.

The Effect of prenatal marijuana use on newborn outcomes (October, 2023). *The*

RESEARCH ACTIVITIES:

Research Participation (2004-2009)

Role in this research: Sub-Investigator under **Suncoast Clinical Research**

A Double-Blind, Randomized, Placebo- and Active-Controlled, Efficacy and Safety Study of XXXXX/XXXXX

Estrogens Combinations for Treatment of Moderate to Severe Vulvar/Vaginal Atrophy in Postmenopausal Women

Comparison of the Safety and Efficacy of a Unique Intravenous Iron Preparation (XXXXX) versus Oral Iron in the Treatment of Iron Deficiency Anemia Secondary to Heavy Uterine Bleeding

A Double-Blind, Randomized, Placebo-Controlled, Dose-Ranging Study of the Effects of XXXXX in the Reduction of Symptoms Associated with Endometriosis in Reproductive Age Women

A Randomized Study to Evaluate Safety and Efficacy of Transitioning Therapy from Alendronate to XXXX (XXXXX) in Postmenopausal Women with Low Bone Mineral Density

A Twenty Four Week, Randomized, Double-Blind, Placebo-Controlled, Safety and Efficacy Trial of XXXXX 25 Milligrams Twice Daily and 50 Milligrams Once Daily and Twice Daily in Premenopausal Women with Hypoactive Sexual Desire Disorder in North America

A Twelve Month, Open-Label, Safety Trial of XXXXX 50 milligrams to 100 milligrams Daily in Women with Hypoactive Sexual Desire Disorder

Efficacy and Safety of XXXXX in the Treatment of Vulvar and Vaginal Atrophy (VVA) in Postmenopausal Women: A 12 Week, Randomized, Double-Blind, Placebo-Controlled, Parallel-Group Study Comparing Oral XXXXX 30 mg and 60 mg Daily Doses with Placebo

Long-Term Safety Study of 30 mg and 60 mg Oral Daily Doses of XXXXX in the Treatment of Vulvar and Vaginal Atrophy (VVA) in Postmenopausal Women with An Intact Uterus: A 40-Week Randomized, Double-Blind, Placebo-Controlled, Follow Up to Protocol XX XXXXX

Long Term Safety of 60 mg Oral Daily Dose for the Treatment of Vulvar and Vaginal Atrophy (VVA) in

Postmenopausal Women Without a Uterus: A 52 Week Open-Label Follow-Up to Protocol XX-XXXXX

Open-Label Study of the Safety and Efficacy of a New Low Dose Oral Contraceptive Containing XXXXX XXXXX and XXXXX XXXXX

The Effect of Dose Titration and Dose Tapering on the Tolerability of XXXXX In Women With Vasomotor Symptoms Associated with Menopause

Research Participation (1990-1992)

Role in this research: **Clinical Research Coordinator**: Participation included participation in study design, methods and materials, informed consent, IRB and budget

approval, literature review, data collection.

A reference range for CD4+ T lymphocytes during normal human pregnancy and postpartum. Principle Investigator: Craig V. Towers, MD.

An auditing protocol to reduce the incidence of unnecessary Cesarean sections: A report from a tertiary private teaching hospital. Principle Investigator: Craig V. Towers, MD.

Assessment of ultrasound measurements for patients at risk for fetal macrosomia.

Principle Investigators: Michael P. Nageotte, MD and Kathy C. Gardner, RN.

A randomized trial of delayed pushing versus active management in the second stage of labor with lumbar epidural anesthesia. Principle Investigators: Tamarou Asrat, MD and Kathy C. Gardner, RN.

Comparison of the TDx fetal lung maturity test to the Lecithin Sphingomyelin ratio in predicting fetal lung maturity. Principle Investigator: Craig V. Towers, MD

Dilapan synthetic hydroscopic dilator for pre-induction cervical ripening. Principle Investigator: Jonathan Weeks, MD

Evaluation of continuous droperidol infusion for the management of severe hyperemesis gravidarum. Principle investigator: Michael P. Nageotte, MD and Gerald Briggs, Pharm D.

Evaluation of the TDx FLM Assay for assessing fetal lung maturity. Principle Investigator: Craig V. Towers, MD

Fetal fibronectin in premature labor: Interpretation of interval sampling and subsequent outcome. Principle Investigator: Michael P. Nageotte, MD

Intravenous administration of phenobarbital to reduce the incidence of intraventricular hemorrhage in the premature infant: A double blind, randomized, placebo-controlled trial. Principle Investigator: Steven Thomas, MD.

Perinatal transmission of Hepatitis B in pregnancy: Is amniocentesis a risk factor? Principle Investigator: Craig V. Towers, MD

Prospective randomized trial of tocolysis in patients with third trimester bleeding. Principle Investigator: Craig V. Towers, MD.

Randomized trial of antibiotics and tocolysis for patients with preterm labor and positive fetal fibronectin in the lower genital tract. Principle Investigator: Michael P. Nageotte, MD

The effect of freezing on phosphatidylglycerol analysis using the Amniostat FLM test. Principle investigator: Craig V. Towers, MD

The effects of thyrotropin releasing hormone (TRH) and betamethasone on neonatal respiratory morbidity in pregnancies complicated by preterm premature rupture of membranes. (PPROM). Principle Investigator: Michael P. Nageotte, MD and David Jackson, MD

The incidence and outcome of maternal-fetal hemorrhage in high risk pregnancies: A Prospective Study. Principle Investigator: Douglas Montgomery, MD

The lecithin-sphingomyelin ration of meconium. Principle Investigator: Cherie Johnson, MD Randomized trial of prostaglandin E2 vaginal suppositories or high dose intravenous oxytocin for second trimester pregnancy termination. Principle investigator: Margaret Hutchinson, MD

Twin twin transfusion syndrome: Antenatal factors and long term follow-up.

Principle Investigator: K Berkowitz,MD.

PROFESSIONAL ACTIVITIES:

Memberships and Positions Held in Professional Organizations (current)

2024-current Georgia Nurses Association

2017-current American College of Nurse-Midwives

2017 American College of Nurse-Midwives, Georgia chapter (member)

2015-2021 Sigma Theta Tau, Chi Pi Chapter (member)

2010-current American Association of Nurse-Practitioners (member)

1994-2010 American College of Nurse-Midwives (member)

Policy and Advisory Board Memberships

2001-2004 Member, Board of Directors, Healthy Start, Pasco County, FL

Other:

2014: Lobby Days with Florida Nurses Association. Presented fact sheet and letters regarding autonomous NP practice, went to committee meetings, met with legislators.

UNIVERSITY SERVICE (current):

2022: Rank Committee-secretary 2024

2021: Admissions Committee-secretary 2024

UNIVERSITY SERVICE (past):

2017-2018: Research Committee

2014-15: Frontier Nursing University Honor Society: Publicity and CEU Activities Chair

2014-15, 17-21: Scholarship Committee

COMMUNITY PROFESSIONAL SERVICE (last 5 years):

Date Role, Award or Honor

2019 - present: Volunteer service with women in recovery with alcohol or substance use disorder

2019 Atlanta Humane Society - volunteer animal assistant

2019 Atlanta Botanical Gardens - volunteer gardener

2017 Atlanta Birth Center – Volunteer midwife assistant

TEACHING ACTIVITIES:

Courses Taught (at Frontier Nursing University)

Ongoing: Clinical Bound, Frontier Bound

2024-present PC707 Advanced Pharmacology

2023-present: PC716 Advanced Health assessment

2023: PC701 Health Promotion

2018-2023: PC718 Evidence-based practice

2021: Grading physical assessment

2017 PC700 Introduction to Scholarly Writing, PC713 Principles of Independent Practice, PC718 Evidence Based-Practice, PC730-732 DNP Clinical Courses

2015: Clinical Faculty, Clinical Bound, PC628, PC629 for FNP students
2014-15: Evidence Based Practice, PC703, Instructor
2010-2014 Regional Clinical Faculty for FNP students
1995-1996: Course Faculty, Antepartum Course
1994-1996: Clinical Faculty, Clinical Bound for midwifery students
1994: Course Faculty, Newborn Course
Attendance at CEU Programs in last 3 years
2024: Advanced Clinical Pharmacology Course (38 CEs) PESI
2024: Treating Trauma The Master Series (10 CEU). The National Institute for the Clinical Application of Behavioral Medicine.

- How to Work With Shame (4 CEU) The National Institute for the Clinical Application of Behavioral Medicine.

2023: Teaching Professor Online Conference

- Safe Opiate Prescribing - PACE (3 CEU)
- Million Hearts Learning Lab - CDC (0.75 CEU)

2022: Introduction to Telehealth and Telemedicine - Premiere (1.5 CEU)
2015-2022 Various FNP clinically-related CEUs