

CURRICULUM VITAE

NAME: Kalena Lanuza, DNP, MSN, APRN FNP-C, CLC*

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LICENSURE AND CERTIFICATION

Family Nurse Practitioner: Board of Registered Nursing; California

Family Nurse Practitioner: American Academy of Nurse Practitioners Certification

Registered Nurse: Board of Registered Nursing; California

Public Health Nurse: Board of Registered Nursing; California

Basic Life Support for Healthcare Providers

Certified Lactation Counselor*

EDUCATION

<u>Institution and Location</u>	<u>Degree</u>	<u>Dates</u>	<u>Major</u>
Frontier Nursing University, KY	DNP	2018	Doctor of Nursing Practice
Western University of Health Sciences, CA	MSN	2014	Family Nurse Practitioner
California State University Northridge, CA	BSN	2011	Nursing
Ventura Community College, CA	ADN	2003	Nursing
Simi Valley Adult School, CA	LVN	1996	Nursing

ACADEMIC EMPLOYMENT:

<u>Institution or Firm</u>	<u>Rank or Title</u>	<u>Dates</u>
Frontier Nursing University	DNP Clinical Faculty	2019-Present
Chamberlain University	Adjunct Faculty	2018-2019
California State University Channel Islands	Adjunct Faculty	2015-2019

CLINICAL EMPLOYMENT:

<u>Institution or Firm</u>	<u>Rank or Title</u>	<u>Dates</u>
Dr. David Ghausi Ob-Gyn, Inc.	Family Nurse Practitioner	2015-Present
Vista Del Mar Medical Group	Family Nurse Practitioner	2015-2017
Los Robles Hospital & Medical Center	Staff RN	2008-2017
Free Clinic of Simi Valley	Family Nurse Practitioner	2015-2016
Children's Hospital of Los Angeles	Staff RN	2007-2009
St. John's Regional Medical Center	Staff RN	2003-2007
Ventura County Medical Center	Staff RN	2001-2003
Livingston Memorial Visiting Nurses Assoc.	Staff LVN	2001-2003
Nurse Finders of Hawai'i	Staff LVN	1997-2001
Los Robles Hospital & Medical Center	Staff LVN	1996-1997

HONORS, AWARDS AND HONOR SOCIETY MEMBERSHIPS:

<u>Date</u>	<u>Honor Society Membership</u>
2008-Present	Sigma Theta Tau: Gamma Tau Chapter

<u>Date</u>	<u>Award or Honor</u>
2019	DAISY Award for Extraordinary Nurse Faculty Nominee
2014	Who's Who Among American Universities & Colleges
2013	Dean's List: Western University of Health Sciences, College of Graduate Nursing, Pomona, California
2012	HCA Frist Humanitarian Award Nominee
2008	Sigma Theta Tau Honor Society of Nursing Inductee
2007	Catholic Healthcare West Values in Action Award Nominee
2007	Dean's Award: California State University, Northridge, California
2005	Health Ministry Award; Republic of Nicaragua

PUBLICATIONS

Published Media or Teaching Materials

Lanuza, K. (2018). Perinatal Mood & Anxiety Disorder perinatal provider toolkit: An evidence based guide & resources for perinatal providers. Maternal Mental Health Coalition of Ventura County. <https://www.maternalmentalhealthventura.org/resources/>

Lanuza, K., Andric, K., & Stepler, P. (2017). Peer facilitated PMAD support group toolkit Maternal Mental Health Coalition of Ventura County. <https://www.maternalmentalhealthventura.org/new-page/>

Abstracts

Lanuza, K., & Gonzalez, J. (2018, December). A multi-disciplinary, community approach to decrease the stigma surrounding maternal mental health disorders in Ventura County. CSUCI SURF Faculty Projects. <https://www.csuci.edu/studentresearch/opportunities/surf-summer-research/faculty-projects-summer-18.htm>

Dissertation

Lanuza, K. (2018). Implementation of a safety bundle to improve maternal mental healthcare in an obstetric setting. Doctoral project. Frontier Nursing University, Hyden, Kentucky. <https://frontier.contentdm.oclc.org/digital/collection/dc/search/searchterm/lanuza>

PRESENTATIONS

Invited

Lanuza, K. (2019, Sep.). It's a beautiful day in the neighborhood: A community approach to improving perinatal mental health. Empower 2019: Nurse Midwives Improving Patient Care Through Teamwork; Frontier Nursing University Virtual Event. Hyden, Kentucky (Presentation)

Lanuza, K. (2018, Nov.). Mental health, motherhood and civic engagement: Excerpts from the Haumea report: University of California Los Angeles, CA: Asian American Studies Department (Presentation)

Lanuza, K., & Andric, K. (2018, March). Implementation of Perinatal Mood & Anxiety Disorder screening in the pediatric setting. Dignity Health. Oxnard, CA. (Presentation)

Lanuza, K. (2011, March). Importance of parental and healthcare provider collaboration in the neonatal intensive care environment. March of Dimes- March for Babies Keynote Address, Simi Valley, CA. (Presentation)

Refereed

Lanuza, K. (2018, Dec.). Improving effective maternal mental healthcare in an obstetric setting: Postpartum Support International. Portland, OR (Poster)

Christianson, B., & **Lanuza, K.** (2019). Advocacy in action: A community approach to improve college campus breastfeeding support. California Breastfeeding Coalition: Annual Conference, Garden Grove, CA (Poster)

Lanuza, K. (2018, Dec.). Implementation of a safety bundle to improve effective maternal Mental healthcare in an obstetric setting: Institutes for Healthcare Improvement; National Forum, Orlando, FLA (Poster)

Other

Lanuza, K., & Davis, L. (2018). Dar Luz: Reducing the stigma of maternal mental health disorders in Latina women. California State University Channel Islands; Art Under the Stars (Presentation).

Lanuza, K., & Andric, K. (2018). Evolution of a local maternal mental health coalition. PAC/LAC; Maternal Mental Health Roundtable. Los Angeles, CA. (Presentation)

Lanuza, K. (2017). Breastfeeding and newborn nutrition. Moorpark College; Health & Nutrition. Moorpark, CA. (Presentation)

Lanuza, K., & Andric, K. (2017). Perinatal Mood & Anxiety Disorders: A community assessment First 5 Board of Supervisors. Camarillo, CA. (Presentation)

Lanuza, K. (2016). Cervical cancer prevalence, screening and prevention. Relay for Life- California State University, Channel Islands, CA. (Presentation)

Lanuza, K. (2015). Tongue Tie: A parent's view. Breastfeeding Coalition of Ventura County

Provider Symposium, Camarillo, CA. (Presentation)

RESEARCH ACTIVITIES:

Dissertation

Lanuza, K. (2018). Implementation of a safety bundle to improve maternal mental healthcare in an obstetric setting. Doctoral project.

Frontier Nursing University, Hyden, Kentucky.

<https://frontier.contentdm.oclc.org/digital/collection/dc/search/searchterm/lanuza>

Additional research projects

Lead faculty. A multi-disciplinary, community approach to decrease the stigma surrounding maternal mental health disorders in Ventura County. Student Undergraduate Research Fellow Program. Dates: 1/2019-8/2019.

PROFESSIONAL ACTIVITIES:

Memberships and Positions Held in Professional Organizations

Member, American Association of Nurse Practitioners, 2014-Present

Member, Nurse Practitioner's in Women's Health, 2014-Present

Member, American College of Obstetricians and Gynecologists, 2018-Present

Member, Association of Women's Health, Obstetric and Neonatal Nurses, 2017-Present

Member, Asian American/ Pacific Islander Nurses Association, 2012-Present

Member, American Holistic Nurses Association, 2012-2017

Member, Academy of Breastfeeding Medicine, 2013-2015

Policy and Advisory Board Memberships

Member; National Pacific Islander Educator Network; Channel Chapter, 2019-present

Co-chair and Co-founder; Maternal Mental Health Coalition of Ventura County, 2017-Present

Member, Outreach Committee; Breastfeeding Coalition of Ventura County, CA., 2014-2018

Member, Education Committee; Breastfeeding Coalition of Ventura County, CA., 2014-2018

Advisory board member; Breastfeeding Coalition of Ventura County, CA., 2018-Present

SCHOOL SERVICE:

Member, Student Affairs Committee; California State University, Channel Islands. CA., 2015-2018

Member, Curriculum Committee; California State University, Channel Islands. CA., 2019

COMMUNITY PROFESSIONAL SERVICE:

2015-2016 Volunteer Nurse Practitioner, Free Clinic of Simi Valley

2010-2015 Team Leader/ Volunteer, March of Dimes Ventura County NICU's

2011-2014 Volunteer, Science Lab, Topa-Topa Elementary School

2010-2012 Volunteer, Food Share of Ventura County

2010-2012 Volunteer Coordinator, Heifer International: Ventura & Santa Barbara

2008-2014 Coordinator, Annual Bike Ride for the Homeless in Ventura

2008-2009 Global Healthcare Committee Member, Children's Hospital of Los Angeles

2006 Coordinator, St. John's Regional Medical Center NICU Plastic Recycling Program
 2005 Volunteer Nurse, Salvadores de la Salud, Nicaragua
 2003 Volunteer student nurse: "One-Stop" for the Homeless of Ventura County

TEACHING ACTIVITIES:

Course	Role	Academic Year	Term/Semester	Credits
PC 740: Clinical Scholarship Planning @ Frontier Nursing University	Course Faculty-DNP	2019	Fall	3
PC 741: Clinical Scholarship Implementation @ Frontier Nursing University	Course Faculty-DNP	2019	Fall	4
NRS 511: Differential Diagnosis in Primary Care: @Chamberlain University	Course Faculty-MSN/FNP	2019	Spri	3
NRS 231: Mother, Infants & Women Lab @CSUCI	Course Lead-BSN	2016,2017, 2018, 2019	Spring, Fall	4
NRS 230: Mother, Infants & Women @ CSUCI	Course Lead-BSN	2018, 2019	Fall, Spring	3
NRS 306: Pathophysiology @ CSUCI	Course Faculty-BSN	2016	Fall	3
NRS 248: Healthy Aging: Online course @ CSUCI	Course Faculty-BSN	2017, 2019	Fall, Spring	3
NRS 461: Leadership & Professional Issues: Hybrid/ Online- traditional course @ CSUCI	Course Faculty-BSN	2018	Fall	5
NRS 348: Complementary and Alternative Health: Online course @ CSUCI	Course Faculty-BSN	2018	Fall	3
Los Robles Hospital & Regional Medical Center	BSN preceptor/ Clinical Lab Instructor	2008-2015	NA	NA
Children's Hospital of Los Angeles	New RN preceptor	2007-2009	NA	NA

ATTENDANCE AT CEU PROGRAMS IN LAST 3 YEARS

Date	Entity	Topic	CEUs
June 26-30, 2019	Postpartum Support International Conference	Perinatal Mood and Anxiety Disorders: Advanced Training Pharmacology	10 CEU's
June 6-9, 2019	Diversity Impact 2019 Student Conference Frontier Nursing University	Diversity and Inclusion	13.5 CEU's
September 10- December 3, 18	Postpartum Support International	Perinatal Mood and Anxiety Disorders	16 CEU's
July 10, 2018	Institute for Healthcare Improvement-Open School	Increasing Value and Reducing Waste at the Point of Care	0.75 CEU's
April 26, 2018	Institute for Healthcare Improvement-Open School	Interpreting Data: Run Charts, Control Charts, and Other Measurement Tools	1.5 CEU's
March 26, 2018	California State University Channel Islands	Global Health Symposium	4.5 CEU's
January 16, 2018	Institute for Healthcare Improvement-Open School	Testing and Measuring Changes with PDSA Cycles	1.25 CEU's
January 12, 2018	Institute for Healthcare Improvement-Open School	How to Improve with the Model of Improvement	1.5 CEU's
January 11, 2018	Institute for Healthcare Improvement-Open School	Introduction to Health Care Improvement	1.25 CEU's
September 13, 2017	Doctors of Nursing Practice	10 th National DNP Conference: Diversity & Inclusion in Practice	9.667 CEU's
September 30, 2017	Breastfeeding Coalition of	Dr. Thomas Hale, Pharmacotherapy &	4 CEU's

	Ventura County	Breastfeeding: Understanding the Spectrum of Commonly Used Agents	
October 28, 2016	Breastfeeding Coalition of Ventura County	Nancy Mohrbacher, IBCLC, Supporting NICU and Infant Families in the Art of Pumping and Breastfeeding	7 CEU's