Sonya DiCiro DNP, APRN, FNP-BC, CDCES

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Summary

As a Regional Clinical Faculty at Frontier Nursing University (FNU), I am passionate about supporting and mentoring students in the Master of Nursing Practice (MSN) program, preparing them to become competent and compassionate family nurse practitioners. I am excited to contribute to FNU's mission of providing accessible, quality, and innovative education to nurses who serve rural and underserved communities.

I have 26 years of experience as a board-certified family nurse practitioner, working in various settings and specialties, such as family practice, internal medicine, OB/GYN, public health, and hospice care. I am also a certified diabetes care and education specialist, an insulin pump trainer, and an FMCSA national registry of certified medical examiners. I enjoy sharing my knowledge and skills with students, colleagues, and patients, aiming to improve health outcomes and quality of life for diverse populations.

Experience

Regional Clinical Faculty
Frontier Nursing University
Jan 2024 - Present (3 months)
RCF for the MSN program that provides accessible, quality, and innovative education to nurse practitioners who serve rural and underserved communities.

Public Health Nurse Practitioner
Butler County Public Health
Nov 2023 - Present (5 months)
Family Planning clinic management for Butler County and surrounding communities. This clinic provides Title X funded services to men and women who have a decreased ability to obtain family planning services due to inadequate finances or access.

Medical Aesthetician
AESTHETIC NIRVANA
May 2015 - Present (8 years 11 months)
Aesthetic medical injector for neurotoxin, skin consultation.

Contributing Faculty
Walden University
Dec 2018 - Feb 2024 (5 years 3 months)
Contributing Faculty in MSN-NP program teaching Adult and Geriatric NP clinical courses.

Family Nurse Practitioner
Missouri Highlands Health Care

Oct 2020 - Dec 2023 (3 years 3 months)
OB/GYN clinic specializing in all aspects of women's health: obstetrics, well-woman care, contraception, menopause treatment.

Certified Insulin Pump Trainer
Medtronic
Jan 2007 - Aug 2020 (13 years 8 months)
Certified Medtronic Insulin pump trainer and educator. Experience with all aspects of training patients, monitoring, assessing, and adjusting insulin pumps in the clinical setting. Experienced with downloading and evaluating insulin pump settings.

Family Nurse Practitioner
Physicians Park Primary Care
Mar 2003 - Aug 2020 (17 years 6 months)
Family nurse practitioner/Diabetes Educator in primary care clinic with 6 physicians-Family Practice and Internal Medicine specialists. Manage and train patients on insulin pump therapy. Certified FMCSA DOT examiner. Women's health care. Urgent care provider. Experienced family nurse practitioner clinical preceptor with student NPs.

Family Nurse Practitioner
Missouri Delta Hospice
Nov 2014 - Dec 2019 (5 years 2 months)
Nurse Practitioner providing home visits and care for terminally and chronically ill. Certification and documentation for hospice care. Assist hospice director and staff nurses to provide the highest quality care for patients and family members in the end of life.

Family Nurse Practitioner
Tinsley Medical Center
1997 - 2003 (6 years)
Nurse Practitioner in Family Practice Clinic

Diabetes Program Coordinator and Patient Educator
Lucy Lee Hospital
Jan 1989 - Jun 1995 (6 years 6 months)
Chaired Diabetes Education Program
Achieved American Diabetes Association Recognition for hospital-based diabetes education program.
Planned and coordinated public education programs and education fairs.

Education

Walden University
Doctor of Nursing Practice, Family Practice Nurse/Nursing
Feb 2022 - Aug 2023

Clinical Practice Guideline created for Hypertensive Disorders of Pregnancy as capstone project.
Graduated with 4.0 GPA

University of Missouri-Saint Louis
Masters Degree, Nursing
May 1994 - May 1997
MSN with Family Nurse Practitioner emphasis

Southeast Missouri State University
Bachelor of Science, Nursing
Jan 1991 - May 1993

Three Rivers College
ADN, Nursing
Aug 1981 - May 1983

Poplar Bluff High School
High School, All
Aug 1974 - May 1979

Licenses & Certifications

Certified Diabetes Educator - National Certification Board for Diabetes Educators
Issued May 1993 - Expires Dec 2025
0902-9562

Medtronic Diabetes Pump Trainer - Medtronic

Board Certified Family Nurse Practitioner - American Nurses Credentialing Center
Issued Jun 1997 - Expires Jul 2027

DOT Certified Medical Examiner - Federal Motor Carrier Safety Administration
Issued May 2014 - Expires May 2024
1226232379

CPR certification - American Heart Association
Issued Jan 2024 - Expires Jan 2026

Advanced Cardiovascular Life Support (ACLS) - American Heart Association MENA
Issued Jun 2020 - Expires Nov 2024

Skills

Fundraising • Zoom • Microsoft Teams • Instructure Canvas • University Teaching • Clinical Supervision • Teaching • Health Promotion • Interpersonal Skills • Obstetrics and Gynecology Nursing

Honors & Awards

2024 Daisy Award - Daisy Foundation

Jan 2024

Nurses every day go above and beyond to not only provide patients and families with excellence in clinical care but also compassion. At The DAISY Foundation, we aim to honor them by showing our profound gratitude for all that they do. The DAISY Award is a recognition program to celebrate and recognize nurses by collecting nominations from patients, families, and co-workers. It is run by our partners as a way to thank nurses for the care and kindness they provide.

The DAISY Foundation, as part of its service to the nursing profession's role in patient care, established the Student Award to provide colleges/schools of nursing a national recognition program that they may use to recognize and celebrate nursing students who demonstrate commitment to care and compassion and make the nurse-patient connection that makes such a difference in the healthcare experience.

The DAISY Foundation hopes that this program will inspire and motivate students to provide the best clinical skills possible and to impact patients and families with human spirit and kindness.