Mandi Lew, DNP, CNM, APRN

Certified Nurse-Midwife

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307-389-9092 • Rock Springs, WY 82901

Passionate Certified Nurse-Midwife dedicated to providing expert and culturally sensitive care for women, newborns and their families. Welcoming and reliable professional adept at providing clients with expert medical care. Collaborative partnering with community resources to assure clients receive competent and affordable healthcare.

Areas of Expertise include:

- Antepartum
- Labor & Delivery
- Intrapartum
- Postpartum
- Initial Newborn Care
- Gynecology

- Collaboration
- Communication
- Critical Thinking

- Post-Menopausal Care
- Well Women Care
- Contraceptive
 Care

PROFESSIONAL EXPERIENCE

Intermountain Healthcare Parkway Women's Health (Salaried 48 hour shift per month and PRN)

Certified Nurse-Midwife Layton, UT Beginning Jun 5, 2023

Provide competent full scope nurse-midwifery services in a combination MD/CNM practice. Focus on quality care for antepartum, intrapartum, postpartum, gynecology, well-woman and contraceptive care.

This position will focus on physiologic birth with an emphasis on patient and family centered care.

Western Wyoming Reproductive Health - Rock Springs, WY - February 2023 - present

Certified Nurse-Midwife

Provide competent reproductive healthcare in a Title X clinic. Focus on quality care related to reproductive health, offering culturally and gender affirming care with a focus on trauma informed care.

Key Accomplishments:

- Partner with patients in navigating the ever growing and changing health care system
- Apply current research and evidence-based practice into clinical skills for consistently up-to-date services.
- Conduct examinations, diagnostic tests and procedures to treat women with acute and chronic illnesses.
- Educate and counsel patients for complete understanding of individual health needs.
- Listen to clients thoroughly in order to provide a safe environment for open communication about issues.

Rock Springs Community Health Center - Rock Springs, WY - August 2018- May 2023 (closed women's health services)

South Lincoln Medical Center – Kemmerer, WY – November 2019 – June 2022 (Hospital closing OB services)

Certified Nurse-Midwife

Provide competent women's health in a Federally Qualified Health Center. Focus on quality care for postpartum, gynecology, birth control, well woman, post-menopausal and aesthetics.

Key Accomplishments:

- Partner with patients in navigating the ever growing and changing health care system
- Apply current research and evidence-based practice into clinical skills for consistently up-to-date services.
- Conduct examinations, diagnostic tests and procedures to treat women with acute and chronic illnesses.
- Educate and counsel patients for complete understanding of individual health needs.

• Listen to clients thoroughly in order to provide a safe environment for open communication about issues.

Health Dimensions Clinic • Rock Springs, WY• July 2016 to April 2018 (Practice Closed OB services)

Certified Nurse-Midwife

Provide competent full scope nurse-midwifery services in a combination MD/CNM practice. Focus on quality care for antepartum, intrapartum, postpartum, gynecology, birth control, well woman, post-menopausal and aesthetics.

Key Accomplishments:

- Partner with physicians as surgical first assist for GYN and Cesarean sections.
- Consult with physicians to ensure proper care is provided to clients with pregnancy complications.
- Apply current research and evidence-based practice into clinical skills for consistently up-to-date services.
- Conduct examinations, diagnostic tests and procedures to treat women with acute and chronic illnesses.
- Educate and counsel patients for complete understanding of individual health needs.
- Listen to clients thoroughly in order to provide a safe environment for open communication about issues.

College Hill Health Center • Rock Springs, WY • February 2016 to June 2016 (Practice Closed)

Certified Nurse-Midwife

Offered full scope nurse-midwifery care in a combination MD/CNM practice. Provided services focused on initial newborn care, antepartum, intrapartum, postpartum, gynecology, birth control, well woman care and post-menopausal care.

Key Accomplishments:

- Diagnosed and treated patients based on the findings from examinations and tests.
- Collaborated effectively with physicians to ensure patients with pregnancy complications received advanced care.
- Used empathy and strong communication skills to counsel and educate clients on health care needs.

• Researched evidence-based practices in the field to remain up-to-date on skills, techniques and knowledge.

College Hill Health Center and Memorial Hospital of Sweetwater County

Rock Springs, WY • May 2015 to November 2015

Student Midwifery Clinical Practicum

Assisted with new antepartum, return antepartum, intrapartum, postpartum, birth, newborn care, gynecology, natural family planning and preconception planning, breastfeeding education and common health issues.

Key Accomplishments:

- Collaborated with team members to successfully guide 40 patients through vaginal births, 55 new antepartum visits, 465 return antepartum visits and 188 gynecological visits.
- Communicated with physicians effectively to provide care for patients with complex medical issues.
- Encouraged and provided guidance to clients with effective labor management techniques.

Memorial Hospital of Sweetwater County • Rock Springs, WY • March 2008 to December 2015

Registered Nurse

Served patients for pregnancies, triage, antepartum, intrapartum, postpartum, and premature newborn stabilization.

Key Accomplishments:

- Led a team as charge nurse to ensure the unit operated efficiently and patients received quality care.
- Exercised servant leadership for the team by being an active member of multiple nursing committees.
- 2010-2015: Labor and Delivery, Newborn and Postpartum preceptor for nursing students.
- 2010-2015: New Registered Nurse preceptor on Labor and Delivery, Postpartum and Nursery.

- 2013-2015: Childbirth and breastfeeding classes at Memorial Hospital of Sweetwater County.
- 2014: Postpartum Hemorrhage education for the labor and delivery nurses.
- 2014 & 2015: Labor and delivery education to a Child Development Class at Rock Springs Junior High.

Registered Nurse for Medical/Surgical Unit - Memorial Hospital of Sweetwater County - June 2004 to February 2008.

EDUCATION

Doctorate of Nursing Practice, June 2019

Frontier Nursing University • Hyden, KY

Master of Science in Nurse-Midwifery, December 2015

Frontier Nursing University • Hyden, KY

Bachelor Degree in Nursing, May 2012

University of Wyoming • Laramie, WY

Associate Degree in Nursing, May 2004

Western Wyoming Community College • Rock Springs, WY

Certificates & Licenses

National Provider Identification • American Midwifery Certification Board • Certified Nurse-Midwife, Wyoming Prescriptive Authority, Wyoming • DEA license (Class 2-5) • AWHONN Intermediate Fetal Monitoring • Cardiopulmonary Resuscitation, BLS, Health Care Provider • Neonatal Resuscitation Provider • Advanced Life Support in Obstetrics (ALSO) AORN and Philadelphia University certified first assist in GYN and Cesarean sections

Training & Development

Nexplanon Training (2016) ALSO – Medical Center of the Rockies, Loveland, CO (2017) • ACNM Annual Conference – Albuquerque, NM (2016) ACNM Annual Conference -Washington, DC (2015) • AWHONN Intermediate Fetal Monitoring – Online course (2015) AABC "How to Start a Birth Center" Workshop – Irvine, CA (2013) • NICU Conference – Las Vegas, NV (2010) -Ultrasound Certification (2019) – ASCCP Colposcopy Training (2021) Postpartum International Certification in Peripartum Mental Health (Sit for exam 6/2/2023) Completed course in February.

Awards

Sigma Theta Tau International Chi Pi Chapter (2014) • Sigma Theta Tau International Alpha Pi Chapter (2012) Provost List University of Wyoming (2011, 2012) • Presidents List Western Wyoming Community College (2004)

Professional & Community Involvement

American College of Nurse-Midwives (2013 to present) • Association of Women's Health, Obstetric and Neonatal Nursing (2014 - present) • American Nurses Association (2010 - present) • American Association of Birth Centers (2013-2014) President of Student Nurses Association (2004) • Secretary Wyoming Nurses Association (2022- present) –

ACNM Rural Health Task Force (2022- present)

Precepting

Walden Student – 2018, 2022

Spring Harbor University Student - 2018

Walden Student - 2020

Frontier Nursing Student - 2021

Frontier Nursing Student - 2021

Rocky Mountain University P.A. student- 2021; 2022; 11/2022; 11/2022

University of Wyoming DNP student - 2021

Regis Student - 2022