

Frontier Nursing University
CURRICULUM VITAE
Updated 08/14/2023

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LICENSURES and CERTIFICATIONS:

California Registered Nurse license # 538623, expires 5/31/2025
California Practitioner license CA # 95011983, expires 5/31/2025
California Nurse Practitioner Furnishing (Controlled Substances) CA # 95011983, expires 5/31/2025
Texas Registered Nurse compact license # 1025880, expires 4/30/2025
Texas APRN - CNP license # 1025880, expires 4/30/2025
Kentucky APRN license # 3015611, expires 10/31/2023
American Nurses Credentialing Center (ANCC) Psychiatric-Mental Health Nurse Practitioner
(Across the Lifespan) Certification (PMHNP-BC), expires 3/17/2024

EDUCATION:

<u>Institution and Location</u>	<u>Degree</u>	<u>Dates</u>	<u>Major</u>
University of Massachusetts Global, Irvine, CA	DNP	2016-2019	PMHNP
Excelsior College, Albany, NY	BSN	2012-2015	Nursing
Paducah Community College, Paducah, KY	ASN	1993-1997	Nursing

ACADEMIC EMPLOYMENT:

<u>Institution or Firm</u>	<u>Rank or Title</u>	<u>Dates</u>
Frontier Nursing University	Course Faculty	2023-present
University of Massachusetts Global	Assistant Professor	2022-2023
University of Massachusetts Global	Adjunct Faculty	2020-2020

OTHER EMPLOYMENT:

<u>Institution or Firm</u>	<u>Rank or Title</u>	<u>Dates</u>
Central Coast Behavioral Health, Arroyo Grande, CA	PMHNP	2021-present
Behavioral Health Solutions, PLLC Bardwell, KY	Co-owner and PMHNP	2021-present
Family Psychiatry Counseling and Wellness Westlake Village, CA	PMHNP	2021-2021
PsychConnect /Faspsych Scottsdale, AZ	PMHNP	2020-2021
Department of State Hospitals - Atascadero Atascadero, CA	PMHNP	2019-2020
Department of State Hospitals - Atascadero Atascadero, CA	Supervising Registered Nurse	2016-2019
Department of State Hospitals - Atascadero Atascadero, CA	Health Services Specialist	2015-2016

OTHER EMPLOYMENT (cont):

<u>Institution or Firm</u>	<u>Rank or Title</u>	<u>Dates</u>
Department of State Hospitals – Atascadero Atascadero, CA	Supervising Registered Nurse	2013-2015
Department of State Hospitals – Atascadero Atascadero, CA	Health Services Specialist	2008-2013
Department of State Hospitals – Atascadero Atascadero, CA	Registered Nurse	2008-2008
Danish Care Center/Compass Health Atascadero, CA	Registered Nurse	2005-2008
Lourdes Hospital, Behavioral Health Unit Paducah, KY	Registered Nurse	2004-2005
Dominican Hospital, Behavioral Health Unit Santa Cruz, CA	Registered Nurse	2002-2004
Department of State Hospitals – Atascadero Atascadero, CA	Health Services Specialist	2002-2004
Department of State Hospitals – Atascadero Atascadero, CA	Registered Nurse	1997-2002

HONORS, AWARDS AND HONOR SOCIETY MEMBERSHIPS:

<u>Date</u>	<u>Award or Honor</u>
2023	Faculty Award Certificate for Collegiality
2019	Marybelle & S. Paul Musco School of Nursing & Health Professions Honor Society
2016	Sigma Theta Tau International Society of Nursing, Tau Kappa At-Large Chapter
2015	Superior Achievement Award (Improvement in Operations)
2010	Superior Achievement Award (Group Improvement in Operations)
2006	Clinical Excellence Award for Advocacy

PUBLICATIONS:Other

Willis, H. D., and Willis, L. J. (2023). Depression among the elderly. *Embracing the Aged*, Winter 2023,14-15.

Dissertation

Willis, L. J. (2019). Walking for well-being: Increasing physical activity in depression. (Doctoral dissertation, Brandman University). ProQuest.

PROFESSIONAL ACTIVITIES:Memberships and Positions Held in Professional Organizations

Psychiatric Advanced Practice Nurses of Texas, Member 2021 - present
 American Nurses Association, Member 2019-present
 Neuroscience Education Institute, Member 2016-present
 American Nurses Association\California, Member 2019-2020
 California Association of Nurse Practitioners, Member 2017 - 2020

School SERVICE:

Regional Conduct Board/Student Conduct Hearing Board, UMass Global, Member, 2023-2023
 Curriculum Committee, UMass Global, Member, 2022-2023
 Institutional Review Board Committee, UMass Global, Member, 2022-2023

TEACHING ACTIVITIES:Curriculum Development Activities

Courses Assigned to Maintain and Update as Course Mentor at UMass Global:

DNPU 700 – Healthcare Policy, Organization and Delivery	3 credit	2022-2023
NURU 605 – Advanced Pathophysiology	3 credit	2022-2023
NURU 695 – Advanced Pathophysiology	1 credit	2022-2023
NURU 671 – Foundations of Interprofessional Collaboration	3 credit	2022-2023

Courses Taught

Course #	Title	Role	Year	Semester	Credits	# of Students
DNPU 799	Independent Practicum DNP Project Completion	Course Faculty / DNP Chair	2023	Summer I	0	1
NURU 643	Practicum in Psychotherapeutic Treatment Modalities	Course Faculty	2023	Summer I	3	8
NURU 642	Management in Lifespan Psychiatric and Mental Health Care	Course Faculty	2023	Summer I	3	17
DNPU 708	Application of DNP Clinical Scholarly Project	Course Faculty / DNP Chair	2023	Spring II	3	2
NURU 641	Psychopharmacology Across the Lifespan	Course Faculty	2023	Spring II	3	17
DNPU 710	Seminar in Evidence-Based Thinking for Scholarship and Practice	Course Faculty /DNP Chair	2022	Fall II	3	1
NURU 610	Synthesis of Advanced Practice Management	Course Faculty	2022	Fall I	3	9
DNPU 710	Seminar in Evidence-Based Thinking for Scholarship and Practice	Course Faculty /DNP Chair	2022	Summer II	3	1
NURU 645	Practicum for Complex and Chronic Problems in Psychiatric and Mental Health Care	Course Faculty	2022	Summer II	3	8
NURU 644	Complex and Chronic Problems in Psychiatric and Mental Health Care	Course Faculty	2022	Summer II	3	14
NURU 643	Practicum in Psychotherapeutic Treatment Modalities	Course Faculty	2022	Summer I	3	8
NURU 642	Management in Lifespan Psychiatric and Mental Health Care	Course Faculty	2022	Summer I	3	15
NURU 641	Psychopharmacology Across the Lifespan	Course Faculty	2022	Spring II	3	15
DNPU 711	Clinical Residency for DNP Clinical Scholarly Project - HP2	Course Faculty	2022	Spring I	3	23

DNPU 711	Clinical Residency for DNP Clinical Scholarly Project - HP1	Course Faculty	2022	Spring I	3	18
DNPU 799	Independent Practicum DNP Project Completion	Course Faculty / DNP Chair	2022	Spring I	0	1
DNPU 703	Leading Through Innovation - HP3	Course Faculty	2021	Fall II	3	17
DNPU 703	Leading Through Innovation - HP2	Course Faculty	2021	Fall II	3	14
DNPU 708	Application of DNP Clinical Scholarly Project	Course Faculty / DNP Chair	2021	Fall II	3	1
DNPU 710	Seminar in Evidence-Based Thinking for Scholarship and Practice	Course Faculty /DNP Chair	2021	Fall II	3	1
DNPU 799	Independent Practicum DNP Project Completion	Course Faculty / DNP Chair	2021	Fall I	0	1
DNPU 710	Seminar in Evidence-Based Thinking for Scholarship and Practice	Course Faculty /DNP Chair	2021	Fall I	3	1
DNPU 799	Independent Practicum DNP Project Completion	Course Faculty / DNP Chair	2021	Fall I	0	1
NURU 699	Independent Practicum Clinical Hours Completion	Course Faculty	2021	Fall I	0	1
DNPU 708	Application of DNP Clinical Scholarly Project	Course Faculty / DNP Chair	2021	Summer II	3	1
NURU 645	Practicum for Complex and Chronic Problems in Psychiatric and Mental Health Care - HP6	Course Faculty	2021	Summer II	3	8
NURU 645	Practicum for Complex and Chronic Problems in Psychiatric and Mental Health Care - HP5	Course Faculty	2021	Summer II	3	8
NURU 643	Practicum in Psychotherapeutic Treatment Modalities - HP4	Course Faculty	2021	Summer I	3	8
NURU 643	Practicum in Psychotherapeutic Treatment Modalities - HP3	Course Faculty	2021	Summer I	3	8
DNPU 703	Leading Through Innovation	Course Faculty	2021	Spring II	3	17

DNPU 711	Clinical Residency for DNP Clinical Scholarly Project - HP2	Course Faculty	2021	Spring I	3	15
DNPU 711	Clinical Residency for DNP Clinical Scholarly Project - HP1	Course Faculty	2021	Spring I	3	18
DNPU 710	Seminar in Evidence-Based Thinking for Scholarship and Practice	Course Faculty / DNP Chair	2020	Fall II	3	1
DNPU 703	Leading Through Innovation	Course Faculty	2020	Fall II	3	17
NURU 610	Synthesis of Advanced Practice Management	Course Faculty	2020	Fall I	3	16
NURU 699	Independent Practicum Clinical Hours Completion	Course Faculty	2020	Fall I	0	7
NURU 645	Practicum for Complex and Chronic Problems in Psychiatric and Mental Health Care	Course Faculty	2020	Summer II	3	8
NURU 644	Complex and Chronic Problems in Psychiatric and Mental Health Care	Course Faculty	2020	Summer II	3	13
NURU 643	Practicum in Psychotherapeutic Treatment Modalities	Course Faculty	2020	Summer I	3	8
NURU 642	Management in Lifespan Psychiatric and Mental Health Care	Course Faculty	2020	Summer I	3	13

Student Research Advising

UMass Global, Marybelle and S. Paul Musco School of Nursing and Health Professions

Adewunmi Sokan, DNP, 2023. Project Chair, DNP Scholarly Project: Daily Use of the Medication Adherence Mobile Phone Application, Medisafe, to Improve Adherence over a 10-week Period among African American Adults, Ages 25-60 years, Diagnosed with Schizophrenia

Sandrine Noutchia, DNP, 2023. Project Chair, DNP Scholarly Project: Reducing Depression Level with Mindfulness Meditation Among Residents in Long Term Care Facilities

Bernadette Okonkwo, DNP, 2022. Project Chair, DNP Scholarly Project: Increasing Medication Adherence among Young Male African Americans with Depression Using a Mobile App Intervention

Sarah Obike, DNP, 2022. Project Chair, DNP Scholarly Project: Quality Improvement Project Using Music Therapy to Decrease the Incidence of Aggression for Adult Patients Diagnosed with Mental Disorder in Inpatient Psychiatric Units

Attendance at CEU Programs in last 3 years

ABT Telebehavioral Health Certificate Program	6 CE	Mar. 2023
Neuroscience Education Institute, 2022 NEI Congress (Simulcast)	21.25 CE	Nov. 2022
PIM Becoming ACEs Aware in California	2 CE	Sept. 2022
ABT CORE Concepts in Telehealth Certificate Course	7.5 CE	April 2022
PAPN of Texas Inaugural Mental Health Conference	6.5 CE	Feb. 2022
MAT: Medications for Addiction Treatment/SUD	16 CE	April 2021
MAT Medications for Addiction Treatment	8 CE	April 2021