

Frontier Nursing University
CURRICULUM VITAE
Updated 02/2023

NAME: KHARA' JEFFERSON, DNP, APRN, FNP-C, CHC

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LICENSURES and CERTIFICATIONS:

| | |
|-------------------|---|
| 01/2020 - Present | Louisiana Multistate RN License: <i>RN117781</i> (exp 01/31/2024) |
| 07/2020 - Present | Florida APRN License: <i>APRN11008008</i> (exp 04/30/2023) |
| | Michigan APRN License: <i>4704365874</i> (exp 07/01/2023) |
| | Texas APRN License: <i>1004832</i> (exp 05/31/2023) |
| | Alabama APRN License: <i>3-100125</i> (exp 12/31/2023) |
| 01/2017 - Present | Georgia DEA License (Sched III-V) |
| 08/2016 - Present | Georgia RN and APRN License: <i>RN260925</i> (exp 01/31/2024) |
| 05/2014 - Present | National Registry of Certified Medical Examiners, <i>FMCSA 7078399308</i> |
| 08/2012 - Present | Louisiana Board of Pharmacy CDS & DEA License (Sched II-V) |
| 01/2012 - Present | Family Nurse Practitioner – Certified, <i>AANPCP # F0112171</i> |
| 01/2012 - Present | Louisiana APRN License: <i>AP06747</i> |
| 05/2008 - Present | Pediatric Advanced Life Support (PALS) |
| 03/2007 - Present | Louisiana RN License: <i>RN117781</i> |
| 04/2007 - Present | Advanced Cardiac Life Support (ACLS) |
| 04/2005 - Present | Basic Life Support (BLS) |
| 11/2018 – 10/2019 | Kentucky RN License: <i>1160616</i> (exp 10/31/2019) |

EDUCATION:

| <u>Institution and Location</u> | <u>Degree</u> | <u>Dates</u> | <u>Major</u> |
|---|--------------------------------|----------------------|------------------------|
| Frontier Nursing University Hyden, Kentucky | Doctor of Nursing Practice | 01/2016 - 03/2017 | Nursing DNP |
| University of South Alabama Mobile, Alabama | Master of Science in Nursing | 06/2009 - 12/2011 | Nursing - Family NP |
| University of Louisiana-Lafayette Lafayette, Louisiana | Bachelor of Science in Nursing | 08/2004 - 12/2006 | Nursing |
| University of Louisiana-Lafayette Lafayette, Louisiana | Bachelor of Science | 08/1996 - 12/2000 | Biology |

ACADEMIC EMPLOYMENT:

| <u>Institution or Firm</u> | <u>Rank or Title</u> | <u>Dates</u> |
|-----------------------------|----------------------|--------------------|
| Frontier Nursing University | Instructor | 05/2017 -- present |

| | | |
|----------------------------|---------|-------------------|
| Iberia Parish School Board | Teacher | 01/2003 – 05/2004 |
|----------------------------|---------|-------------------|

OTHER EMPLOYMENT:

| <u>Institution or Firm</u> | <u>Rank or Title</u> | <u>Dates</u> |
|---|------------------------------------|-------------------|
| KAJ Wellness Professionals, LLC | Owner / Per Diem FNP EM/UC | 02/2013 – Present |
| Schumacher Clinical Partners | Family Nurse Practitioner – PRN | 02/2013 – Present |
| <ul style="list-style-type: none"> • <i>Emergency Medicine (EM)</i> (2013- present) Lafayette General Medical Center, Iberia Medical Center, Teche Regional Medical Center • <i>Telehealth: LGH Anywhere</i> (September 2019 – present) | | |
| WellStreet Urgent Care | Family Nurse Practitioner - PRN | 08/2017 – 03/2020 |
| Hulin Health (Urgent Care) | Family Nurse Practitioner – PRN | 11/2013 – 10/2017 |
| TeamHealth (EM Division) | FT Staff Family Nurse Practitioner | 02/2012 – 11/2014 |
| One Day Surgery, LLC | Registered Nurse – PRN | 09/2008 – 09/2014 |
| Our Lady of Lourdes RMC | Staff Registered Nurse | 01/2007 – 01/2012 |

HONORS, AWARDS AND HONOR SOCIETY MEMBERSHIPS:

| <u>Date</u> | <u>Award or Honor</u> |
|-------------|--|
| Summer 2020 | NLN Scholarly Writing Retreat Participant |
| 2011 – 2019 | Member of Sigma Theta Tau International Honor Society of Nursing |

PUBLICATIONS:

Published

Clark, M. & **Jefferson, K.** (December 2020). Improving Effective Preventative Care Within an Urban Working Population. *Journal of Occupational and Environmental Medicine*, 64(12), 1097-1103. doi: 10.1097/JOM.0000000000002064

Jefferson, K. (2020). Living with Crohn's: A Personal Account. *Journal of Christian Nursing*, 37, E1-E3. <https://doi.org/10.1097/CNJ.0000000000000689>

Jefferson, K. (2021). Implementing a Standardized Cardiac Protocol for the Adolescent Preparticipation Sports Examination. *Journal of Pediatric Health Care*, 35, 188-195. <https://doi.org/10.1016/j.pedhc.2020.10.002>

Smith, T. E. & **Jefferson, K.** (2020). Providing Effective Inpatient Care for Cirrhosis by Improving National Guideline Utilization on a Tertiary Care Center Hospitalist Service. *Journal of the American Association of Nurse Practitioners*. doi: 10.1097/JXX.0000000000000442

PRESENTATIONS:

Refereed

Carpenter, C. & **Jefferson, K.** (2018, September). *A Patient-Centered Right Care Approach to Sudden Infant Death Syndrome Prevention in a Rural Clinic*. Poster presentation at the Louisiana Association of Nurse Practitioners (LANP) 24th Annual Primary Care Conference, New Orleans, LA.

- Collins-Fulea, C. & **Jefferson, K.** (2019, December). *Improving Timeliness of Obstetrical Triage Throughput in an Urban Tertiary Care Hospital*. Poster presentation at the Institute for Healthcare Improvement's 31st Annual National Forum, Orlando, FL.
- Houston, J., Jolles, D., **Jefferson, K.**, Collins-Fulea, C., Couch, K.A., Gianelis, K.A., Kennedy, C., Meier, N., Lanuza, K., & Butler, J. (2020, December 6-9). *Frontier Nursing University and IHI Open School Collaboration During the COVID-19 Pandemic*. Poster at the Institute for Healthcare Improvement's Forum 2020 (virtual).
- Houston, J., Jolles, D., **Jefferson, K.**, Kennedy, C., Meier, N., Collins-Fulea, C., Lanuza, K., & Urquhart, G. E. (2020, September 29). *Evolution and Adaptation of Doctor of Nursing Practice Quality Improvement Initiatives during the COVID-19 Pandemic*. Poster presentation at the Frontier Nursing University 2020 Virtual Research Symposium Poster Session, Versailles, KY, United States.
- Jefferson, K. A.** (2019, April). *Innovations and Challenges in Patient Engagement: Lessons Learned from the Field and Flipped Classroom Experience*. Podium presentation at the 45th Annual Conference of the National Organization of Nurse Practitioner Faculties, Atlanta, GA, United States.
- Jefferson, K.** (2020, October 2-4). *Safety First: Standardization of the Preparticipation Sports Cardiovascular Examination Using American Heart Association Guidelines*. Poster presentation at the 26th Annual LANP Conference, Shreveport, LA, United States.
- Jefferson, K.** (2020, October 2-4). *Stress, Mindfulness, and Embracing Change*. Podium presentation at the 26th Annual LANP Conference, Shreveport, LA, United States.
- Lyell, G., **Jefferson, K.** & Lyell, R. (2019, December). *Effective Colorectal Cancer Testing Using Shared Decision Making in a Rural Primary Care Setting*. Poster presentation at the Institute for Healthcare Improvement's 31st Annual National Forum, Orlando, FL, United States.
- Mitchell, R., **Jefferson, K.** Harrington, B., & Murphy, C. (2020, September 17-18). *Increasing the Effectiveness of Venous Thromboembolism Risk Assessment and Appropriate Prophylaxis*. Poster presentation at the Ohio State University's 11 Annual Advanced Practice Provider Virtual Conference, Columbus, OH, United States.
- O'Donnell, J. & **Jefferson, K.** (2020, December 6-9). *Improving Effective Care for Adult Women with Urinary Tract Infection in Urgent Care*. Poster at the Institute for Healthcare Improvement's Forum 2020 (virtual).
- Smith, T., **Jefferson, K.**, Franklin, W., & Janoyan, J. (2019, December). *Providing effective hospital-based care for cirrhosis by improving national guideline utilization on a*

hospitalist service. Poster presentation at the Institute for Healthcare Improvement's 31st Annual National Forum, Orlando, FL, United States.

Invited

Butler, J. & **Jefferson, K.** (2018, September 28). *Engaging Patients via Shared Decision-Making: Student Strategies and Challenges to Understanding Patient-Centered Care*. Presentation to FNU Curriculum Committee.

Jefferson, K. (2021, March 19-20). *A Quality Initiative to Standardize the Cardiac Portion of the Preparticipation Sports Exam*. Podium Presentation at the 2nd International Webinar on Physical Health, Nursing Care and COVID-19 Management (online meeting).

Jolles, D., Butler, J., **Jefferson, K.** & Meier, N. (2019, December 6). *Preventing Change Fatigue: Exploring Sustainability, Spread and Scale* [Video File]. Presentation to Monthly ACNM Reducing Primary Cesareans Webinar. Retrieved from <https://www.obstetricsinitiative.org/webinars>.

Accepted Abstracts/Posters (presented in absentia)

Brunacini, K., Propst, K., & **Jefferson, K.** (2018, December). *Implementation of a Virtual Patient-Centered Weight-Loss Maintenance Behavior Competency Assessment in Adults with Obesity*. Poster presentation at the Institute for Healthcare Improvement's 30th Annual National Forum.

Carpenter, C., **Jefferson, K.**, Sylvestri, T., Weaver, C., & Berry, J. (2018, December). *A Patient-Centered Right Care Approach to Sudden Infant Death Syndrome Prevention in a Rural Clinic*. Poster presentation at the Institute for Healthcare Improvement's 30th Annual National Forum.

Jones, G., **Jefferson, K.**, Rutland, T., & Gilmore, B. (2018, December). *Effectively Improving Preventive Care for Inflammatory Bowel Disease Patients Utilizing American College of Gastroenterology Guidelines*. Poster presentation at the Institute for Healthcare Improvement's 30th Annual National Forum.

Kueter, S., **Jefferson, K.**, Sherley, L., Jackson, G. & Mignano, K. (2019, December). *Implementing Effective Care for Colorectal Screening for Adults in an Urban Family Medicine Clinic*. Poster presentation at the Institute for Healthcare Improvement's 31st Annual National Forum.

Lyell, G., **Jefferson, K.** & Lyell, R. (2020, February). *Effective Colorectal Cancer Testing Using Shared Decision Making in a Rural Primary Care Setting*. Poster presentation at the 2020 CAPNI Annual APRN Conference, Indianapolis, IN.

Steele, M., Jefferson, K., & Wornock, J.P. (2019, December). *Improving Effective Asthma Care Through Increased Spirometry Use in a Suburban Primary Care Clinic*. Poster presentation at the Institute for Healthcare Improvement's 30th Annual National Forum.

PROFESSIONAL ACTIVITIES:

Memberships and Positions Held in Professional Organizations

| | |
|----------------|--|
| 04/19 – 4/2021 | NONPF Awards Subcommittee Member |
| 04/19 – 04/20 | NONPF Member Resources Committee Member |
| 2018 – Present | National Organization of Nurse Practitioner Faculties (NONPF) Member |
| 02/18 – 12/18 | Right Care Alliance Chapter Leader (LA/GA) |
| 2012 – Present | American Association of Nurse Practitioners (AANP) - Member |
| 2012 – Present | Louisiana Association of Nurse Practitioners (LANP) - Member |

Policy and Advisory Board Memberships

Iberia Medical Center Emergency Department Patient Experience Quality Impact Team Member, 2014

Hulin Health Executive Committee Member, 2015 - 2016

Hulin Health Training Coordinator, 2015-2016

PROFESSIONAL SERVICE:

| | |
|-------------------|---|
| 09/2021 – present | FNU Program Director of the Doctor of Nursing Practice Program |
| 05/2021 – present | FNU Wellness Committee Member |
| 2021 | FNU Student Council Faculty Representative |
| 2021 | FNU Exams Across the Curriculum Subcommittee Co-Chair |
| 11/2020 | NONPF 47th Annual Conference Abstract Reviewer (17 abstracts) |
| 2020 | FNU Exams Across the Curriculum Subcommittee Secretary |
| 03/2019 - 12/2020 | FNU Student Council Faculty Representative |
| 04/2019 | NONPF 46th Annual Conference Abstract Reviewer (10 abstracts) |
| 2019 – present | Peer reviewer for the Online Journal of Interprofessional Health Promotion (University of Louisiana Monroe) - Reviewed 3 articles |
| 09/2019 - 12/2019 | FNU Faculty Representative Administration Team |
| 2019 | FNU Exams Across the Curriculum Subcommittee - Exam Item Peer Reviewer (Review 5 exam items per term for 2 faculty members) |
| 04/2018 | NONPF 45th Annual Conference Abstract Reviewer (10 abstracts) |
| 10/2018 -12/2018 | FNU Exams Across the Curriculum Subcommittee Member |
| 2018 | FNU Course Review PC711 (Nurse as Educator) |
| 06/2017 – present | FNU Curriculum Committee Member |

PROFESSIONAL GROWTH AND DEVELOPMENT:

Jan 2023 FNU Strategic Planning Task Force

Sept 2022 ACEN DNP Site Visit Accreditation

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|-------------|---|
| Sept 2022 | On-campus Faculty Meeting, FNU |
| Jan 2022 | Frontier Nursing University Strategic Planning Task Force |
| Jan 2021 | Frontier Nursing University Strategic Planning Task Force |
| Oct 2020 | FNU Course Curriculum Mapping – Updated Competencies |
| Sept 2020 | Virtual Faculty Meeting, Frontier Nursing University |
| July 2020 | Assistant Professor Rank achieved |
| Oct 2019 | FNU Course Curriculum Mapping |
| Mar 2019 | IHI Leadership and Organizing for Change course (Mar 7-May 31) – 10 contact hours) |
| Mar 2019 | DNP Bound, Frontier Nursing University |
| Jan 2019 | Webinar: How to Become a Published Author (Jan 22, 2019 - non-CE event) |
| Oct 2018 | On Campus Faculty Meeting, Frontier Nursing University |
| Oct 2017 | On Campus Faculty Meeting, Frontier Nursing University |
| Sept 2017 | DNP Bound, Frontier Nursing University |
| Jan 2017 | IHI Open School for Health Professions Quality Improvement Practicum Certificate (July 6, 2016 - Jan 10, 2017): Application of Model for Improvement to plan and implement a quality improvement project in local health care setting to improve health processes, development of project charter to guide project, development and implementation of family of measures, cause and effect diagram to understand rationale for accomplishing aim, utilization of multiple PDSA cycles to test changes with data analysis on run charts, creation of summary report on learning from quality improvement project skills, knowledge |
| June 2015 | HEART of a Leader Training: Brandon W. Johnson (positive energy guy) 2-day leadership intensive [HEART: Humility, Energy x Execution, Awareness, Relationships, Trust = Teamwork] |
| 2015 - 2016 | Preceptor University of Louisiana at Lafayette Family Nurse Practitioner Students |

COMMUNITY PROFESSIONAL SERVICE:

| | | |
|----------------|----------------------|-------------------------------|
| 2015 – 2016 | Because We Care | Mission Trip Coordinator |
| 2013 – 2014 | IUC/Hulin Health | Community Service Coordinator |
| 2013 – Present | The Diabetic Kitchen | Medical Consultant & Speaker |

TEACHING ACTIVITIES:

Curriculum/Course Development Activities

Sept 2021

Frontier Nursing University (Course Revision)

PC739 DNP Clinical Preparation – revised course assignments to reflect 1 credit of work for students to prepare students to enter PC740 and obtain required credentialing

Winter 2020 – Winter 2021

Frontier Nursing University (Course Revision)

PC742 Clinical Scholarship Dissemination -- currently revising course to align with increased (one) credit workload

Winter 2019

Frontier Nursing University (Course Revision)

PC740 Clinical Scholarship Planning - participated in revising and streamlining course content to align with student needs and evaluations. Updated assignment instructions and aligned rubrics with instructions and content.

Spring 2018

Frontier Nursing University (Course Revision)

PC742 Clinic Scholarship Dissemination - revised and condensed course materials to align with decreased credit workload; wrote assignment rubrics, updated assignment instructions, and aligned rubrics with instructions accordingly.

Courses Taught

Frontier Nursing University

DNP Project Clinical Courses: Planning, Implementation, & Dissemination

PC730, PC731, PC732 (Spring 2017 to Fall 2017)

PC740, PC741, PC742 (Fall 2017 – present)

PC739 (Fall 2022 – present)

- Advised DNP students throughout planning, implementation, and dissemination phases of the DNP project.
- In “Planning,” assisted in application of quality improvement theory, development of a model of improvement for each students’ clinical site, assembled outcome, process and balancing measures for planned changes for the analysis of complex practice and organizational issues.
- In “Implementation,” assisted in application of model of improvement and quality improvement theory to evaluate systems function, analyze variation, and prioritize

change, measurement of selected outcome, process, and balancing measures, and summarizing the effects of change on the clinical setting, including exploring barriers, and facilitators to change.

- In “Dissemination,” provided feedback and assistance writing the final paper, creating PowerPoint, scholarly presentation of the project, and preparation of the project storyboard.

Student Advisor Work

2017 to 2022 FNU Preclinical Student Advisor 5 - 20 students per term

Frontier Nursing University

| Course # | Course Title | Role | Academic Year | Term | Credits (Didactic – Clinical) | Continuity Students | Total Students |
|--|--------------------|--------------------|---------------|--------|-------------------------------|---------------------|----------------|
| PC739 DNP Clinical Preparation | Course Coordinator | | 2023 | Spring | 1-0 | | |
| | | | | Winter | | | 53 |
| | | | 2022 | Fall | | | 53 |
| | | | | Summer | | | 62 |
| | | | | Spring | | | 50 |
| | | | | Winter | | | 51 |
| | | | 2021 | Fall | | | 58 |
| PC744 DNP Clinical Scholarship Dissemination | Course Faculty | Course Coordinator | 2022 | Winter | 1-2 | 6 | 43 |
| | | | 2021 | Fall | | 5 | 51 |
| | | | | Summer | | 4 | 50 |
| | | | | Spring | | 4 | 46 |
| PC743 DNP Clinical Scholarship Implementation | Instructor | | 2021 | Fall | 0-4 | 6 | 45 |
| | | | | Summer | | 5 | 53 |
| | | | | Spring | | 7 | 53 |
| | | | | Winter | | 4 | 47 |
| | | | 2021 | Winter | | 3 | 38 |

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|---|--|-----------------------|--------|--------|-------|----|----|
| PC742 DNP Clinical Scholarship Dissemination | | Course Coordinator | 2020 | Fall | 1 – 1 | 4 | 52 |
| | | | | Summer | | 6 | 54 |
| | | | | Spring | | 6 | 53 |
| | | | | Winter | | 6 | 40 |
| | | | 2019 | Fall | | 5 | 47 |
| | | | | Summer | | 14 | 57 |
| | | | | Spring | | 6 | 55 |
| | | | | Winter | | 7 | 25 |
| | | 2018 | Fall | 4 | | 24 | |
| | | 2018 | Summer | 14 | | 47 | |
| Instructor / Course Lead | 2018 | Spring | 7 | 39 | | | |
| PC790 | DNP Independent Study | Instructor | | | 1 – 1 | | |
| | | | 2019 | Spring | | 1 | 1 |
| | | | 2018 | Summer | | 2 | 4 |
| | | | | Spring | | 1 | 3 |
| PC741 DNP Clinical Scholarship Implementation Instructor | | | 2020 | Fall | 1 - 4 | 3 | 37 |
| | | | | Summer | | 4 | 48 |
| | | | | Spring | | 6 | 56 |
| | | | | Winter | | 6 | 52 |
| | | | 2019 | Fall | | 6 | 43 |
| | | | | Summer | | 5 | 47 |
| | | | | Spring | | 6 | 58 |
| | | | | Winter | | 14 | 56 |
| | | | 2018 | Fall | | 8 | 25 |
| | | | | Summer | | 5 | 30 |
| | | | | Spring | | 14 | 48 |
| | | | | Winter | | 7 | 37 |
| PC740 | DNP Clinical Scholarship Planning | Instructor | 2021 | Spring | 1 - 3 | 5 | 53 |
| | | | 2021 | Winter | | 7 | 50 |
| | | | 2020 | Fall | | 7 | 55 |
| | | | | Summer | | 3 | 38 |
| | | | | Spring | | 5 | 53 |
| | | | | Winter | | 6 | 51 |
| | | | 2019 | Fall | | 6 | 55 |
| | | | | Summer | | 6 | 45 |
| | | | | Spring | | 4 | 47 |
| | | | | Winter | | 13 | 64 |
| | | | 2018 | Fall | | 13 | 60 |
| | | | | Summer | | 7 | 30 |
| | | | | Spring | | 8 | 34 |
| | | | | Winter | | 15 | 48 |
| | | | 2017 | Fall | | 7 | 35 |
| | | | 2018 | Winter | | 5 | 22 |

| | | | | | | | |
|-------|--|-------------------|------|--------|-------|----|----|
| PC732 | DNP Clinical Scholarship Dissemination | Instructor | 2017 | Fall | 1 - 3 | 9 | 41 |
| | | | 2017 | Summer | | 6 | 31 |
| | | TA / Orienting | 2017 | Spring | | -- | 25 |
| PC731 | DNP Clinical Scholarship Implementation | Instructor | 2017 | Fall | 1 - 3 | 5 | 23 |
| | | Instructor | 2017 | Summer | | 10 | 43 |
| | | TA / Orienting | 2017 | Spring | | -- | 29 |
| PC730 | DNP Clinical Scholarship : Planning | Instructor | 2017 | Summer | 1 - 2 | 7 | 29 |
| | | TA / Orienting | 2017 | Spring | | -- | 46 |

FNU Doctoral Student Project Advisor (Graduates)

Winter 2022

Lucretia Daniel. *Improving Equitable Access and Patient Engagement in a Primary Care Clinic for Veterans Experiencing Homelessness.*

Jennifer Francisco. *Improving Effective Anxiety Management Using NICE Guidelines in an Urban Office/Virtual Primary Care Practice*

Michelle Hale. *Improving Effective Care for Patients with a Body Mass Index Above 25 in a Rural Primary Care Clinic*

Bryan Jaye. *Ensuring Safe Opioid Treatment in Primary Care Through Assessing for Opioid Use Disorder*

Keyshla Moreno. *Implementing Effective Diabetes Care Using American Diabetes Association Guidelines in a Federally Qualified Health Center*

Sierra Payton. *Promoting Breastfeeding Exclusivity in a Faith-Based Urban Hospital Setting Through Patient Engagement, Audit, and Feedback.*

Fall 2021

Beau Christian. *Decreasing Adult Patient Length of Stay Through Patient-Centered Nurse-Initiated Ambulation: An Improvement Project.*

Amanda Clabo. *Improving Patient-Centered Pain Management in Nursing Homes Using Evidence-Based Geriatric Clinical Practice Guidelines*

Damika Harmon. *A Patient-Centered Approach to Improving Appointment Adherence at an Outpatient HIV Clinic*

Kendra Roberts. *Effective Approach to Anxiety Screening and Management Using GAD-7 Screening at a Juvenile Treatment Center.*

Crystal Settle. *A Timely Approach to Improving Appointment Adherence at a Rural Obstetrics and Gynecology Clinic.*

Summer 2021

Melissa Benardot. *Improving Effective Management of Diabetes in Rural Primary Care Using Office-Based Tools*

Sequoyah Brown. *A Nurse-led Patient-centered Approach to Stroke Risk Reduction in an Indigent Care Population.*

Kai Hawkins. *Patient-Centered Quality Initiative to Decrease Renal Readmissions in an Urban Hospital*

Leah Staples. *Implementing a Patient-Centered Approach to Contraceptive Care at an Urban Federally Qualified Health Center.*

Spring 2021

Jennifer Grisham. *A Patient-Centered Approach to Improving Diabetes Care in an Underserved Rural Clinic*

Amy Miller. *Improving Effective Care for Obese Patients in a Primary Care Clinic*

Tina Paulk. *Improving Efficient and Timely Care of Sexual Assault Patients in an Urban Emergency Department*

Anastasia Ralston. *Improving Effective Diabetic Care Using American Diabetes Association Standards in a Rural Health Center*

Winter 2021

Artis, Ayanna. *Reducing Congestive Heart Failure Hospital Readmissions Through Effective Discharge Planning*

Gill, Sarah. *Implementing a Safety Bundle for Effective Screening and Follow-Up in Perinatal Mood and Anxiety Disorders*

Reynolds, Robert. *Implementing Evidence-based Protocols to Improve the Safety of Opioid Pain Medication Use in Adult Hospitalized Patients*

Fall 2020

Denson, Sylvia. *Improving Patient-Centered Lifestyle Change in Overweight and Obese Patients in a Community-Based Setting*

Johnson, Tyler. *Patient-Centered Interventions to Improve Resilience in a Virtual Community of "Helping" Professionals*

Pfalz, Sita. *Improving Screening and Patient-Centered Care for Anxious and Depressed Clients in a Community Setting.*

Ugwuanyi, Angela. *Implementing Patient-Centered Care to Increase Alcohol and Substance Abuse Cessation Among College Students.*

Summer 2020

Chance-Revels, Rebekah. *A virtual patient-centered approach to COVID-19: increasing knowledge, alleviating concerns, and referral to resources*

Chira, Lilian. *A Virtual Patient-Centered Approach to Improving Adult comprehension and prevention of Coronavirus Disease 2019*

DeFreese, Lora. *Implementing Patient-Centered Postpartum Readiness and Provider Follow-Up Encounters at a Hospital Based OB/GYN Clinic*

Horton, Kristin. *Improving Patient-Centered Care by Guiding Patients with Advance Care Planning and End of Life Measures*

Oldham, Aimee. *A Virtual Patient-centered Approach to Covid-19: Improving Knowledge, Prevention, and Access to Care*

Storer, Jessica. *Implementing a Patient-Centered Virtual Wellness Initiative*

Spring 2020

Darnall, Collan. *Implementation of an Acute Bronchitis Checklist in the Emergency Department to Improve Timely Care*

Marrs, Jo-Ann. *Implementing Trauma-Informed Care to Improve the Effectiveness of Emergency Pediatric Behavioral Healthcare*

McCammond, Jennifer. *Improving Effective Care for Diabetic Patients Using the Teamlet Model of Care in Primary Care Clinic*

Mitchell, Rachel. *Increasing Effective Venous Thromboembolism Risk Assessment and Appropriate Prophylaxis*

Moore, Mary Stephanie. *Implementing the American College of Cardiology/American Heart Association Guidelines for Effective Management of Hypertension in Women Veterans*

O'Donnell, Jennifer. *Improving Effective Care for Women Aged 18-65 with Acute Cystitis in Urgent Care*

Winter 2020 (2020, Mar)

Clark, Melanie. *Improving Effective Preventative Care within an Urban Working Population*

Conway, Cindy. *A Patient-Centered Approach to Improving Hypertension in Primary Care Using Eighth Joint National Committee Guidelines.*

Dockery, Dara. *A Patient-Centered Approach to Improving Healthcare Employees' Compliance with Post-Exposure Care.*

Hayes, Paula. *A Patient-Centered Approach to Improve Diabetes Management in a Suburban Primary Care Practice*

Snowden, Viva. *Improving Weight Loss Outcomes Through Patient-Centered Self-Monitoring Interventions in a Private Weight Loss Clinic*

Ward, Mary. *Improving Chest Pain Protocol Timeliness in a Rural Emergency Department*

Fall 2019 (2019, Dec)

Arlington, Amanda. *Implementing Effective Hypertension Care Using the American College of Cardiology and American Heart Association Guideline*

Cynowa, Heather. *Improving Effective Screening and Management of Obesity in an Urgent Care Clinic*

Hall, Tracy Michelle. *A Patient-Centered Approach to Increasing Provider Utilization of Patient Health Questionnaire (PHQ-9) in Adults Aged 18-64*

Shelton, Katheryn. *Implementing Effective Atypical Antipsychotic Medication Monitoring Guidelines in a Community Mental Health Center*

Thomas, Amy. *Implementing the Patient Health Questionnaire-9 (PHQ-9) for Effective Depression Screening and Management in a Rural Health Clinic.*

Summer 2019 (2019, Sept)

Canady, Berenese. *Implementing Screening, Brief Intervention, and Referral to Treatment for Effective Management of Substance Use and Depression*

Hanna, Susan. *Enhancing Resident Safety in Nursing Facilities: A Quality Improvement Initiative to Upgrade Fall Care Processes*

Harrell, Whitney. *Implementing Effective Substance Abuse Screening, Early Identification, and Referral to Treatment in Primary Care*

Haslun, Heather. *Effective Tobacco Use Screening and Treatment in the Urgent Care Setting*

Olaleye, Oladipo. *Improving Patient Safety by Reducing Concurrent use of Benzodiazepines and Opioids*

Spring 2019 (2019 Jun)

Emmanuel, Janika. *Improving Performance Metrics in a Community Clinic for Homeless Women with Effective Screening and Management*

Holt, Faith. *Antibiotic Stewardship in Urgent Care: Improving Effective Management of Acute Sinusitis*

Keeler, Nisha. *Improving Effective Antibiotic Stewardship for Improved Quality Patient Care in an Outpatient Clinic*

Kueter, Shaun. *Implementing Effective Care for Colorectal Cancer Screening for Adults in an Urban Family Medicine Clinic*

Kwasinski, Ashely. *Implementation of an Inpatient Screening Checklist to Increase Effective Utilization of Clostridium difficile Testing*

Lyell, Gena. *Effective Colorectal Cancer Testing Using Shared Decision Making in a Rural Primary Care Setting*

Macopson, Janice. *Get with the Guidelines-Heart Failure to effectively reduce heart failure readmissions in a community hospital*

Metz, Natalie. *Providing Effective Care for Diabetic Native American Patients Using an American Diabetes Association Recommendations Flowsheet*

Moreau, Christine. *Improving Patient-Centered Hypertension Treatment in a Free Clinic: Screening, Brief Intervention, and Referral to Treatment*

Morris, Tina. *Effective Screening and Management of Hyperlipidemia and Prevention of Cardiovascular Disease According to ACC/AHA 2013 Guidelines*

Smith, Jarod. *Improving patient safety through increased chart reviews and shared decision making among opioid receiving patients*

Smith, Tracy. *Providing effective hospital-based care for cirrhosis by improving national guideline utilization on a hospitalist service.*

Strickland, Amanda. *Improving Patient Safety with Respiratory Monitoring Using the Michigan Opioid Safety Score (MOSS) During Inpatient Hospitalization.*

Velasco, Sarah. *Improving MIPS measures using effective care and standardized processes in a retail health setting*

Winter 2019 (2019, Mar)

Bonner, Jennifer. *Effective Pain Control During and After Newborn Circumcision at Rapid City Regional Hospital*

Booth, Jennifer. *Increasing Effective Screening and Referral to Treatment of Human Papillomavirus Vaccination in Daviess County*

Huber, Amanda. *Increasing Effective Screening and Management of Adolescent Obesity in a Primary Care Clinic*

Mellor, Sandra. *Implementing Effective Care Using American Diabetes Association Standards of Diabetes Care in an Uninsured Population*

Smith, Heather. *Improving the Efficacy of CDC Guidelines for Hepatitis C Screening and Treatment in Rural Family Practice*

Thompson, Andrene. *Implementation of a Patient-Centered Medicare Wellness Program at a Primary Care Clinic*

Van Gorp, Samantha. *Improving Effectiveness of Obesity Screening and Management in a Rural Primary Care Clinic*

Fall 2018 (2018, Dec)

- Collins-Fulea, Catherine. *Improving Timeliness of Obstetrical Triage Throughput in an Urban Tertiary Care Hospital.*
- Ellison, Brittany. *Increasing Effectiveness of Screening and Management of Gestational Diabetes in Hispanic Women in Primary Care.*
- Hensley, Stephanie. *Implementation of Patient Centered Quality Indicators for Type 2 Diabetics in a Rural Primary Care Setting*
- Sharp, Marlo. *Effective Early Screening, Identification, and Management of Diabetes and Obstructive Sleep Apnea to Reduce Perinatal Risk in a Metropolitan Clinic*

Summer 2018 (2018, Sept)

- Brunacini, Kevin. *Implementation of a Virtual Patient-Centered Weight-Loss Maintenance Behavior Competency Assessment in Adults with Obesity* (published)
- Brunacini, K. (2019). Implementation of a virtual patient-centered weight loss maintenance behavior competency assessment in adults with obesity. *Journal of the American Association of Nurse Practitioners*, 31(12), 752–759. doi: 10.1097/JXX.0000000000000192.
- Carpenter, Caroline. *A Patient-Centered Right Care Approach to Sudden Infant Death Syndrome in a Rural Family Clinic* (published)
- Carpenter, C. (2020). A Patient-Centered Right Care Approach to Sudden Infant Death Syndrome Prevention in a Rural Clinic. *Online Journal of Interprofessional Health Promotion*, 2(1). <https://repository.ulm.edu/ojhp/vol2/iss1/6>
- Dunham, Amanda. *Improve Effective Hypertension Care by Utilizing Risk Calculation and Target:BP in Primary Care*
- Jones, Grace. *Effectively Improve Preventive Care for Inflammatory Bowel Disease Patients Utilizing American College of Gastroenterology Guidelines*
- Koonce, David. *Increase Patient-Centered Management of Hypertensive Patients in Primary Care Using JNC 8 Guidelines*
- Marks, Heather. *A Patient-Centered Approach to Tobacco Cessation in a Rural Primary Care Office*
- Martin, Latrice. *Effectiveness of a Reproductive Life Plan for Reproductive Age Women in a Primary Care Setting*
- Matuit, Petronela. *Improving Patient Safety by Reducing Falls in a Skilled Nursing Facility Using National Guidelines*
- Montgomery, Barbara. *Increase Effective Care to Sexually Active Patients Presenting to Urgent Care with Genitourinary Complaints*
- Phillips, Susanna. *Effective Management of Hypertension Based on the ACC/AHA Guidelines in the Primary Care Setting*
- Serrano, Nicole. *Effective Lipid Management According to ACC/AHA Guidelines in a Primary Care Clinic*
- Steele, R. Morgan. *Improving Effective Asthma Care Through Increased Spirometry Use in a Suburban Primary Care Clinic*
- Traeye, Alesia. *Using Standardized Processes and Patient-Centered Care to Improve Pneumococcal Vaccination Rates Among At-Risk Adults*
- Walker, Stephanie. *Improving Timely Access to Care in a Rural Outpatient Clinic*

Spring 2018 (2018, Jun)

- Booth, Nina. *Improving Access and Standardizing Patient-Centered Palliative Care for Advanced Cancer Patients*

Boyle, Josie. *Screen and Refer: Improving Access to Equitable Care for the Severely Mental Ill*
 Cestaro, Carmen. *Effective Use of a Modified Version of Hill-Rom's Progressive Mobility Program in Critical Care Patients*
 Dunaway, Carrie. *Improving Safety of Atrial Fibrillation Patients through Stroke Prophylaxis: Utilizing CHADs-VASc Risk Tool for Standardized Anticoagulation*
 Kirscher, Micah. *Implementing the Androgen Deficiency in Aging Males Questionnaire while Providing Effective Care*
 Lynch, Casey. *Improving Patient-Centered Sexually Transmitted Infection Risk Assessment in an OB/GYN Office: Utilizing the Five P's of Sexual Health History Taking*
 Scaff, Cheryl DeNese. *Effective Self-Screening of Pregnant Women for Gestational Diabetes at a Rural CN Clinic*
 Watkins, Tracy. *Implementing the 5A's Decision Tool to Improve Patient-Centered Weight Management in Primary Care*

Winter 2018 (2018, Mar)

Brock, Joy. *Improving Timely and Effective Care for Long Term Acute Care Patients at Barlow Respiratory Hospital*
 Long, Allen. *Increase the Identification and Management of Patients at risk for Prediabetes at the Health and Wellness Clinic*
 Piercy, Sara. *Increasing Mobility to Effectively Decrease Functional Decline in Hospitalized Patients*
 Usry, Audrey. *Effective use of Antibiotic Stewardship with the National Quality Partners Playbook in Suburban Outpatient Care Clinic*

Fall 2017 (2018, June)

Gervase, Madeline. *Implementing Get with the Guidelines for Heart Failure Tool to Decrease Hospital Readmission Rates and Improve Long Term Transitional Care Efficiency*
 Haney, Chloe. *Implementing Screening for Timely Diagnosis and Effective Treatment for Peripheral Vascular Disease in Primary Care*
 Kendall, Pamela. *Increase Effectiveness of Screening and Management of Patients with Elevated BMi in a Chronic Pain Clinic*
 Kham, Vanna. *Effective use of Tobacco Screening and Treatment Utilizing Shared Decision Making in Primary Care*
 Lythgoe, Jeanne. *Implementation of a Transfusion Risk Assessment Tool to Effectively Reduce Blood Transfusions in Cardiac Surgery Patients* (published)

- Lythgoe, J. (2019). Implementation of a Blood Conservation Initiative to Effectively Reduce Blood Transfusions in Cardiac Surgery Patients. *Critical Care Nursing Quarterly*, 42(2), 177–186. doi: 10.1097/CNQ.0000000000000251.

 Quinones, Nelly. *Improving Efficiency of the Nurse Home Visiting Staff at the Passaic County Nurse Family Partnership Program*
 Stevenson, Christina. *A Patient-Centered Approach: Implementation of Depression Screening Protocol using the PHQ-9 in Home Health Patients*
 Wainwright, Deborah. *Improving Screening and Management of Female Sexual Dysfunction: A Patient-Centered Approach at a National Hormone Center*
 Wright, Erica. *Increase Effective Screening Brief Intervention Referral to Treatment (SBIRT) for Pediatric Patients ages 0-5 at Mat Su Midwifery and Family Health*

Attendance at CEU Programs in last 5 years

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| 01/2023 | AACN Doctoral Conference (ANCC, 14.5 contact hours) |
| 12/2022 | IHI 2022 National Forum (ANCC, 9.5 contact hours) |
| 09/2022 | SAFM Virtual Advanced Practice Workshop (ACCME, 5 CEs) |
| 04/2022 | Irritable Bowel Syndrome (ACCME, 10 contact hours) |
| 04/2022 | Disorders and Injuries of the Eye and Eyelid (ACCME, 15 contact hours) |
| 04/2022 | Post-Traumatic Stress Disorder (ACCME, 15 contact hours) |
| 04/2022 | Implicit Bias in Health Care (ACCME, 3 contact hours) |
| 03/2022 | Introduction to Cultural Safety (AANP, 3 contact hours) |
| 10/2021 | Michigan: Pain and Symptom Management for Nurses (ANCC, 2 contact hours) |
| 10/2021 | Texas Nursing Forensics (ANCC, 3 contact hours) |
| 10/2021 | Texas Nursing Jurisprudence and Ethics (ANCC, 3 contact hours) |
| 10/2021 | Human Trafficking: Florida (ANCC, 2 contact hours) |
| 10/2021 | Florida Medical Errors Prevention (ANCC, 2 contact hours) |
| 10/2021 | Florida Laws and Regulations (ANCC, 2 contact hours) |
| 10/2021 | Florida HIV AIDS (ANCC, 2 contact hours) |
| 10/2021 | Florida Domestic Violence (ANCC, 2 contact hours) |
| 10/2021 | Florida Recognizing Impairment in the Workplace (ANCC, 2 contact hours) |
| 10/2021 | Moral Resilience (ANCC, 1 contact hour) |
| 10/2021 | Promoting Nurse Self-Care: Emotional and Mental Wellbeing (ANCC, 1 contact hour) |
| 10/2021 | A Nurse's Guide to Preventing Compassion Fatigue, Moral Distress, and Burnout (ANCC, 1.4 contact hours) |

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| 09/2021 | 27 th Annual LANP Conference: Pearls for Healthcare Success (AANP, 3 CE, 3 pharm) |
| 06/2021 | Introduction to Functional Nutrition: Clinical Solutions for Addressing the Underlying Causes of Disease (ACCME, 1.5 CE) |
| 06/2021 | Introduction to Functional Medicine (ACCME, 1.5 CE) |
| 04/2021 | 2021 NONPF 47 th Annual Conference: New Frontiers in NP Education (20.25 contact hours) |
| 02/2021 | DOMESTIC Test Construction Workshop: Creating Effective Multiple Choice Test Questions for a Diverse Student Population (ACNM, 4 CE) |
| 12/2020 | IHI 2020 National Forum (12 hours) |
| 11/2020 | 2020 NONPF Fall Conference Excellence in Virtual NP Education (11.75 contact hours) |
| 10/2020 | 2020 LANP's 26 th Annual Primary Care Conference: Advocating for a Healthier Louisiana (AANP 16.8 CE, 11 pharm) |
| 10/2020 | Evidence-based Pain Management: Addressing the Growing Role of Nurse Practitioners and Physician Assistants in Managing Patients with Acute and Chronic Pain (3 contact hours, 1 pharm) |
| 10/2020 | Influenza Treatment in the Primary Care Setting (AANP 0.91 contact hours) |
| 09/2020 | NurseTim Live Webinar: CNE Prep (AANC 6 CE) |
| 07/2020 | The Link between Mental Illness, Culture, Implicit Bias and Stigma (Part 2) – (AANP 2 CEUs) |
| 04/2020 | Building a Bridge in a Diverse World (AANP 2 CEUs) |
| 12/2019 | IHI 2019 National Forum on Quality Improvement in Healthcare (9.25 CE) |
| 09/2019 | TeamSTEPPS Training (8 hours CE) |
| 02/2019 | Writing for Publication and Your Career Development as a Nurse Educator (1 CE) |
| 01/2019 | NP/PA 24-Hour Buprenorphine Waiver Training (AANP - 24 CE, 18 Pharm) |

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| 11/2018 | Psychopharmacology in Primary Care (AANP - Activity ID # 18083330) |
| 10/2018 | Tips for Success in Publishing in Scholarly Writing (AANP 1.25 CE) |
| 09/2018 | 2018 LANP's 24th Annual Primary Care Conference- Nurse Practitioners: Rising to the Top, New Orleans, LA (16 CE, 10.42 Pharm) |
| 07/2018 | NurseTim Webinars (11.5 CE) Mentoring Adjuncts and New Clinical Faculty for Student Success, Mentoring Faculty Roundtable, Disabilities and Accommodations: How to Help Students with Special Needs, Team Building in Nursing Education: Strategies for Success, Beyond Incivility: Fostering a Healthy Learning Environment, Graduate Education: E-Learning Made Easy, Graduate Education: Strategies to Prepare Successful Students, Flipping the Classroom: A Magical Approach to Learning, Parts 1 & 2, Managing Clinical Placements, Policy, Regulation and Law: Creative Teaching Strategies for Graduate and Undergraduate Faculty |
| 02/2018 | Advanced Emergency Medicine Boot Camp (26 CE) |
| 02/2018 | Advanced Emergency Medicine Imaging Boot Camp (4 CE) |
| 06/2017 | AANP National Conference, Philadelphia, PA (22.5 CE) |