

Frontier Nursing University
CURRICULUM VITAE
Updated 01/19/2024

NAME: Elizabeth Birkey

PHONE: 815-878-3358

Work elizabeth.birkey@frontier.edu
Email Address

LICENSURES and CERTIFICATIONS:

PMHNP

FNP-C

CNM

IBCLC

DEA X waiver XB2850370

EDUCATION:

<u>Institution and Location</u>	<u>Degree</u>	<u>Dates</u>	<u>Major</u>
Frontier Nursing University, Hyden KY	DNP	2021	Doctorate of Nursing
Frontier Nursing University, Hyden, KY	PGC-PMHNP	2019	PMHNP
Frontier Nursing University, Hyden, KY	PGC-FNP	2013	FNP
Frontier Nursing University, Hyden, KY	MSN	2011	CNM

ACADEMIC EMPLOYMENT:

<u>Institution or Firm</u>	<u>Rank or Title</u>	<u>Dates</u>
Frontier Nursing University, Versailles, KY 31, 2024	Course Faculty	Oct 31, 2021 - March
Frontier Nursing University, Versailles, KY	Clinical Bound Team Lead	Apr 1, 2024 - present

OTHER EMPLOYMENT: (Include clinical and other professional employment)

<u>Institution or Firm</u>	<u>Rank or Title</u>	<u>Dates</u>
Array	PMHNP	2022-present
Catching Joy Midwifery	CNM, PRN	2022-present
Liz Healthcare & Psychiatry	FNP, CNM, PMHNP	2022-present
Frontier Nursing University	Faculty	2021-present
St. Margaret's Hospital	PMHNP, FNP-C	2020-2022
Illinois Valley Community Hospital	CNM, FNP-C, PMHNP-BC	2013-2020

TEACHING ACTIVITIES

Courses Taught

Course # PC719	Course title Psychiatric Concepts for APRN	Academic yr 2021-202 2	Term Fall, winter, spring	credits 3	Role Course Faculty	Avg students >200
MH710-711	Clinical Bound	2021-202 2	Fall, winter, spring, summer	3	Clinical Bound Faculty	12
MH712	Clinical I	2022-202 4	Spring, summer, fall, winter	0-3	Clinical Bound Faculty	20
MH705	Psych-MH roles and modalities of care	2023	Summer	3	Course Faculty	60-80
MH720	Substance Use Disorder and contemporar y issues in mental health	2023-202 4	Fall, winter, spring	3	Course Faculty	80

DNP Project

A Patient-Centered Quality Initiative to Weight Management Care for Adults in a Multispecialty Clinic

SERVICE ACTIVITIES

PROFESSIONAL ACTIVITIES:

Memberships and Positions Held in Professional Organizations (specify: organization, role, dates)

American College of Nurse Midwives 4/2022 - present

American Psychiatric Nurses Association 4/2022 - present

American Nurses Association 4/2022 - present

Special Interest Group

ACNM Perinatal Substance Use Disorder 5/2022 - present

Editorial activities

Journal of Midwifery and Women's Health

School SERVICE: (specify committee, role, dates)

Rank Committee, member, 1/22/22 - 5/2022

Workload Committee, member 10/2022 - no recent meetings

Mission and Philosophy committee 2023 - present

Research Committee through 2023 - present

Assessment Across the Curriculum 4/2023 - present

CONTINUING EDUCATION ACTIVITIES

Attendance at CEU Programs in last 3 years

2024 RCORP Reverse Site Visit

Stimulant Use Disorder: Medication management 3/2024

PCSS: Opioid Use Disorder in Pregnancy 3/2024

PCSS: Addition as a Chronic Relapsing Disease 3/2024

PCSS: Stigma and OUD 3/2024

PCSS: Buprenorphine and Chronic pain 3/2024

Gold Learning: Tongue tie symposium 2023

Pregnant People with Substance Use Disorder (SUD): Strategies for Screening, Assessment, and Treatment

APNA annual conference Oct 2023

17th Annual Primary Care Spring Conference

PCSS Clinical Roundtable: Addiction as a Chronic Relapsing Disease: Managing Your Practice

PCSS Clinical Roundtable: Buprenorphine and Chronic Pain

PCSS Clinical Roundtable: Stigma and Opioid Use Disorder

PCSS Clinical Roundtable: Telemedicine and OUD

AMCB Certificate Maintenance Articles: Antepartum and Primary Care of the Pregnant Woman
2020-2022

New Faculty Development Program 9/2022-12/2022

2nd Annual Pregnancy and Substance Use Disorders Conference 9/2022

Advanced Teaching Skills 6/2022

NRP 5/2022

Birth Emergency Skills Training 5/2022

EMDR Training Course 4/2022

10th Annual Primary Care

OUD Treatment Fellowship ECHO 6/29/21-2/15/22

Winter Conference 3/2022

3rd Annual Women's Health Conference 9/2021

New Frontiers in Mindfulness & Compassion: Tailoring the Practice to the Person

School Mental Health: Treating Students K-12

Psychiatry Update 2021: COVID-19 and Mental Health: Assessment and Intervention

Psychiatry Update 2021: The Good, the Bad and the Uncertain in Treating Schizophrenia

Psychiatry Update 2021: Tardive Dyskinesia: An Expert's Guide

Psychiatry Update 2021: Recent Advances in Treating Bipolar Depressive Spectrum Disorders
QI 103: Testing and Measuring Changes with the PDSA Cycle
QI 104: Interpreting Data: Run Charts, Control Charts, and Other Measurement Tools