

Elizabeth Birkey  
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## **EDUCATION**

- Post-Master's - Doctorate in Nursing, March 2021  
Frontier Nursing University, Hyden, Ky
- Post-Master's certification – PMHNP, September 2019  
Frontier Nursing University, Hyden, Ky
- Post-Master's certification - FNP, July 2013  
Frontier Nursing University, Hyden, Ky
- Master's Degree in Nursing - Midwifery, November 2011  
Frontier Nursing University, Hyden, KY
- Bachelor of Science in Nursing, May 2007  
Northern Illinois University, Dekalb, IL
- Associates Degree in Nursing, May 2004  
Illinois Valley Community College, Oglesby, IL

## **AREAS OF SPECIALIZATION**

- Certified Nurse Practitioner  
License # 209011481  
Certification # F0314108
- Certified Nurse Midwife  
License #209009369  
Certification # CNM0785
- Psychiatric Mental Health Nurse Practitioner  
Certification #2019059954
- Registered nurse  
License # 041341442
- Internationally Board Certified Lactation Consultant  
Certification # 10725808
- CPR
- NRP
- Advanced FHM

## **TEACHING EXPERIENCE**

- Breastfeeding classes to pregnant and breastfeeding mothers
  - Responsible for breastfeeding support group for pregnant and breastfeeding women
- Preceptor for FNP and CNM students.

## **PRESENTATIONS**

- Patient-Centered Care for Overweight and Obese Adults in a Rural Multispecialty Clinic

## **RELATED PROFESSIONAL EXPERIENCE**

- Employment
  - PMHNP at St. Margaret's Center for Family Health June 2020 to present
  - PMHNP at Forefront Telehealth, January 2020 to present
    - Telepsych services at SNF
  - FNP-C, CNM at Peru Primary Care Clinic, April 2014 to May 2020
    - Certified for PMHNP 9/2019 and began offering mental health services
    - Provide primary health care to women, men and children throughout the lifespan including full scope midwifery.
  - CNM at Women's Health Care Center, April 2013 to August 2015
    - Provide full scope midwifery care
  - CNM at Planned Parenthood, March 2013 to April 2013
    - Primary care of women
  - Registered nurse at Perry Memorial Hospital, March 2004 to 2013
    - Provide primary nursing care to women in the hospital setting during the antepartum, labor and birth, postpartum period; including newborn care.
    - Teaching and supporting breastfeeding women
    - Emergency birth class to first responders.