# Frontier Nursing University CURRICULUM VITAE

**Rachel Mack**

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# LICENSURES and CERTIFICATIONS:

American Academy of Nurse Practitioners F1110069

Expiration date – November 2020

Advanced Practice Registered Nurse Oklahoma

84932

Expiration date – September 30, 2018

Advanced Practice Registered Nurse

Kentucky

1148093

Expiration date – October 31, 2017

Oklahoma Board of Narcotics and Dangerous Drugs Oklahoma

41886

Expiration date – October 2018

|  |  |
| --- | --- |
| Drug Enforcement Agency Oklahoma |  |
| MM2344365Expiration date – January 2017 |
| **EDUCATION:**Institution and LocationOklahoma City University | Degree | Dates | Major |
| Oklahoma City University | PhD | 10/2016 | Nursing Edu. |
| Oklahoma City University  | DNP | 05/2013 | Clinical Nursing |
| Frontier Nursing University | MSN | 06/2010 | FNP |
| Oklahoma City University | BSN | 05/2007 | Nursing |
| Oklahoma City Community College | AASN | 12/2005 | Nursing |
| **ACADEMIC EMPLOYMENT**:Institution or Firm | Rank or Title |  | Dates |

Frontier Nursing University Nursing Instructor 07/14-­‐current

Chamberlain University Adjunct Nursing Instructor 03/14-­‐06/14

Walden University Adjunct Nursing Instructor 03/14-­‐06/14

Oklahoma City University Assistant Professor of Nursing 07/11-­‐12/13

Oklahoma City University Adjunct Nursing Instructor 1/08-­‐07/10 American Institute of Healthcare Quality Course Instructor 01/14-­‐07/14

**OTHER EMPLOYMENT**: (Include clinical and other professional employment)

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| --- | --- | --- |
| Institution or Firm | Rank or Title | Dates |
| American Gulf International Consulting | Healthcare Consultant | 01/08-­‐current |
| Family Healthcare and Minor Emergency | Family Nurse Practitioner | 10/10-­‐current |
| Oklahoma City University Student Health | Family Nurse Practitioner | 07/11-­‐12/13 |
| Oklahoma Sleep Institute | Family Nurse Practitioner | 11/10-­‐06/11 |

# HONORS, AWARDS AND HONOR SOCIETY MEMBERSHIPS:

Date Award or Honor

2016 Oklahoma City University Academic Excellence PhD Student Award

2016 Oklahoma City University Outstanding PhD Student Award

2016 Oklahoma City University High Honors PhD in Nursing Education

2015 Student Choice Award- Frontier Nursing University

2013 Professor of the Month-­‐Oklahoma City University Student Nurse Association 2013 High Honors Doctor of Nursing Practice Degree

2013 Outstanding Service Award

2007 National Scholar’s Honor Society

2007 Magna Cum Laude

2007 National Dean’s List

# PUBLICATIONS

Mack, R. (2013). Decreasing Prescription Drug Abuse in the Clinical Setting. *ATINER Conference Series HCS 2013-­‐0399*. [http://www.atiner.gr/papers/HSC2013-­‐](http://www.atiner.gr/papers/HSC2013-) 0399.pdf

Co-­‐contributor – Oklahoma State Narcotic Prescribing Guidelines: Clinic, Emergency Department, and Urgent Care

Co-­‐contributor – Oklahoma State Narcotic Healthcare Provider Continuing Education Program Co-­‐contributor – Decreasing Prescription Drug Abuse in Oklahoma: A State Plan

Co-­‐contributor – Opioid Prescribing Guidelines for Oklahoma Health Care Providers in the Office-­‐ based Setting. *The Journal of the Oklahoma State Medical Association*. August 2014.

# PRESENTATIONS:

Group Presentation: Three Approaches to Student Writing Competencies: Self-Editing, Assignment and Rubric Design, and Meaningful Feedback

 October 2016

 Frontier Nursing University Faculty Meeting Breakout Session

 Hyden, Kentucky

Podium Presentation (invited): Opioid Over Prescribing Issues and Solutions

 September 2016

 Oklahoma Nurse Association/America Nurse Association Regional Meeting

 Muskogee, Oklahoma

Virtual Group Presentation: Providing Feedback in Writing

 August 2016

 Frontier Nursing University

Podium Presentation (invited): Decreasing Prescription Drug Abuse in the Clinical Setting

 September 2015

 12th Annual Caring Across Cultures Conference: Culture of Addiction

 Oklahoma City, Oklahoma

Poster Presentation: Moral Distress in Nursing Education October 15 – 17, 2014

Association of Oklahoma Nurse Practitioner 20th Annual Conference

Midwest City, Oklahoma

Group Presentation: The effects of Prescription Drug Abuse in the Clinical, Emergency Department, Pediatric, Psychiatric, and University Setting

October 18, 2013

Association of Oklahoma Nurse Practitioner 19th Annual Conference

Midwest City, Oklahoma

Poster Presentation: Decreasing Prescription Drug Abuse in the Clinical Setting October 16 – 18, 2013

Association of Oklahoma Nurse Practitioner 19th Annual Conference

Midwest City, Oklahoma

Paper Presentation: Decreasing Prescription Drug Abuse in the Clinical Setting May 08, 2013

ATINER

1st Annual International Conference on Health and Medical Science Athens, Greece

Roundtable: When Does Life Begin?

September 2012 Oklahoma City University Oklahoma City, Oklahoma

# RESEARCH ACTIVITIES:

Dissertation Research: FDA upscheduling of hydrocodone and the effect on nurse practitioners pain management practice.

# FACULTY PRACTICE ACHIEVEMENTS:

Item Writer:

American Academy of Nurse Practitioners January 2013 – August 2013

Item Writer:

American Academy of Nurse Practitioners July 2014 – December 2014

# ADMINISTRATIVE ACHIEVEMENTS: none

**PROFESSIONAL ACTIVITIES**:

American Nurses Association Active Member

Association of Oklahoma Nurse Practitioners Active Member

Secretary

January 2013 – Current

Athens Institute for Education and Research Active Member

National Association of Drug Diversion Investigators Active Member

National League for Nursing Active Member

Oklahoma Nurses Association Active Member

Oklahoma Prevention Leadership Collaborative Active Member

Sigma Theta Tau, Inc., International Honor Society of Nursing Beta Delta Chapter-­‐at-­‐Large

Active Member

# School SERVICE:

2016-Course Review NP 706

2016-Writing Across Curriculum Co-chair FNU

2016-Faculty Mentor FNU

2015- Faculty Mentor FNU

2015- Course Review PC 718 FNU

2015- Course Review PC 701 FNU

2015/2016-PC Faculty Team Leader (Fall and Winter) FNU

2015-Faculty Representative Administrative Team (April, May, June) FNU

2015-Admissions Committee FNU

2015-New Faculty Mentor Committee FNU

2015-­‐Frontier Nursing University-­‐Curriculum Committee

2014-­‐ Frontier Nursing University-­‐Admissions Application Reviewer 2014-­‐ Frontier Nursing University-­‐Writing Across Curriculum Committee

2011-­‐13-­‐ Oklahoma City University -­‐Native American Nurse Association, developed and chaired

2013 – Oklahoma City University-­‐Kramer School of Nursing Nomination Committee, chair

2013 – Oklahoma City University-­‐Kramer School of Nursing Fitness Committee, chair 2013 – Oklahoma City University-­‐Kramer School of Nursing Faculty Search Committee 2012 – Oklahoma City University-­‐Kramer School of Nursing Faculty Search Committee 2012 – Oklahoma City University-­‐Kramer School of Nursing Nomination Committee 2012 – Oklahoma City University-­‐Kramer School of Nursing Fitness Committee

2012 – Oklahoma City University Faculty Awards Committee

# COMMUNITY PROFESSIONAL SERVICE:

2013 – Race for the Stars, volunteer Family Nurse Practitioner 5k race Oklahoma City University-­‐Kramer School of Nursing Oklahoma City, Oklahoma

2012 – Race for the Stars, volunteer Family Nurse Practitioner 5k race Oklahoma City University-­‐Kramer School of Nursing Oklahoma City, Oklahoma

2011 – Race for the Stars, volunteer Family Nurse Practitioner 5k race Oklahoma City University-­‐Kramer School of Nursing Oklahoma City, Oklahoma

# TEACHING ACTIVITIES:

Training Grants : none

Curriculum Development Activities

Assisted in the development of the curriculum for the BSN-­‐DNP and DNP completion program at Oklahoma City University

Reviewed and analyzed QSEN competencies in all courses of the MSN, BSN-­‐DNP, DNP completion, and PhD program at Oklahoma City University.

Reviewed and analyzed DNP competencies in all courses of the BSN-­‐DNP and DNP completion program at Oklahoma City University.

Courses Taught

# Frontier Nursing University

NP 711- Advanced Skills for NP Care

PC 700 – Introduction to Scholarly Writing PC 703 – Evidence Based Practice

PC 707 – Advanced Pharmacology Across the Lifespan

# Chamberlain University

NR 503 – Health, Epidemiology, & Statistics

# Oklahoma City University

NURS 3003 – Health Assessment (BSN, BBSN, RN-­‐BSN) NURS 3006 – Foundations of Nursing

NURS 3006 – Foundations of Nursing– Clinical NURS 3306 – Adult Health Nursing I – Clinical NURS 3504 – Family Health Nursing – Clinical NURS 3706 – Adult Health Nursing II – Clinical

NURS 5003 – Communications in Health Professions NURS 6201 – Advanced Topics in Advanced Practice NURS 6203 – Advanced Pathophysiology

NURS 6213 – Pharmacology for Advanced Practice

NURS 6215 – Advanced Health Assessment and Diagnostic Reasoning NURS 6233 – Adult Primary Care

NURS 6243 – Health Promotion and Primary Care of Women and Children NURS 6253 – Geriatric Primary Care

NURS 6244 – Women’s and Children’s Primary Care

NURS 6254 – Primary Care in Advanced Practice Settings NURS 9103 – DNP Capstone

Workshops/CE Taught

Certified Professional in Infection Control—Riyadh, Saudi Arabia, January 2014 Student Research Advising

DNP Projects

Transitional Care Management: The Primary Care Provider’s Role Improving Management of Overweight and Obese Children in Primary Care

Overcoming Barriers to Wellness: The Experience of the Obese Adult in a Rural Community

Improving Appropriate Use of Antibiotics in Viral URI in Immunocompetent Patients in Urgent Care Settings

Screening for Compensatory Compulsive Behaviors in Post Weight Loss Surgery Culturally Sensitive Diabetes Education Among the Hispanic Population Advance Care Planning in Primary Care

Spiritual Assessment in Primary Care: Improving Patient Centered Care Caring for the Alzheimer’s Caregiver in Primary Care

Promoting Medication Reviews to Improve Adherence to Medication Regimens in Older Adult Population

Attendance at CEU Programs in last 3 years

October 2015

 21st Annual Oklahoma Nurse Practitioner Conference

 Oklahoma City, Oklahoma

April 2015

 National Organization of Nurse Practitioner Faculties Conference

 41st Annual Meeting

 Baltimore, MD

October 2014

20th Annual Oklahoma Nurse Practitioner Conference Oklahoma City, Oklahoma

April 2014

40th Annual National Organization of Nurse Practitioner Faculty Denver, Colorado

October 2013

19th Annual Nurse Practitioner Conference Midwest City, Oklahoma

September 2013

10th Annual Caring Across Cultures Conference Oklahoma City, Oklahoma

May 2013

Psychopharmacology: What You Need to Know Today About Psychiatric Medications Oklahoma City, Oklahoma

May 2013

1st Annual International Conference on Health and Medical Science Athens, Greece

February 2013

9th Annual Nurse Educator Conference Oklahoma City, Oklahoma

October 2012

18th Annual Nurse Practitioner Conference Midwest City, Oklahoma

September 2012

9th Annual Caring Across Cultures Conference Oklahoma City, Oklahoma

April 2012

APA for Faculty-­‐Headings, Sources, Tables, Figures Oklahoma City, Oklahoma

April 2012

Test Item Writing Part 3 Oklahoma City, Oklahoma

March 2012

Test Item Writing Part 2 Oklahoma City, Oklahoma

February 2012

Workplace Safety for Patients and Providers: Outcomes Improvement for All Oklahoma City, Oklahoma

February 2012

Test Item Writing Part 1 Oklahoma City, Oklahoma

January 2012

Preparation for the Certified Nurse Educator Exam Oklahoma City, Oklahoma

January 2012

APA for Faculty Oklahoma City, Oklahoma