

Frontier Nursing University
CURRICULUM VITAE
Updated 04/2019

NAME: KHARA' JEFFERSON, DNP, APRN, FNP-C

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LICENSURES and CERTIFICATIONS:

Nov 2018 - Present	Kentucky RN License: <i>1160616</i>
Jan 2017 – Present	Georgia DEA License (Sched III-V)
Aug 2016 – Present	Georgia RN and APRN License: <i>RN260925</i>
May 2014 – Present	National Registry of Certified Medical Examiners, <i>FMCSA 7078399308</i>
Aug 2012 – Present	Louisiana Board of Pharmacy CDS & DEA License (Sched II-V)
Jan 2012 - Present	Family Nurse Practitioner – Certified, <i>AANPCP # F0112171</i>
Jan 2012 - Present	Louisiana APRN License: <i>AP06747</i>
May 2008 – Present	Pediatric Advanced Life Support (PALS)
Mar 2007 - Present	Louisiana RN License: <i>RN117781</i>
Apr 2007 - Present	Advanced Cardiac Life Support (ACLS)
Apr 2005 - Present	Basic Life Support (BLS)

EDUCATION:

<u>Institution and Location</u>	<u>Degree</u>	<u>Dates</u>	<u>Major</u>
Frontier Nursing University Hyden, Kentucky	Doctor of Nursing Practice	01/2016 - 03/2017	Nursing DNP

University of South Alabama Mobile, Alabama	Master of Science in Nursing	06/2009 - 12/2011	Nursing - Family NP
University of Louisiana-Lafayette Lafayette, Louisiana	Bachelor of Science in Nursing	08/2004 - 12/2006	Nursing
University of Louisiana-Lafayette Lafayette, Louisiana	Bachelor of Science	08/1996 - 12/2000	Biology

ACADEMIC EMPLOYMENT:

<u>Institution or Firm</u>	<u>Rank or Title</u>	<u>Dates</u>
Frontier Nursing University	Instructor	03/2017 -- present
Iberia Parish School Board	Teacher	01/2003 – 05/2004

OTHER EMPLOYMENT:

<u>Institution or Firm</u>	<u>Rank or Title</u>	<u>Dates</u>
KAJ Wellness Professionals, LLC	Owner / Per Diem FNP EM/UC	02/2013 – Present
WellStreet Urgent Care	Family Nurse Practitioner - PRN	08/2017 – Present
Schumacher Clinical Partners	Family Nurse Practitioner – PRN	02/2013 – Present
Hulin Health	Family Nurse Practitioner – PRN	11/2013 – 10/2017
TeamHealth	Staff Family Nurse Practitioner	02/2012 – 11/2014
One Day Surgery, LLC	Registered Nurse – PRN	09/2008 – 09/2014
Our Lady of Lourdes RMC	Staff Registered Nurse	01/2007 – 01/2012

HONORS, AWARDS AND HONOR SOCIETY MEMBERSHIPS:

<u>Date</u>	<u>Award or Honor</u>
2011 – Present	Member of Sigma Theta Tau International Honor Society of Nursing

PUBLICATIONS:

Articles in Refereed Journals

Under Review

Jefferson, K. (2019). *Living with Crohn's Disease: Rediscovering My Spirituality While Hospitalized*. Accepted with minor revisions to *Journal of Christian Nursing* on 2/22/19.

PRESENTATIONS:

Peer Reviewed

Carpenter, C. & **Jefferson, K.** (September 2018). *A Patient-Centered Right Care Approach to Sudden Infant Death Syndrome Prevention in a Rural Clinic*. Poster presentation at the Louisiana Association of Nurse Practitioners (LANP) 24th Annual Primary Care Conference, New Orleans, LA. Presented by Caroline Carpenter.

Brunacini, K., Propst, K., & **Jefferson, K.** (December 2018). *Implementation of a Virtual Patient-Centered Weight-Loss Maintenance Behavior Competency Assessment in Adults with Obesity*. Poster presentation at the Institute of Healthcare Improvement's 30th Annual National Forum. Presented by Kevin Brunacini.

Carpenter, C. & **Jefferson, K.** (December 2018). *A Patient-Centered Right Care Approach to Sudden Infant Death Syndrome Prevention in a Rural Clinic*. Poster presentation at the Institute of Healthcare Improvement's 30th Annual National Forum. Presented by Caroline Carpenter.

Dunaway, C. & **Jefferson, K.** (December 2018). *Improving Safety of Atrial Fibrillation Patients through Stroke Prophylaxis: Utilizing CHADs-VASc Tool for Standardized Anticoagulation*. Poster presentation at the Institute of Healthcare Improvement's 30th Annual National Forum. Presented by Carrie Dunaway.

Refereed

Jefferson, K. A. (April 2019). *Innovations and Challenges in Patient Engagement: Lessons Learned from the Field and Flipped Classroom Experience*. Podium presentation at the 45th Annual Conference of the National Organization of Nurse Practitioner Faculties, Atlanta, GA.

Invited

Butler, J. & **Jefferson, K.** (September 2018). *Engaging Patients via Shared Decision-Making: Student Strategies and Challenges to Understanding Patient-Centered Care*. Presentation to FNU Curriculum Committee's September 28, 2018 Meeting.

PROFESSIONAL ACTIVITIES:

Memberships and Positions Held in Professional Organizations

02/18 -12/18 Right Care Alliance Chapter Leader (LA/GA)

2012 – Present American Association of Nurse Practitioners (AANP) - Member
2012 - Present Louisiana Association of Nurse Practitioners (LANP) - Member

Policy and Advisory Board Memberships

2012 Iberia Medical Center Emergency Department Patient Experience
Quality Impact Team Member

2015-2016 Hulin Health Executive Committee Member

2015-2016 Hulin Health Training Coordinator

PROFESSIONAL SERVICE:

2019 FNU Faculty Representative Administration Team

2019 FNU Student Council Faculty Representative

2019 FNU Exams Across the Curriculum Subcommittee - Exam Item Peer Reviewer

2018 NONPF 45th Annual Conference Abstract Reviewer

2018 FNU Exams Across the Curriculum Subcommittee Member (Summer and Fall)

2018 FNU Course Review PC711 (Nurse as Educator)

PROFESSIONAL GROWTH AND DEVELOPMENT:

Mar 2019 IHI Leadership and Organizing for Change course (Mar 7-May 31)

Mar 2019 DNP Bound, Frontier Nursing University

Jan 2019 Webinar: How to Become a Published Author (Jan 22, 2019 - non-CE event)

Oct 2018 On Campus Faculty Meeting, Frontier Nursing University

Oct 2017 On Campus Faculty Meeting, Frontier Nursing University

Sept 2017 DNP Bound, Frontier Nursing University

Jan 2017 IHI Open School for Health Professions Quality Improvement Practicum
Certificate (July 6, 2016 - Jan 10, 2017): Application of Model for Improvement
to plan and implement a quality improvement project in local health care setting
to improve health processes, development of project charter to guide project,
development and implementation of family of measures, cause and effect diagram

to understand rationale for accomplishing aim, utilization of multiple PDSA cycles to test changes with data analysis on run charts, creation of summary report on learning from quality improvement project skills, knowledge

June 2015 HEART of a Leader Training: Brandon W. Johnson (positive energy guy) 2-day leadership intensive [HEART: Humility, Energy x Execution, Awareness, Relationships, Trust = Teamwork]

2015 - 2016 Preceptor University of Louisiana at Lafayette Family Nurse Practitioner Students

COMMUNITY PROFESSIONAL SERVICE:

2014 – 2016	Because We Care	Mission Trip Coordinator
2013 – 2015	Hulin Health	Community Service Coordinator
2013 – Present	The Diabetic Kitchen	Medical Consultant & Speaker

TEACHING ACTIVITIES:

Curriculum/Course Development Activities

Winter 2019 Frontier Nursing University (Course Revision)
PC740 Clinical Scholarship Planning - participated in revising and streamlining course content to align with student needs and evaluations. Updated assignment instructions and aligned rubrics with instructions and content.

Spring 2018 Frontier Nursing University (Course Revision)
PC742 Clinic Scholarship Dissemination - revised and condensed course materials to align with decreased credit workload; wrote assignment rubrics, updated assignment instructions, and aligned rubrics with instructions accordingly.

Courses Taught

Frontier Nursing University

DNP Project Clinical Courses: Planning, Implementation, & Dissemination

PC730, PC731, PC732 (Spring 2017 to Fall 2017)

PC740, PC741, PC742 (Fall 2017 – present)

- Advised DNP students throughout planning, implementation, and dissemination phases of the DNP project.
- In “Planning,” assisted in application of quality improvement theory, development of model of improvement for each students’ clinical site, assembled outcome, process and balancing measures for planned changes for the analysis of complex practice and organizational issues.
- In “Implementation,” assisted in application of model of improvement and quality improvement theory to evaluate systems function, analyze variation, and prioritize change, measurement of selected outcome, process, and balancing measures, and

summarizing the effects of change on the clinical setting, including exploring barriers, and facilitators to change.

- In “Dissemination,” provided feedback and assistance writing the final paper, creating PowerPoint, scholarly presentation of project, and preparation of project storyboard.

Student Advisor Work

2017 to Present Preclinical Student Advisor (FNU) 10 - 25 students per term

Frontier Nursing University

Course #	Course Title	Role	Academic Year	Term	Credits (Didactic – Clinical)	Continuity Students	Total Students
PC742	DNP Clinical Scholarship Dissemination	Course Coordinator	2019	Winter	1 – 1	7	25
			2018	Fall		4	24
			2018	Summer		14	47
		Instructor / Course Lead	2018	Spring		7	39
PC790	DNP Independent Study	Instructor	2018	Summer	1 – 1	2	4
			2018	Spring		1	3
PC741	DNP Clinical Scholarship Implementation	Instructor	2019	Winter	1 - 4	14	56
			2018	Fall		8	25
			2018	Summer		5	30
			2018	Spring		14	48
			2017	Winter		7	37
PC740	DNP Clinical Scholarship Planning	Instructor	2019	Winter	1 - 3	13	64
			2018	Fall		13	60
			2018	Summer		7	30
			2018	Spring		8	34
			2017	Winter		15	48
			2017	Fall		7	35
PC732	DNP Clinical Scholarship Dissemination	Instructor	2018	Winter	1 - 3	5	22
			2017	Fall		9	41
			2017	Summer		6	31
		TA / Orienting	2017	Spring		--	25
PC731	DNP Clinical Scholarship Implementation	Instructor	2017	Fall	1 - 3	5	23
		Instructor	2017	Summer		10	43
		TA /	2017	Spring		--	29

		Orienting					
PC730	DNP Clinical Scholarship: Planning	Instructor	2017	Summer	1 - 2	7	29
		TA / Orienting	2017	Spring		--	46

Doctoral Student Project Management/Advisor (FNU)

Winter 2019 DNP Graduate Projects

Bonner, Jennifer. (Mar 2019). *Effective Pain Control During and After Newborn Circumcision at Rapid City Regional Hospital*

Booth, Jennifer. (Mar 2019). *Increasing Effective Screening and Referral to Treatment of Human Papillomavirus Vaccination in Daviess County*

Huber, Amanda. (Mar 2019). *Increasing Effective Screening and Management of Adolescent Obesity in a Primary Care Clinic*

Mellor, Sandra. (Mar 2019). *Implementing Effective Care Using American Diabetes Association Standards of Diabetes Care in an Uninsured Population*

Smith, Heather. (Mar 2019). *Improving the Efficacy of CDC Guidelines for Hepatitis C Screening and Treatment in Rural Family Practice*

Thompson, Andrene. (Mar 2019). *Implementation of a Patient-Centered Medicare Wellness Program at a Primary Care Clinic*

Van Gorp, Samantha. (Mar 2019). *Improving Effectiveness of Obesity Screening and Management in a Rural Primary Care Clinic*

Fall 2018 Final DNP Graduate Projects:

Collins-Fulea, Catherine. (Dec 2018). *Improving Timeliness of Obstetrical Triage Throughput in an Urban Tertiary Care Hospital.*

Ellison, Brittany. (Dec 2018). *Increasing Effectiveness of Screening and Management of Gestational Diabetes in Hispanic Women in Primary Care.*

Hensley, Stephanie. (Dec 2018). *Implementation of Patient Centered Quality Indicators for Type 2 Diabetics in a Rural Primary Care Setting*

Sharp, Marlo. (Dec 2018). *Effective Early Screening, Identification, and Management of Diabetes and Obstructive Sleep Apnea to Reduce Perinatal Risk in a Metropolitan Clinic*

Summer 2018 Final DNP Graduate Projects:

- Brunacini, Kevin. (Sept 2018). *Implementation of a Virtual Patient-Centered Weight-Loss Maintenance Behavior Competency Assessment in Adults with Obesity*
- Carpenter, Caroline. (Sept 2018). *A Patient-Centered Right Care Approach to Sudden Infant Death Syndrome in a Rural Family Clinic*
- Dunham, Amanda. (Sept 2018). *Improve Effective Hypertension Care by Utilizing Risk Calculation and Target:BP in Primary Care*
- Jones, Grace. (Sept 2018). *Effectively Improve Preventive Care for Inflammatory Bowel Disease Patients Utilizing American College of Gastroenterology Guidelines*
- Koonce, David. (Sept 2018). *Increase Patient-Centered Management of Hypertensive Patients in Primary Care Using JNC 8 Guidelines*
- Marks, Heather. (Sept 2018). *A Patient-Centered Approach to Tobacco Cessation in a Rural Primary Care Office*
- Martin, Latrice. (Sept 2018). *Effectiveness of a Reproductive Life Plan for Reproductive Age Women in a Primary Care Setting*
- Matuit, Petronela. (Sept 2018). *Improving Patient Safety by Reducing Falls in a Skilled Nursing Facility Using National Guidelines*
- Montgomery, Barbara. (Sept 2018). *Increase Effective Care to Sexually Active Patients Presenting to Urgent Care with Genitourinary Complaints*
- Phillips, Susanna. (Sept 2018). *Effective Management of Hypertension Based on the ACC/AHA Guidelines in the Primary Care Setting*
- Serrano, Nicole. (Sept 2018). *Effective Lipid Management According to ACC/AHA Guidelines in a Primary Care Clinic*
- Steele, R. Morgan. (Sept 2018). *Improving Effective Asthma Care Through Increased Spirometry Use in a Suburban Primary Care Clinic*
- Traeye, Alesia. (Sept 2018). *Using Standardized Processes and Patient-Centered Care to Improve Pneumococcal Vaccination Rates Among At-Risk Adults*
- Walker, Stephanie. (Sept 2018). *Improving Timely Access to Care in a Rural Outpatient Clinic*
- Spring 2018 Final DNP Graduate Projects:
- Booth, Nina. (June 2018). *Improving Access and Standardizing Patient-Centered Palliative Care for Advanced Cancer Patients*

Boyle, Josie. (June 2018). *Screen and Refer: Improving Access to Equitable Care for the Severely Mental Ill*

Cestaro, Carmen. (June 2018). *Effective Use of a Modified Version of Hill-Rom's Progressive Mobility Program in Critical Care Patients*

Dunaway, Carrie. (June 2018). *Improving Safety of Atrial Fibrillation Patients through Stroke Prophylaxis: Utilizing CHADs-VASc Risk Tool for Standardized Anticoagulation*

Kirscher, Micah. (June 2018). *Implementing the Androgen Deficiency in Aging Males Questionnaire while Providing Effective Care*

Lynch, Casey. (June 2018). *Improving Patient-Centered Sexually Transmitted Infection Risk Assessment in an OB/GYN Office: Utilizing the Five P's of Sexual Health History Taking*

Scaff, Cheryl DeNese. (June 2018). *Effective Self-Screening of Pregnant Women for Gestational Diabetes at a Rural CN Clinic*

Watkins, Tracy. (June 2018). *Implementing the 5A's Decision Tool to Improve Patient-Centered Weight Management in Primary Care*

Winter 2018 Final DNP Graduate Projects:

Brock, Joy. (Mar 2018). *Improving Timely and Effective Care for Long Term Acute Care Patients at Barlow Respiratory Hospital*

Long, Allen. (Mar 2018). *Increase the Identification and Management of Patients at risk for Prediabetes at the Health and Wellness Clinic*

Piercy, Sara. (Mar 2018). *Increasing Mobility to Effectively Decrease Functional Decline in Hospitalized Patients*

Usry, Audrey. (Mar 2018). *Effective use of Antibiotic Stewardship with the National Quality Partners Playbook in Suburban Outpatient Care Clinic*

Fall 2017 Final DNP Graduate Projects:

Gervase, Madeline. (Dec 2017). *Implementing Get with the Guidelines for Heart Failure Tool to Decrease Hospital Readmission Rates and Improve Long Term Transitional Care Efficiency*

Haney, Chloe. (Dec 2017). *Implementing Screening for Timely Diagnosis and Effective Treatment for Peripheral Vascular Disease in Primary Care*

Kendall, Pamela. (Dec 2017). *Increase Effectiveness of Screening and Management of Patients*

with Elevated BMI in a Chronic Pain Clinic

Kham, Vanna. (Dec 2017). *Effective use of Tobacco Screening and Treatment Utilizing Shared Decision Making in Primary Care*

Lythgoe, Jeanne. (Dec 2017). *Implementation of a Transfusion Risk Assessment Tool to Effectively Reduce Blood Transfusions in Cardiac Surgery Patients*

Quinones, Nelly. (Dec 2017). *Improving Efficiency of the Nurse Home Visiting Staff at the Passaic County Nurse Family Partnership Program*

Stevenson, Christina. (Dec 2017). *A Patient-Centered Approach: Implementation of Depression Screening Protocol using the PHQ-9 in Home Health Patients*

Wainwright, Deborah. (Dec 2017). *Improving Screening and Management of Female Sexual Dysfunction: A Patient-Centered Approach at a National Hormone Center*

Wright, Erica. (Dec 2017). *Increase Effective Screening Brief Intervention Referral to Treatment (SBIRT) for Pediatric Patients ages 0-5 at Mat Su Midwifery and Family Health*

Attendance at CEU Programs in last 5 years

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| 02/2019 | Writing for Publication and Your Career Development as a Nurse Educator (1 CE) |
| 01/2019 | NP/PA 24-Hour Buprenorphine Waiver Training (AANP - 24 CE, 18 Pharm) |
| 10/2018 | Tips for Success in Publishing in Scholarly Writing (AANP 1.25 CE) |
| 09/2018 | 2018 LANP's 24th Annual Primary Care Conference- Nurse Practitioners: Rising to the Top, New Orleans, LA (16 CE, 10.42 Pharm) |
| 07/2018 | NurseTim Webinars (10.25 CE)
Mentoring Adjuncts and New Clinical Faculty for Student Success, Mentoring Faculty Roundtable, Disabilities and Accommodations: How to Help Students with Special Needs, Team Building in Nursing Education: Strategies for Success, Beyond Incivility: Fostering a Healthy Learning Environment, Graduate Education: E-Learning Made Easy, Graduate Education: Strategies to Prepare Successful Students, Flipping the Classroom: A Magical Approach to Learning, Parts 1 & 2 |
| 02/2018 | Advanced Emergency Medicine Boot Camp (26 CE) |

02/2018 Advanced Emergency Medicine Imaging Boot Camp (4 CE)

06/2017 AANP National Conference, Philadelphia, PA (22.5 CE)

10/2016 NetCE #95071 Antibiotics Review (5 AMA PRA Category 1 credit)

04-12/2016 Institute for Healthcare Improvement (16 contact hrs & 5.75 CME)
Improvement Capability, Patient Safety, Leadership, Person- and
Family-Centered Care, Triple Aim for Populations

10/2015 AANP Immunization Update (1.25 CE)

10/2015 AANP Medication Adherence: An Evidence Based Approach (1.25 CE)

10/2015 AANP Pharyngitis: Sorting Out Sore Throat (1.25 CE)

05/2015 AANP ER/LA Opioid REMS: Achieving Safe Use While Improving Patient Care
(3 CE)

05/2015 AANP Use of Non-steroidal Anti-Inflammatory Drugs in the Older Adult (0.91
CE)

09/2014 Skin, Bones, Hearts, & Private Parts Conference (33.5 CE)

04/2014 FMCSA Medical Examiner Training Course (10 CE)