**Frontier Nursing University**

**CURRICULUM VITAE**

Updated 04/01/2020

**NAME: Rebecca A. Fay, DNP, CNM, WHNP-BC, CNE, FACNM**

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Email Address: Rebecca.fay@frontier.edu

**LICENSURES and CERTIFICATIONS:**

Arizona CNM, CNP (WHNP) with Prescriptive Authority Expiration 04/30/2021

Missouri RN Expiration 04/30/2021

Missouri CNM with Prescriptive Authority Expiration 04/30/2021

Missouri CNP (WHNP) with Prescriptive Authority Expiration 04/30/2021

Women's Health Care Nurse Practitioner Certification NCC Expiration 06/21/2021

Certified Nurse-Midwife Certification AMCB Expiration 12/31/2023

Certified Nurse Educator Expiration 2024

**EDUCATION:**

Institution and Location Degree Dates Major

Excelsior College, Albany, NY PM Certificate 12/2017 Nursing Education

Frontier Nursing University Hyden, KY DNP 12/2013 Nursing Practice

Frontier Nursing University Hyden, KY PM Certificate 03/2012 WHCNP

Case Western Reserve University, Cleveland, OH MSN 05/1994 Nursing

Frontier Nursing University Hyden, KY Certificate 11/1993 Nurse-Midwifery

(Previously known as Frontier School of Midwifery and Family Nursing)

Excelsior College, Albany, NY BSN 09/1990 Nursing

(Previously known as Regents College, University of the State of New York)

Cox College, Springfield, MO Diploma 08/1972 Nursing (Previously known as Lester E. Cox Medical Center, Burge School of Nursing)

**ACADEMIC EMPLOYMENT**:

Institution or Firm Rank or Title Dates

Frontier Nursing University Assistant Professor 05/2017 to Present

Frontier Nursing University Instructor 05/2015 to 05/2017

Walden University, School of Nursing Contributing Faculty 07/2014 to 05/2015

**OTHER EMPLOYMENT**: (**Advanced Practice Registered Nurse Roles**)

Institution or Firm Rank or Title Dates

Harvard Vanguard Medical Associates CNM 10/2014 to 06/2016

Quincy, MA (with L&D shifts and OB Privileges   
at South Shore Hospital)

Mercy Hospital St. Louis Clinical Midwife 04/2013 to 08/2014

Obstetrics Triage Unit

Creve Coeur, MO

South Shore Women’s Health CNM 01/2002 to 04/2009

Scituate, MA

(OB Privileges at South Shore Hospital)

South Shore Medical Center CNM 09/1996 to 12/2001

Norwell, MA

(OB Privileges at South Shore Hospital)

Goddard Medical Associates CNM 04/1994 to 08/1996

Brockton, MA

(OB Privileges at Good Samaritan Medical Center)

**HONORS, AWARDS AND HONOR SOCIETY MEMBERSHIPS:**

Date Award or Honor

09/2019 Nominated Frontier Nursing University Culture of Caring Award

03/2019 Nominated Frontier Nursing University Culture of Caring Award

09/2018 Nominated Frontier Nursing University Culture of Caring Award

05/2018 Induction American College of Nurse-Midwives Fellow

05/2017 American College of Nurse-Midwives Exemplary Affiliate Award to Region IV Arkansas

07/2015 Sigma Theta Tau International Honorary Society of Nursing, Chi Pi Chapter

03/2014 Frontier Nursing Honor Society

**EDITORIAL ACTIVITIES**

Nurse Practitioners in Women’s Health – reviewer 06/2016 to present

Reviewed article 10/2016, 01/2018

American Midwifery Certification Board(AMCB) External Reviewer 01/2017 to present

External review of the AP Module 02.2017; Gynecologic and Primary Care 01/2019; AP

Module 2020-2022.

**PUBLICATION: Non-Peer Reviewed**

Fay, R. A. (2016, Summer). An Example of a Non-Clinical Based Quality Improvement Project. *Quickening, 47*(3), p. 24.

**PUBLICATION: Peer Reviewed**

Thrower, E.J.B., **Fay, R.,** Cole, L., Stone-Gale, V., Mitchell, A., Tenney, E., …Swint, C. (2019). A systematic process for evaluating teaching methods in nursing education. *Nurse Educator*. 00(00) 0–0. doi: 10.1097/NNE.0000000000000761. [Epub ahead of print]

**PRESENTATIONS**:

Paul, J., Yount, S., Keirnan, D., LeClair, M., **Fay, R**., Breman, R. (May 2016). Changing the Culture: A New Approach for Managing Early Labor. ACNM 61st Annual Meeting and Exhibition, Albuquerque, NM. Workshop.

Yount, S., Kissler, K., **Fay, R**., Butler, J. (May 2016). Pelvic Floor Control: Experiences with Urinary Incontinence During pregnancy and Post-Partum Periods. ACNM 61st Annual Meeting and Exhibition, Albuquerque, NM. Podium Presentation.

Fay, R. (March 2017). Long Acting Reversible Contraceptive (LARC): Update for NPs. 2nd Annual Arkansas Nurse Practitioner Association Conference, Little Rock, AR. Podium Presentation.

Fay, R. (May 2017). The Bereaved Midwife: How to Help your Colleague Return to Work Following the Loss of a Loved One. ACNM 62nd Annual Meeting and Exhibition, Chicago, IL. Poster Presentation.

Yount, S., Kissler, K., **Fay, R**., Butler, J. (October 2017). Perceptions of Urinary Incontinence During Pregnancy and Postpartum. AABC Birth Institute, Anchorage, AK. Poster Presentation.

Fay, R., (April 2018). An Irritating Condition: Recurrent Bacterial Vaginosis. 3rd Annual Arkansas Nurse Practitioner Association Conference, Little Rock, AR. Podium Presentation.

Thrower, E.J.B., **Fay, R**., Dunn, A., Miller, M.K. (October 2018). Revitalizing your Affiliate Through Innovative Leadership: Strategic Planning for Affiliates and Chapters. Midwifery Works, Ft. Lauderdale, FL. Workshop.

Fay, R. (April 2019). The Annual Gynecological Wellness Exam: More Than a Breast Exam and Pap Test. 4th Annual Arkansas Nurse Practitioner Association Conference, Little Rock, AR. Podium Presentation.

Yount, S., Kissler, K. **Fay, R**., Butler, J. (April 2019). Prenatal and Postpartum Experience, Knowledge, and Engagement with Kegels and the prevention and Treatment of Urinary Incontinence: A longitudinal, Prospective, Multi-Site Study. 4th Annual Arkansas Nurse Practitioner Association Conference, Little Rock, AR. Poster Presentation.

Thrower, E.J.B., **Fay, R**., Cole, L., Stone-Gale, V., Mitchell, A., Tenney, E., Smith, S., & Swint, C. (2019). A Systematic Process for Evaluating Teaching Methods in Nursing Education Courses. 4th Annual Frontier Nursing University Research Symposium, Hyden, KY. Poster Presentation.

Fay, R. (2019). Therapeutic Showering: A Physiologic Birth Tool. 4th Annual Frontier Nursing University Research Symposium, Hyden, KY. Poster Presentation

Fay, R. (2020). Polycystic Ovary Syndrome: Nuts and Bolts for NP Practice. 5th Annual Arkansas Nurse Practitioner Association Conference, Little Rock, AR. Podium Presentation. (Postponed)

Fay, R. (2020). Therapeutic Showering: A Physiologic Birth Tool. 5th Annual Arkansas Nurse Practitioner Association Conference, Little Rock, AR. Poster Presentation (Postponed)

Thrower, E.J.B., Smith, S., Barisich, D., Burslem, V., **Fay, R**. (2020, May 29-June2). Perineal Repair Update: A basic suturing workshop. [Conference Workshop Canceled]. ACNM 65th Annual Meeting & Exhibition, Austin, TX.

Thrower, E.J.B., Smith, S., Burslem, V., Daniels, J., Barisich, D., **Fay, R**.  (2020, May 29-June2). Perineal Repair Update: A basic suturing workshop. [Conference Workshop Canceled]. ACNM 65th Annual Meeting & Exhibition, Austin, TX.

Yount, S., **Fay, R**., Kissler, K. (2020, May 29-June 2). Prenatal and Postpartum Experience, Knowledge, and Engagement with Kegels and the prevention and Treatment of Urinary Incontinence: A longitudinal, Prospective, Multi-Site Study. [Poster Presentation]. ACNM 65th Annual Meeting & Exhibition, Austin, TX.

Fay, R. (2020, May 29-June 2). Supporting Physiologic Birth through Therapeutic Shower, Hydrotherapy, and Oral Hydration: An Update of the Literature. [Poster Presentation]. ACNM 65th Annual Meeting & Exhibition, Austin, TX.

**RESEARCH ACTIVITIES:**

Additional Research Projects

Co-Investigator; Pelvic Floor Control: Experiences with Urinary Incontinence During Pregnancy and Postpartum Periods, South Shore Hospital, Weymouth, MA; PI Susan Yount, PhD, CNM, WHNP-BC, FACNM; 03/2015 – 06/2016

PI; Lived Experiences of Women Birthing in an Accredited Alongside Maternity Center, El Rio Health and Wellness Center, Tucson, AZ. Co-investigator Susan M. Yount, PhD, CNM WHNP, FACNM; 01.2020 – 12/2020.

**PROFESSIONAL ACTIVITIES**:

Memberships and Positions Held in Professional Organizations

American College of Nurse-Midwives

* Region IV ACNM Fellows Governor 05/2020 to present
* Affiliate Development & Support Committee Member 06/2018 to present
* Membership and Marketing Committee Member 06/2015 to 06/2019
* Membership and Marketing Committee Secretary 06/2017 to 06/2019
* Continuing Education Committee 04/2019 to present
* Missouri Affiliate Member 09/2018 to present
* President Arkansas ACNM Affiliate 09/2016 to 09/2018
* Legislative Chair 09/2016 to 09/2018
* Former Government Affairs Committee, Committee Secretary and GAC liaison to AR, GA, AL
* Former Arkansas Affiliate Secretary 01/2013 to 09/2016
* Massachusetts Affiliate member 04/1994 to 04/2009

American Association of Nurse Practitioners – Member 05/2012 to present

Arkansas Registered Nurse Association 09/2016 to 09/2018

* Policy Roundtable member

American Nurses Association – Member 05/2012 to present

National League of Nursing – Member 12/2014 to present

Nurse Practitioners in Women’s Health – Member 08/2016 to present

**SCHOOL SERVICE:**

Frontier Nursing University, Admissions Committee 01/2020 to present

Frontier Nursing University, Rank Committee 01/2017 to present

Frontier Nursing University, Rank Committee – Rank criteria workgroup 12/2018 to 12/2019

Frontier Nursing University, Diversity/Inclusion Committee – Environment sub-committee Interim chair 08/2016 to 06/2017

Frontier Nursing University, Diversity/Inclusion Committee – member 07/2016 to 12/2016

Frontier Nursing University, Mentor for DNP Class 20, 10/2015 to 12/ 2017

Frontier Nursing University, Academic Standards Committee, Student Grade Appeal, 10/2015

Frontier Nursing University, Admissions review, every term since 2015

**COMMUNITY PROFESSIONAL SERVICE:**

Remote Area Medical (RAM)

* WHNP Volunteer – RAM OK Weekend Clinic 08/2012
* WHNP Volunteer – RAM TN Weekend Clinic 09/2012
* WHNP Volunteer – RAM TN Weekend Clinic 11/2012
* WHNP Volunteer – RAM TN Weekend Clinic 11/2017
* WHNP Volunteer – RAM TN Weekend Clinic 03/2019

P/T WHNP Volunteer Charitable Christian Medical Clinic, Hot Springs, AR 07/2012 to 10/2012

Hot Springs Village Animal Welfare League Volunteer – animal shelter and spay and neuter clinic

Amateur Radio - FCC General Class licensee as W5FAY, public service communication. 2010 to present

HHS 69ers – community group making sleeping mats out of plastic shopping bags for homeless

2019-present

**TEACHING ACTIVITIES:**

Courses Taught

Frontier Nursing University, Department of Midwifery and Women’s Health

Use Canvas Learning Management System

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| --- | --- | --- | --- | --- | --- | --- |
| **Course**  **Number** | **Course Title** | **Role** | **Academic**  **Year** | **Term** | **Credits** | **Students** |
| PC705 | Advanced Pathophysiology | Course Faculty | 2020 | Winter | 3 | 232 |
| PC705 | Advanced Pathophysiology | Course Faculty | 2019 | Fall | 3 | 225 |
| PC705 | Advanced Pathophysiology | Course Faculty | 2019 | Summer | 3 | 225 |
| MN711 | Skills for Nurse-Midwifery Care | Course Faculty | 2019 | Summer | 1 | 19 |
| PC714 | Clinical Bound: Skills for Advanced Practice | Course Faculty | 2019 | Summer | 1 | 26 |
| NM711 | Skills for Nurse-Midwifery Care | Course Faculty | 2019 | Spring | 1 | 24 |
| PC714 | Clinical Bound: Skills for Advanced Practice | Course Faculty | 2019 | Spring | 1 | 45 |
| PC705 | Advanced Pathophysiology | Course Faculty | 2019 | Spring | 3 | 245 |
| PC714 | Clinical Bound: Skills for Advanced Practice | Course Faculty | 2019 | Winter | 1 | 45 |
| NM711 | Skills for Nurse-Midwifery Care | Course Faculty | 2019 | Winter | 1 | 26 |
| PC705 | Advanced Pathophysiology | Course Faculty | 2019 | Winter | 3 | 201 |
|  | Frontier Bound | Course Faculty | 2018 | Fall | 0 | 60 |
| PC705 | Advanced Pathophysiology | Course Faculty | 2018 | Fall | 3 | 161 |
| PC705 | Advanced Pathophysiology | Course Faculty | 2018 | Summer | 3 | 160 |
| PC705 | Advanced Pathophysiology | Course Faculty | 2018 | Spring | 3 | 156 |
| PC714 | Clinical Bound: Skills for Advanced Practice | Course Faculty | 2018 | Winter | 1 | 44 |
| NM711 | Skills for Nurse-Midwifery Care | Course Faculty | 2018 | Winter | 1 | 19 |
| PC705 | Advanced Pathophysiology | Course Faculty | 2018 | Winter | 3 | 169 |
|  | Frontier Bound | Course Faculty | 2017 | Fall | 0 | 64 |
| PC705 | Advanced Pathophysiology | Course Faculty | 2017 | Fall | 3 | 171 |
| PC705 | Advanced Pathophysiology | Course Faculty | 2017 | Summer | 3 | 170 |
| PC705 | Advanced Pathophysiology | Course Faculty | 2017 | Spring | 3 | 159 |
| PC704A | Translating the Evidence to Advanced Practice | Course Faculty | 2017 | Winter | 1 | 33 |
| PC704B | Translating the Evidence to Advanced Practice | Course Faculty | 2017 | Winter | 1 | 28 |
| PC704C | Translating the Evidence to Advanced Practice | Course Faculty | 2017 | Winter | 1 | 14 |
| PC720 | DNP Clinical I | Course Faculty | 2017 | Winter | 2 | 33 |
| PC721 | DNP Clinical II | Course Faculty | 2017 | Winter | 3 | 28 |
| PC722 | DNP Clinical III | Course Faculty | 2017 | Winter | 3 | 14 |
| PC714 | Clinical Bound: Skills for Advanced Practice | Course Faculty | 2017 | Winter | 1 | 35 |
| NM711 | Skills for Nurse-Midwifery Care | Course Faculty | 2017 | Winter | 1 | 15 |
| PC714 | Clinical Bound: Skills for Advanced Practice | Course Faculty | 2016 | Fall | 1 | 21 |
| NM711 | Skills for Nurse-Midwifery Care | Course Faculty | 2016 | Fall | 1 | 21 |
| N712 | Clinical Practicum II | Course Faculty | 2016 | Fall | 4 | 18 |
| N720C | DNP Project | Course Faculty | 2016 | Fall | 1 | 18 |
| PC704C | DNP Project | Course Faculty | 2016 | Fall | 1 | 4 |
| N711 | Clinical Practicum I | Course Faculty | 2016 | Summer | 4 | 18 |
| N712 | Clinical Practicum II | Course Faculty | 2016 | Summer | 4 | 15 |
| N720C | DNP Project | Course Faculty | 2016 | Summer | 1 | 15 |
| N711 | Clinical Practicum I | Course Faculty | 2016 | Spring | 4 | 15 |
| N712 | Clinical Practicum II | Course Faculty | 2016 | Spring | 4 | 18 |
| N720C | DNP Project | Course Faculty | 2016 | Spring | 1 | 18 |
| N711 | Clinical Practicum I | Course Faculty | 2016 | Winter | 4 | 18 |
| N712 | Clinical Practicum II | Course Faculty | 2016 | Winter | 4 | 23 |
| N720C | DNP Project | Course Faculty | 2016 | Winter | 1 | 23 |
| N711 | Clinical Practicum I | Course Faculty | 2015 | Fall | 4 | 24 |
| N712 | Clinical Practicum II | Course Faculty | 2015 | Fall | 4 | 22 |
| N720A | DNP Project | Course Faculty | 2015 | Fall | 1 | 16 |
| N720C | DNP Project | Course Faculty | 2015 | Fall | 2 | 22 |
| PC711 | Nurse as Educator | Course Faculty | 2015 | Summer | 3 | 23 |
| N711 | Clinical Practicum I | Course Faculty | 2015 | Summer | 4 | 14 |
| N712 | Clinical Practicum II | Course Faculty | 2015 | Summer | 4 | 18 |
| N720C | Capstone Project | Course Faculty | 2015 | Summer | 2 | 18 |
| PC711 | Nurse as Educator | Course Faculty | 2015 | Spring | 3 | 21 |
| N711 | Clinical Practicum I | Course Faculty | 2015 | Spring | 4 | 21 |
| N712 | Clinical Practicum II | Course Faculty | 2015 | Spring | 4 | 14 |
| N720C | Capstone Project | Course Faculty | 2015 | Spring | 2 | 14 |

Walden University, School of Nursing, MSN Nurse Practitioner Program

Used Blackboard Learning Management System

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| --- | --- | --- | --- | --- | --- | --- |
| **Course**  **Number** | **Course Title** | **Role** | **Academic**  **Year** | **Term** | **Credits** | **Students** |
| NURS 6551 | Primary Care of Women | Didactic  Instructor | 2014 | Winter | 3 | 23 |
| NURS 6551 | Course Practicum | Clinical  Instructor | 2014 | Winter | 2 | 8 |
| NURS 6551 | Primary Care of Women | Didactic  Instructor | 2015 | Spring | 3 | 24 |
| NURS 6551 | Course Practicum | Clinical  Instructor | 2015 | Spring | 2 | 8 |

Attendance at CEU Programs in last 3 years

March 2020 6 hour Webinar: The Ideal Qualitative with A Quantitative Component.

06/07-09/2019 The Teaching Professor Conference, New Orleans, LA ~ 12 hours

04/12-13/2019 4th Annual Spring Conference Arkansas Nurse Practitioner Association 12 contact hours

01/31/2019 NurseTim.com. Beyond incivility; Fostering Healthy a Learning environment. 1 contact hour.

01/26/2019 NurseTim.com. Graduate Education; Strategies to Prepare Successful Graduate Students. 1 contact hour

12/11/2018 NurseTim.com. Flipping the Classroom: A Magical Approach to Learning, Part 2. 1 contact hour

11/30/2018 NurseTim.com. Flipping the Classroom: A Magical Approach to Learning, Part 1. 1 contact hour

11/07/2018 NurseTim.com. Graduate Education: E-Learning made Simple. 1 contact hour

10/11-14/2018 2018 Midwifery Works. Ft. Lauderdale, FL. 31 contact hours

05/2018 ACNM 63rd Annual Meeting and Exhibition Seminars (20 contact hours)

10/2017-12/2017 Excelsior College: *NUR 665: Theories and Methods of Teaching with Technologies* 3 semester hours

10/5-10/2017 AABC Birth Institute: Wild and Strong: A Celebration of Resistance. Anchorage, AK. (11 Contact hours)

07/2017 AANP Clinical Pearls for Effective Assessment and Management of Insomnia in Primary Care (1.5) Contact hours

05/2017 ACNM 62nd Annual Meeting and Exhibition Seminars (20 contact hours)

5/2017-8/2017 Excelsior College: *NUR 660 Evaluation and Assessment in Nursing Education* 3 semester hours

1/2017-4/2017 Excelsior College: *NUR 655 Curriculum and Program Planning* 3 semester hours

05/2016 ACNM 61th Annual Meeting and Exhibition Seminars (34 contact hours)

02/16/2016 Nurse Practitioner’s Alternatives, *Influenza During Pregnancy* (1 Contact Hr)

01/16/2016 NCC WB1601, *Fetal Assessment in Labor* (10 Contact Hrs*)*